

**MIDDLE ATLANTIC TIME STANDARDS FOR SECTIONAL TRAVEL ASSISTANCE\***

WOMEN			EVENT DESCRIPTION	MEN		
SCY	SCM	LC		SCY	SCM	LC
24.59	27.39	27.79	50 Free	21.69	23.99	24.79
52.89	58.29	1:00.19	100 Free	47.09	52.09	53.99
1:54.19	2:05.89	2:09.09	200 Free	1:43.09	1:54.19	1:58.09
5:03.29	4:21.89	4:30.69	400/500 Free	4:39.59	4:02.09	4:09.79
10:21.29	9:00.99	9:15.99	800/1000 Free	9:39.29	8:26.89	8:40.79
17:24.29	17:13.09	17:46.69	1500/1650 Free	16:13.69	15:55.79	16:41.69
59.09	1:04.89	1:07.89	100 Back	53.09	59.09	1:01.39
2:06.99	2:20.79	2:25.99	200 Back	1:54.79	2:07.49	2:12.39
1:06.89	1:14.69	1:16.79	100 Breast	59.49	1:06.09	1:08.29
2:24.29	2:41.39	2:44.99	200 Breast	2:09.79	2:25.59	2:29.79
58.49	1:04.29	1:05.79	100 Fly	51.89	56.89	58.89
2:07.39	2:19.99	2:24.19	200 Fly	1:54.89	2:05.79	2:10.59
2:09.49	2:22.89	2:27.59	200 IM	1:56.29	2:08.49	2:13.59
4:33.09	5:01.19	5:09.69	400 IM	4:08.09	4:34.69	4:43.89
3:36.99	4:02.79	4:06.99	400 Free Relay	3:12.79	3:34.29	3:41.89
7:49.79	8:45.09	8:53.89	800 Free Relay	7:05.69	7:53.29	8:07.49
4:01.29	4:28.89	4:36.39	400 Medley Relay	3:36.09	4:01.49	4:08.89

These are the 2000 Junior Championship time standards. In order to receive travel assistance for Sectionals, a swimmer must have achieved at least one of the above standards in an individual event prior to the meet for which travel assistance is requested (plus meet all other travel assistance requirements.) The relay standards are included for information purposes only.