

Middle Atlantic 2002 Summer Junior Olympic Championships

**Gloucester County Institute of Technology
Sewell, New Jersey**

Thursday, Friday, Saturday and Sunday, July 25-28, 2002

Held under the sanction of Middle Atlantic Swimming

Meet Sanction #0281AG

Time Trials Sanction # 0281TT

Meet Site Directors:

Safety Director:

Meet Referees: Fred Killian & Burt German

General Chair: George Breen

Age Group Chair: Jon Larson

Middle Atlantic Office: (302) 529-5859

Swimmers and Coaches Responsibility

It shall be the swimmers' and coaches' responsibility to become familiar with all of the information contained in this meet packet.

Note Changes from 2001 Long Course Junior Olympics:

- Swimmers may qualify with Long Course, Short Course Yards, or Short Course Meter Times.
- All qualifying times must have been achieved since January 26, 2001.
- The fine for all times which fail to meet the qualifying times and cannot be proven is \$50 per swim.
- All 10/under events are Timed Finals.
- Relays for 13-14 and 15 &O will be first event during Finals. Relay #'s in Finals session information.
- Scoring will be through 16th place.
- All 11-12, 13-14 and 15&O events (except timed final events) will have A and B final heats during finals.
- Note that there is no longer an age limit of 19. The oldest age group is now 15 and Over.

GIRLS				SATURDAY MORNING PRELIMS			BOYS		
JO LC	JO SCM	JO SCY		EVENT		JO SCY	JO SCM	JO LC	
2:47.59	2:41.99	2:26.89	43	15/O 200 back	44	2:13.59	2:26.59	2:34.89	
2:51.99	2:43.39	2:27.69	45	13-14 200 back	46	2:19.69	2:34.19	2:42.99	
break									
1:29.79	1:24.79	1:16.79	47	15/O 100 breast	48	1:09.19	1:16.49	1:20.59	
1:30.09	1:25.89	1:17.49	49	13-14 100 breast	50	1:12.29	1:19.89	1:23.59	
break									
2:44.69	2:42.79	2:27.69	51	15/O 200 fly	52	2:14.59	2:28.69	2:32.19	
2:49.59	2:44.19	2:28.59	53	13-14 200 fly	54	2:22.29	2:37.19	2:41.59	
:32.39	:30.69	:27.59	55	15/O 50 free	56	:24.99	:27.69	:28.79	
:31.89	:30.69	:27.59	57	13-14 50 free	58	:26.19	:28.19	:30.69	
break									
5:12.89	5:01.89	5:44.99	59	15/O 400 free	60	5:25.29	4:44.69	4:53.29	
5:16.59	5:04.49	5:47.99	61	13-14 400 free	62	5:35.09	4:53.29	5:06.29	

GIRLS				SATURDAY AFTERNOON PRELIMS			BOYS		
JO LC	JO SCM	JO SCY		EVENT		JO SCY	JO SCM	JO LC	
			63	11-12 200 Med Relay	64				
			65	10/U 200 Med Relay	66				
3:00.19	2:51.89	2:34.79	67	11-12 200 IM	68	2:36.69	2:53.09	2:58.09	
3:22.59	3:07.29	2:55.99	69	10/U 200 IM	70	2:56.29	3:16.09	3:20.89	
break									
:43.19	:41.69	:37.49	71	11-12 50 breast	72	:37.69	:41.49	:43.69	
:48.79	:46.49	:41.99	73	10/U 50 breast	74	:42.99	:47.79	:48.99	
1:26.29	1:21.19	1:13.09	75	11-12 100 back	76	1:13.09	1:20.69	1:24.09	
1:35.49	1:30.89	1:22.19	77	10/U 100 back	78	1:21.69	1:30.19	1:34.69	
break									
:33.59	:31.69	:28.49	79	11-12 50 free	80	:28.59	:31.69	:33.09	
:38.49	:35.59	:31.99	81	10/U 50 free	82	:31.89	:35.29	:36.79	

SATURDAY EVENING FINALS						
Girls	Event	Boys		Girls	Event	Boys
83	15/O 400 Med Relay	84	<div style="text-align: center;"> start with #83 ↓ 1 End with #62 ↓ 3 ↑ 2 Go to event #53 </div>	53	13-14 200 fly	54
85	13-14 400 Med Relay	86		break		
43	15/O 200 back	44		75	11-12 100 back	76
45	13-14 200 back	46		55	15/O 50 free	56
67	11-12 200 IM	68		57	13-14 50 free	58
break				79	11-12 50 free	80
47	15/O 100 breast	48		break		
49	13-14 100 breast	50		59	15/O 400 free	60
71	11-12 50 breast	72		61	13-14 400 free	62
51	15/O 200 fly	52				

GIRLS				SUNDAY MORNING PRELIMS			BOYS		
JO LC	JO SCM	JO SCY		EVENT		JO SCY	JO SCM	JO LC	
3:08.49	3:02.59	2:45.29	87	15/O 200 breast	88	2:30.09	2:45.89	2:54.29	
3:11.99	3:05.69	2:47.99	89	13-14 200 breast	90	2:36.29	2:52.69	3:02.39	
1:09.09	1:06.19	:59.59	91	15/O 100 free	92	:54.39	1:00.19	1:03.09	
1:10.39	1:06.19	:59.59	93	13-14 100 free	94	:57.09	1:03.19	1:06.59	
break									
2:46.09	2:43.29	2:27.09	95	15/O 200 IM	96	2:14.19	2:28.99	2:37.19	
2:50.39	2:43.29	2:27.09	97	13-14 200 IM	98	2:20.49	2:35.99	2:44.59	
break									
20:28.49	19:51.99	19:59.89	99	15/O 1500	100	18:47.49	18:41.39	19:22.99	
20:39.79	20:05.09	20:12.19		13-14 1500		19:39.49	19:32.59	20:14.39	

GIRLS				SUNDAY AFTERNOON PRELIMS			BOYS		
JO LC	JO SCM	JO SCY		EVENT		JO SCY	JO SCM	JO LC	
			101	11-12 400 free relay	102				
			103	10/U 400 free relay	104				
:39.19	:37.29	:33.59	105	11-12 50 back	106	:33.69	:37.39	:38.79	
:43.69	:42.19	:38.19	107	10/U 50 back	108	:38.49	:42.59	:44.69	
break									
1:13.89	1:09.19	1:02.29	109	11-12 100 free	110	1:02.19	1:09.09	1:11.59	
1:21.89	1:19.29	1:11.39	111	10/U 100 free	112	1:10.79	1:18.19	1:21.59	
break									
1:24.09	1:21.19	1:13.09	113	11-12 100 fly	114	1:12.49	1:20.19	1:23.09	
1:39.69	1:35.79	1:26.69	115	10/U 100 fly	116	1:26.69	1:36.29	1:38.19	

SUNDAY EVENING FINALS									
Girls	Event	Boys					Girls	Event	Boys
99	13/O 1500 free	100	<div style="text-align: center;"> <p>Start with #99</p> <p>↓ 1</p> <p>End with #114</p> <p>↓ 3</p> <p>Go to #109</p> <p>↑ 2</p> </div>	109	11-12 100 free	110			
break				break					
87	15/O 200 breast	88		95	15/O 200 IM	96			
89	13-14 200 breast	90		97	13-14 200 IM	98			
105	11-12 50 back	106		113	11-12 100 fly	114			
break									
91	15/O 100 free	92							
93	13-14 100 free	94							

LOCATION	Gloucester County Institute of Technology 1360 Tanyard Road Sewell, NJ 08080 Day of meet ONLY emergency phone # 856/468-1445 x 2657
FACILITIES	Indoor competition pool is 50 meters; 8 lanes with non-turbulent lane lines. Water depth is 12 feet at the starting end; Colorado electronic timing system with 8-lane scoreboard. Breaks will be scheduled throughout each Prelims and Finals session for warmup/warmdown, as shown in the Order of Events. The Referee will determine the length of each Break. Adequate parking is available in the school parking lot. Please be advised that cars parked illegally will be ticketed Food and drink will be available at all sessions for coaches, officials and workers. A snack bar will be provided by the facility for spectators. JOs T-shirts will be available for purchase
MEET DIRECTOR	To be announced
SAFETY DIRECTOR	To be announced
OFFICIALS	Fred Killian [302/994-3389] FK42@aol.com Middle Atlantic Officials will be contacted prior to the Meet to determine their availability. All Officials are urged to work as many sessions as available. If you are not contacted and will be at the Meet, please contact Fred Killian, or report at the start of warm-ups ready to work.
ELIGIBILITY	Swimmers must be currently registered with USA Swimming to compete. The meet is limited to Middle Atlantic registered swimmers only. Age group is determined by the swimmer's age on Thursday, July 25, 2002. Swimmers are limited to three (3) individual events and one (1) relay per day. Events must be entered using the swimmer's best time (the course may be of the swimmer's choosing) achieved on or after January 26, 2001. Entry times must be equal to or faster than the Qualifying Times shown in the attached Tables. All entry times must be from a USA Swimming Sanctioned, Observed or Approved Meet or a Middle Atlantic Accepted Meet.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format in order to run the meet in a timely manner.
WARM-UP & START TIMES	<p>Warm-ups:</p> <p style="text-align: center;"><u>Prelims</u></p> <p style="text-align: center;"><u>Friday thru Sunday 13 & Over</u></p> <p style="text-align: center;">6:30am to 7:30 am General Warm-up 7:30am to 7:55 am Lane 1&8 Pace / Lane 2&7 Sprint / Lanes 3 thru 6 General Warm-up</p> <p style="text-align: center;"><u>Friday thru Sunday 12 & Under</u></p> <p style="text-align: center;">12:00pm to 12:40 pm General Warm-up 12:40pm to 12:55 pm Lane 1&8 Pace / Lane 2&7 Sprint/ Lanes 3 thru 6 General Warm-up.</p> <p style="text-align: center;">Additional lanes may be assigned based on need.</p> <p style="text-align: center;"><u>Finals</u></p> <p style="text-align: center;"><u>Thursday 4:30pm to 5:10 pm</u> General Warm-up <u>Thursday 5:10pm to 5:25 pm</u> Lanes 1&8 Pace, Lanes 2&7 Sprint <u>Fri. - Sun: 5:30pm to 6:10 pm</u> General Warm-up <u>Fri. - Sun: 6:10pm to 6:25 pm</u> Lane 1&8 Pace / Lane 2&7 Sprint / Lanes 3 thru 6</p>

<p>ORDER OF EVENTS AND QUALIFYING TIMES ON ATTACHED SHEET</p>	<p>Start Times:</p> <table border="0"> <thead> <tr> <th></th> <th>Day</th> <th>Age</th> <th>Warm-Up</th> <th>Meet Starts</th> </tr> </thead> <tbody> <tr> <td rowspan="2">Prelims:</td> <td>Fri.-Sun.</td> <td>13 & O</td> <td>6:30 am</td> <td>8:00am</td> </tr> <tr> <td>Fri-Sun</td> <td>12 & u</td> <td>12:00pm</td> <td>1:00pm</td> </tr> <tr> <td colspan="5" style="text-align: center;"><i>(no earlier than) (no earlier than)</i></td> </tr> <tr> <td rowspan="2">Finals:</td> <td>Thursday</td> <td>11& O</td> <td>4:30pm</td> <td>5:30pm</td> </tr> <tr> <td>Fri.-Sun.</td> <td>All</td> <td>5:30pm</td> <td>6:30pm</td> </tr> </tbody> </table> <p>A- and B- Finals for 11-12, 13-14, 15 &O Age Groups All 10 & U events are Timed Finals.</p> <p>The B-Finals will swim first, followed by the A- Finals.</p>		Day	Age	Warm-Up	Meet Starts	Prelims:	Fri.-Sun.	13 & O	6:30 am	8:00am	Fri-Sun	12 & u	12:00pm	1:00pm	<i>(no earlier than) (no earlier than)</i>					Finals:	Thursday	11& O	4:30pm	5:30pm	Fri.-Sun.	All	5:30pm	6:30pm
	Day	Age	Warm-Up	Meet Starts																									
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Finals:	Thursday	11& O	4:30pm	5:30pm																									
	Fri.-Sun.	All	5:30pm	6:30pm																									
<p>RELAYS</p>	<p>All 10/Under and 11/12 relays will be swum during the prelims for those age groups. 13/14 and 15&O relays will all be swum during finals.</p> <p>All Relays are Timed Final events. Relays will be deck seeded. A swimmer does not have to be entered in an Individual Event at the Meet in order to swim on a Relay. The 800 Free Relay only is a Senior event (and will be scored in the 15& O age group.)</p> <p>ALL RELAY CARDS MUST BE RETURNED TO THE MEET COMPUTER NO LATER THAN 30 MINUTES PRIOR TO THE START OF THE SESSION IN WHICH RELAYS ARE BEING SWUM. FAILURE TO DO SO WILL RESULT IN RELAYS BEING NOT SEEDED.</p>																												
<p>DECK ENTRIES /TIME TRIALS</p>	<p>Deck entries will not be accepted.</p> <p>Time Trials will be available after Finals on Friday, Saturday and Sunday: \$6.00 per individual swim, \$12.00 per relay. Middle Atlantic time trials policy will be followed. Time Trial Events count in the total allowable events to be swum in one day (3 individual). Time trials will not be accepted for Zone Consideration Time.</p>																												
<p>SWIMMERS WITHOUT A COACH</p>	<p>Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.</p>																												
<p>SEEDING & FORMAT</p>	<p>Positive check-in will be required for all events 400 meters and longer in order to be seeded. All events 200 meters and shorter will be pre-seeded; however, the Meet Director reserves the right to require positive check-in for certain 200 meter events if it is deemed necessary to keep the Meet within the allowable time limits. Positive check-in events will generally close for seeding thirty minutes before the expected starting time for that event</p> <p>All events will be Seeded with Short Course entries treated as Non-Conforming, according to USA Swimming procedure.</p> <p>All 10 & Under events are timed finals.</p> <p>The 800 Free, 1500 Free and all relays are timed final events.</p> <p>The 11-12, 13-14, and 15 & O age groups will have a A-Final (1-8) and B-Final (9-16) in all events except the 800 Free, 1500 Free and relays.</p> <p>The 13 & over 800 Free and 13 & over 1500 Free will swim fastest to slowest, alternating Girls and Boys, except for the fastest heat of the 1500 Free which will swim at Finals. The 11-12 400 Free on Thursday evening will also be swum fastest to slowest, alternating girls and boys.</p> <p>All swimmers in Thursday's individual events and the 1500 Free (at Prelims) must provide their own timer and counter.</p> <p>All Relays are Timed Final events. Relays will be deck seeded.</p>																												

HOW TO ENTER	All entries should be prepared using "Hy-Tek CommLink" or compatible program. You may either (a) send a computer disk containing your entry information, a Hy-Tek entry report, the Meet Summary Sheet and your check to the MA Office, or (b) send the entry information and entry report via E-mail to Office@maswim.org ; then send the Meet Summary Sheet and your check to the MA Office. Please waive the 'signature required' if your entry is sent via a Postal Service that provides one. Do not send a disk if you e-mail your entries to the office. If use of a Hy-Tek compatible program is not possible, the attached Entry Form must be used. A fee of \$5.00 per swimmer will be charged Teams which enter five or more swimmers and do not use a computer entry. Entries sent with 'No Time' will be rejected! All entries must be submitted in the Course in which they were swum. Entries submitted in Short Course (yards or meters) will be treated as Non-Conforming, and will be seeded according to USA Swim procedures. A swimmer may choose which best-time in either course to enter.
ENTRY FEES	\$4.00 per individual event \$8.00 per relay event.
SEND ENTRIES TO	Middle Atlantic Swimming, Inc. OR E-mail office@maswim.org JOs Entries with LC JO entry as subject 2018 Naaman's Rd Suite #3 Wilmington, DE 19810 One check per club payable to MIDDLE ATLANTIC SWIMMING Waive signature if sending by FedEx, UPS, etc.
ENTRY DEADLINE	All entries must be <u>received</u> by 5:00 pm on Thursday, July 11, 2002,. No post entries will be accepted. Entries will not be processed without full payment. Payment for faxed and emailed entries must arrive by July 12, 2002.
RULES	This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT AND ENFORCED FOR THE ENTIRE MEET. Warm-ups are subject to the following procedures: No diving during warm-up except in designated sprint lanes. The referee may remove anyone from the warm-up for failure to comply with appropriate warm-up rules and procedures. Any swimmer observed swimming under the Bulkhead by an Official or Safety Monitor will be disqualified from that swimmer's next individual event. Blatant or repeated violation could result in disqualification from the remainder of the Meet, subject to the Meet Referee. This policy will be strictly enforced Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. All coaches must wear their valid 2002 USA Swimming Coach Membership Card. Officials must display their 2002 Non-athlete Membership Card. This requirement will be strictly enforced! Any swimmer who does not swim a pre-seeded preliminary or a pre-seeded timed-final event will not be penalized. Any swimmer who positively checks-in for a deck-seeded event and does not swim that event will be barred from their next Individual event, either on the same or next meet day. Any swimmer who qualifies for a Finals (including Consolation or Bonus) heat in a Preliminary/Finals event and does not swim that event at Finals will be barred from the rest of the Meet (including Relays), unless the swimmer has indicated their possible intention to scratch within thirty (30) minutes of the announcement of the Preliminary results, and then confirmed their intention to scratch within thirty (30) minutes of the announcement of the Preliminary results of that swimmer's last individual event at the Preliminary session. A swimmer who does not confirm their intention will be seeded into the event and expected to swim. Swimmers who are initially announced as Alternates for a Finals heat will not be so penalized. This meet will be conducted using the Whistle command and No-Recall False Start

	<p>procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p> <p>Middle Atlantic Swimming will notify any individual who does not swim equal to or better than the qualifying time at the Meet. Those swimmers will be required to prove their entry time. If the entry time cannot be proven, the swimmer will be assessed a \$50 fine for each unproven time. This fine must be paid within the specified time. Swimmers not fulfilling this requirement will be suspended from Middle Atlantic competition until the fine is paid</p>
SCORING & AWARDS	<p>Individual: 10/under Medals 1-8 11/12, 13/14, 15&O Medals 1-9</p> <p>Relays: All age groups Medals 1-3</p> <p>High Point Team: Champion Banner Age Group: For each gender Individual: For each gender and age group</p> <p>Scoring for individual events 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1</p> <p>Scoring for relays 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2</p>
PROGRAMS & ADMISSION	<p>Program: 3-1/2 Day-\$12.00; coupons for finals in program/\$3 without coupon. Admission is free.</p>
TEAM WORK ASSIGNMENTS	<p>Every Team entered will be responsible for supplying workers for the Meet. This is a mandatory duty and is necessary for the smooth running of the Meet. If the Team's workers do not report when called, that Team's swimmers will not be allowed to swim. Each Team's contact person will be reached in order to organize our work force.</p> <p>Teams are also asked to keep their team area clean. It is important that Middle Atlantic Swimming respect the facilities that they use.</p>
RESULTS	<p>Will be posted on the Middle Atlantic website www.maswim.org</p>
DIRECTIONS	<p>Click here</p>
ACCOMODATIONS	<p>Comfort Inn, Runnemede (856/939-6700) Radisson Hotel, Mt. Laurel (856-234-7300) Quality Inns, West Deptford (856/848-4111, Howard Johnson, Blackwood (856/228-4040)</p>

LONG COURSE JOS SUMMARY SHEET

THIS FORM **MUST** ACCOMPANY THE OFFICIAL ENTRY BLANK

Team Name _____ Team Code _____

Head Coach _____

Coach's Address _____

City _____ State _____ Zip Code _____

Telephone: Daytime () _____ Evening () _____

Person designated to receive entry limitation information, if needed:

Name: _____ Phone: _____ Fax: _____

Mail Entries to: Middle Atlantic Swimming JO Entries Phone: (302) 529-5859
2018 Naaman's Rd, Suite #3 Fax: (302) 529-5549
Wilmington, DE 19810 email: office@maswim.org

ENTRY DEADLINE: Received by 5pm, Thursday, July 11, 2002
No entries will be accepted after that date.

Please make checks payable to Middle Atlantic Swimming. One check per club, please.

ENTRY FEES:

_____ Individual Events @ \$4.00	\$ _____
_____ Relay Teams @ \$8.00	\$ _____
_____ Manual processing fee @ \$5.00 (for non-disk entry of swimmers only)	\$ _____
Total	\$ _____

Total swimmers entered in meet: _____

WORKER CONTACT PERSON: THIS PERSON WILL BE RESPONSIBLE FOR OBTAINING THE WORKERS FOR YOUR CLUB FOR THIS MEET. THE AGE GROUP COMMITTEE WILL CONTACT THEM AFTER THE ENTRIES ARE SUBMITTED. NO ENTRIES WILL BE ACCEPTED WITHOUT THIS INFORMATION.

NAME: _____

TELEPHONE: _____

FAX NUMBER: _____

EMAIL (preferred) _____

I certify that all swimmers from this team entered in this meet are current members of USA Swimming and that all coaches from this team who will attend the meet hold current USA Swimming coaching credentials.

Head coach's
signature _____

