



**BIG CAT AQUATICS**  
**THE 11TH ANNUAL**  
**UNIVERSITY PARK SUMMER LONG COURSE MEET**  
**Senior A, 14 & Under BB**



June 28 – June 30, 2002  
Pennsylvania State University  
State College, Pennsylvania  
Sanctioned by Middle Atlantic Swimming, Inc. # 0275A

**MEET DIRECTORS:** Stephanie Rozick, RD#1 Box 138A, Port Matilda, PA 16870, (814) 234-8955  
Rob Uhlig, 1407 Estate Drive, Boalsburg, PA 16827, (814) 466-6826

**SAFETY DIRECTOR:** Becky Beard, Meet day pool emergency phone number, (814) 865-1433

**LOCATION:** The Pennsylvania State University, University Park, Pennsylvania Approximately 1-1/2 hrs. from Harrisburg; 3-1/2 hrs. from Philadelphia; and 3 hrs. from Pittsburgh

**FACILITY:** 50 meter heated outdoor 8-Lane facility. Pool depth at the starting end is 12'-6". Separate indoor pool for warm-up and swim down during meet. Non-turbulent lane markers. Colorado System 5 Timing System.

**ELIGIBILITY:** Open to all 2002 USA Swimming registered swimmers who meet the qualifying time standards.. Swimmers age as of 6/29/02 will apply for entire meet. The 2002 United States Swimming Rules will apply. 10&UN, 11-12, 13&14 BB Times, Senior - A Times

**MEET FORMAT:** All events are pre-seeded, timed finals. 12 and under swimmers are permitted **four** events per day plus a relay. 13 and over swimmers are permitted **three** events per day plus a relay. Positive check-in for events 200 meters and greater may be required to conduct sessions within the mandatory 4 hour time limit.

**ENTRIES/FEES:** Swimmers must enter best time in each event. Times must be submitted in the course in which they were achieved. **DO NOT CONVERT.** Qualifying standards are listed in Long Course Meters. See usa-swimming.org for A and BB time standards in short course yards and meters. Non-conforming times will be seeded last. NT entries will be rejected. Entry fees are \$4.00 per individual event, \$6.00 per relay. Deck entries, if time permits, are \$6.00 per event. See the Meet Director to enter. Entries and fees must be accompanied by the Financial Recap form and either: **MASTER ENTRY FORMS** or **HY-TEK DISK** with hard copy print out. No phone entries will be accepted. Fax Entries are permitted. No meet entries will be made prior to receipt of fees, by the posted deadline. A \$5.00 surcharge will be added for each entered athlete, for teams of 5 or more, that does not submit entries on HY-TEK disk format. We request each club remit **ONE** check made payable to "**BCAT**" to cover team entry fees, tent rental and BBQ.

**DEADLINE:** All entries must be received by: 5:00 PM JUNE 19, 2002. **No Post Entries.**

Mail entries to: Rob Uhlig, 1407 Estate Drive, Boalsburg, PA 16827, (814) 466-6826,  
Fax: 814-466-4823, e-mail: [rau1@psu.edu](mailto:rau1@psu.edu) (the *number one* follows the U)

As a minimum, the 40 fastest times for each event will be accepted for entry. However, we may permit more than 40 entries in a given event provided some of the other events are not filled. Exception to the above will be relays (no proof of time required), and all 400 and 800 meter individual events for which the 16 fastest times submitted **WITH PROOF OF TIME** will be accepted for entry. **The meet director reserves the right to change the meet format if necessary, to conduct each meet session in a four hour time span. If the meet should fill, all unprocessed entries will be returned.**

**AWARDS & SCORING:** Individuals-Medals: 1st-3rd, Ribbons: 4th-8th. Relays-Medals: 1st, Ribbons: 2nd - 3rd

**ADMISSIONS:** \$3.00 per session, includes session heat sheet. Children 12 and under admitted free. Spectators bring your favorite lawn chair/beach blanket for general poolside seating.

**STARTS:** In accordance with Middle Atlantic Swimming policy, **Whistle Start Commands** and the **No Recall False Start** policy will be in effect for the entire meet.

**MEET RESULTS:** Results will be posted on the Middle Atlantic Swimming web page, [www.maswim.org](http://www.maswim.org).

**SAFETY:** Middle Atlantic Swimming Rules and Warm-Up Procedures will be in effect throughout this meet. Coaches, parents and every swimmer should become familiar with the rules and procedures. A swimmer could be suspended from the meet for non-compliance. Any swimmer unattached and/or unaccompanied must report to meet director for lane assignment. Coaches are responsible for the conduct of their swimmers, both at the meet and in the warm-up/warm-down area. Inappropriate behavior will be cause for suspension from the meet and The Pennsylvania State University facility.

**WARNINGS:** Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined according to Middle Atlantic guidelines. All officials and coaches on the deck must wear their official USS membership badge. USS rules will prohibit all others from being on deck.

**OFFICIALS/VOLUNTEERS:** Anyone interested in helping with the meet as a USS certified official should contact Rob Uhlig at (814) 466-6826, or e-mail to [raul@psu.edu](mailto:raul@psu.edu).

**FOOD:** A limited selection of food and swimming and Penn State apparel will be available throughout the meet.

**PARKING:** Friday ONLY: Parking in **Lot 80**, on corner of Bigler and Curtin for a \$4.00 fee. Saturday & Sunday: Free parking in non-reserved lots on campus.

**WARM-UP:** General warm-up will be held for approximately 30 minutes. During the final 10 - 15 minutes, lanes 1 and 8 will be pace lanes and lanes 2 and 7 will be sprint lanes. Warm-down lanes will be available during the meet, in the 25 yard racing pool, in McCoy Natatorium, adjacent to the outdoor 50 meter pool.

**DATES AND TIMES:** Friday, June 28 AM Session (Senior, 13&14) Warm-up at 7:00 AM, Meet begins at 8:00 AM

Friday, June 28 PM Session (10&UN, 11&12) Warm-up at 5:00 PM, Meet begins at 5:45 PM

Saturday, June 29 AM Session (Senior, 13&14) Warm-up at 7:00 AM, Meet begins at 8:00 AM

Saturday, June 29 PM Session (10&UN, 11&12) Warm-up at 5:00 PM, Meet begins at 5:45 PM

Sunday, June 30 AM Session (Senior, 13&14) Warm-up at 7:00 AM, Meet begins at 8:00 AM.

**DIRECTIONS:** EAST -- Pennsylvania Turnpike to Harrisburg Exit 19 Head to Lewistown - Routes 83N to 81W to 322 West to State College. At Boalsburg stay on 322 West (Mt. Nittany Expressway) to Penn State Exit. Go left onto Park Ave., follow to second light past stadium. Turn left onto campus. Pool is past first stop sign, on the left.

SOUTH -- 83 North to Harrisburg. From Harrisburg, same as above.

WEST -- Route 22 to Route 220N, then Route 322E until the Penn State Exit. Go right onto Park Avenue, follow directions under EAST.

**HOTELS:** Days Inn Penn State (814-238-8454) POC Ainslie McLane or (800-258-3297), 240 Pugh St., State College.  
Motel 6 (814-234-1600), 1274 N. Atherton St., State College.  
Hampton Inn (814-231-1590) or (800-426-7866), 1101 East College Ave., State College.  
Holiday Inn Express (814-867-1800) 1925 Waddle Rd., State College  
Hampton Inn Suites (814-231-1899), 1955 Waddle Rd., State College  
Courtyard By Marriott (814-238-1881) or (800-321-2211), 1730 University Dr. State College.  
Autoport (814-237-7666) Business Route 322, State College.  
State College Inn (814-237-8005) S. Atherton St. & Branch Rd. State College.  
Ramada Inn (814-238-3001) or (800-2RAMADA), 1450 S. Atherton St., State College.  
Nittany Lion Inn (814-231-7500), 200 West Park Ave., State.  
Nittany Budget Motel (814-237-7638), 1274 N. Atherton St., State College, \$39.95.  
Sleep Inn (814-235-1020), 111 Village Dr., State College.  
The Penn Stater, (Formerly Scanticon (814-863-5013), (814-863-5000), 215 Innovation Blvd., Penn State Research Park, State College.

<b>GIRLS</b>		<b><u>Friday Morning, June 28, 2002 (warm-up 7:00am – 7:55am)</u></b>		<b>BOYS</b>	
EVENT #	TIME	EVENT	TIME	EVENT#	
1	5:12.89	SENIOR 400 FREESTYLE	4:53.29	2	
3	5:42.99	13&14 400 FREESTYLE	5:31.09	4	
5	2:47.59	SENIOR 200 BACKSTROKE	2:34.89	6	
7	3:06.39	13&14 200 BACKSTROKE	2:55.59	8	
9	1:10.09	SENIOR 100 FREESTYLE	1:04.09	10	
11	1:17.29	13&14 100 FREESTYLE	1:12.19	12	
13	2:44.69	SENIOR 200 BUTTERFLY	2:32.19	14	
15	3:03.69	13&14 200 BUTTERFLY	2:54.99	16	
17	3:08.49	SENIOR 200 BREASTSTROKE	2:54.29	18	
19	3:27.99	13&14 200 BREASTSTROKE	3:17.59	20	
<b>GIRLS</b>		<b><u>Friday Afternoon, June 28, 2002 (warm-up 5:00pm – 5:40pm)</u></b>		<b>BOYS</b>	
EVENT #	TIME	EVENT	TIME	EVENT#	
21	NT	10&UN 200 FREESTYLE RELAY	NT	22	
23	NT	11&12 200 FREESTYLE RELAY	NT	24	
25	3:25.09	10&UN 200 FREESTYLE	3:13.99	26	
27	2:52.99	11&12 200 FREESTYLE	2:49.29	28	
29	1:48.89	10&UN 100 BACKSTROKE	1:46.09	30	
31	1:34.49	11&12 100 BACKSTROKE	1:31.39	32	
33	2:02.79	10&UN 100 BREASTSTROKE	1:59.79	34	
35	1:41.89	11&12 100 BREASTSTROKE	1:42.29	36	
37	40.89	10&UN 50 FREESTYLE	40.39	38	
39	36.39	11&12 50 FREESTYLE	35.79	40	
41	48.59	10&UN 50 BUTTERFLY	46.89	42	
43	39.89	11&12 50 BUTTERFLY	40.19	44	
45	3:47.29	10&UN 200 IM	3:44.79	46	
47	3:15.19	11&12 200 IM	3:13.89	48	
<b>GIRLS</b>		<b><u>Saturday Morning, June 29, 2002 (warm-up 7:00am – 7:55am)</u></b>		<b>BOYS</b>	
EVENT #	TIME	EVENT	TIME	EVENT#	
49	5:57.59	SENIOR 400 IM	5:29.99	50	
51	6:35.49	13&14 400 IM	6:15.59	52	
53	1:16.09	SENIOR 100 BUTTERFLY	1:09.09	54	
55	1:24.09	13&14 100 BUTTERFLY	1:18.69	56	
57	2:29.39	SENIOR 200 FREESTYLE	2:19.19	58	
59	2:45.29	13&14 200 FREESTYLE	2:37.09	60	
61	1:27.79	SENIOR 100 BREASTSTROKE	1:20.59	62	
63	1:36.59	13&14 100 BREASTSTROKE	1:30.49	64	
65	NT	SENIOR 400 MEDLEY RELAY	NT	66	
67	NT	13&14 400 MEDLEY RELAY	NT	68	
<b>GIRLS</b>		<b><u>Saturday Afternoon, June 29, 2002 (warm-up 5:00pm – 5:40pm)</u></b>		<b>BOYS</b>	
EVENT #	TIME	EVENT	TIME	EVENT#	
69	NT	10&UN 200 MEDLEY RELAY	NT	70	
71	NT	11&12 200 MEDLEY RELAY	NT	72	
73	6:00.09	11&12 400 FREESTYLE	5:58.39	74	
75	49.89	10&UN 50 BACKSTROKE	50.49	76	
77	42.49	11&12 50 BACKSTROKE	42.29	78	
79	54.89	10&UN 50 BREASTSTROKE	55.09	80	
81	46.79	11&12 50 BREASTSTROKE	47.29	82	
83	1:56.19	10&UN 100 BUTTERFLY	1:53.99	84	
85	1:31.99	11&12 100 BUTTERFLY	1:30.69	86	
87	1:32.99	10&UN 100 FREESTYLE	1:31.09	88	
89	1:20.39	11&12 100 FREESTYLE	1:17.59	90	
<b>GIRLS</b>		<b><u>Sunday Morning, June 30, 2002 (warm-up 7:00am – 7:55am)</u></b>		<b>BOYS</b>	
EVENT #	TIME	EVENT	TIME	EVENT#	
91	NT	SENIOR 400 FREESTYLE RELAY	NT	92	
93	NT	13&14 400 FREESTYLE RELAY	NT	94	
95	1:18.69	SENIOR 100 BACKSTROKE	1:11.99	96	
97	1:27.19	13&14 100 BACKSTROKE	1:21.89	98	
99	2:48.09	SENIOR 200 IM	2:37.19	100	
101	3:06.79	13&14 200 IM	2:58.29	102	
103	32.39	SENIOR 50 FREESTYLE	29.39	104	
105	35.69	13&14 50 FREESTYLE	33.19	106	
107	10:41.89	SENIOR 800 FREESTYLE	10:04.59	108	

**FINANCIAL SUMMARY**  
**ENTRIES WILL NOT BE PROCESSED**  
**WITHOUT THE FOLLOWING INFORMATION**

Team Name: \_\_\_\_\_, Team Code: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Coach's Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: Home ( ) \_\_\_\_\_ Office ( ) \_\_\_\_\_ e-mail: \_\_\_\_\_

Person and address designated to receive entry limitation information, if needed:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

(VERY IMPORTANT) e-mail: \_\_\_\_\_

**Mail Entries To:** Rob Uhlig  
 1407 Estate Drive  
 Boalsburg, PA 16827

**ENTRY DEADLINE:**  
 Received by 5:00 pm, Wednesday June 19, 2002.  
 No entries will be accepted after that date.

Please make check payable to **BCAT**. One check per club, please.

**ENTRY FEES:**

\_\_\_\_\_ Womens Individual events @ \$4.00 \$ \_\_\_\_\_  
 \_\_\_\_\_ Mens Individual events @ \$4.00 \$ \_\_\_\_\_  
 \_\_\_\_\_ Womens Relay events @ \$6.00 \$ \_\_\_\_\_  
 \_\_\_\_\_ Mens Relay events @ \$6.00 \$ \_\_\_\_\_  
 \_\_\_\_\_ Surcharge @ \$5.00 **per athlete** \$ \_\_\_\_\_

(For non-disk entry of 5 or more swimmers only)

**TENT FEES:** (indicate number needed)

12x12 Sun Shade \$60.00 \_\_\_\_\_  
 10x10 Canopy \$110.00 \_\_\_\_\_  
 15x15 Canopy \$145.00 \_\_\_\_\_  
 20x20 Canopy \$170.00 \_\_\_\_\_  
 20x30 Canopy \$235.00 \_\_\_\_\_

(No Sides On Sun Shades)

Subtotal for Entries = \$ \_\_\_\_\_

Subtotal for Tent(s) = \$ \_\_\_\_\_

**BBQ Fee:** Total Meals x \$6.00 = \$ \_\_\_\_\_

**GRAND TOTAL** \$ \_\_\_\_\_

**TOTAL NUMBER OF SWIMMERS ENTERED IN MEET:** \_\_\_\_\_

**Coach's Signature:** \_\_\_\_\_

**ENTRIES WILL NOT BE PROCESSED WITHOUT THE INFORMATION ABOVE**



5<sup>th</sup> Annual  
**CHICKEN BARBECUE DINNER**

**Saturday, June 29<sup>th</sup> (during evening session of the Meet)**  
6:30-8:30pm at the outdoor pool

***Brought to you by:***  
Big Cat Aquatics  
Hoss's Steak and Sea House Restaurants  
Pepsi and Penn State Catering

**Menu**

2 Boneless Barbecued Chicken Breasts  
Baked Potato  
Baked Lima Beans  
Cole Slaw  
Assorted Salads  
Rolls and Butter  
Dessert/ Fruit (apples, bananas etc.)  
Assorted soft drinks and water as well as condiments are also available

**Cost**

\$6.00 – for dinners ordered on, **or before, June 19<sup>th</sup>**.  
\$7.00 at the door (there will be a limited number of dinners sold at the door)  
**Coaches and Officials working the meet – FREE** (please have current USS Card available)

**RESERVATIONS**

Should be made on your team's meet FINANCIAL RECONCILIATION form. Meal tickets will be distributed to each team's coach or representative at the beginning of the meet. You may also fax your orders to Jon Larson at (814) 865-3728.

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**Dinner Reservation FAX Form**

\_\_\_\_\_ would like to reserve  
Team Name

\_\_\_\_\_ BBO Chicken dinners @ \$6.00 per dinner.  
Quantity

**Summary:** \_\_\_\_\_ # of BBO dinners x \$6.00 = \$ \_\_\_\_\_

Team Representative's Name: \_\_\_\_\_ Telephone number: \_\_\_\_\_