

MIDDLE ATLANTIC OPEN WATER CHAMPIONSHIPS

Ventnor City, New Jersey

Saturday August 16, 2003 *Hosted by*

E.H.T. SEAHAWKS SWIM TEAM

14 ROYAL AVENUE

EGG HARBOR TOWNSHIP, NJ 08234-7321

Sanctioned by Middle Atlantic Swimming Inc., # 0378OW

Location: **ON THE BEACH in Ventnor City, New Jersey
Beach Patrol Headquarters, Suffolk Avenue**

Eligibility:

1. Each swimmer must be a 2003 USS registered athlete in the LSC which he/she represents.
2. Each swimmer must be entered on the official entry form provided. Only one swimmer per entry form.
3. Competition is not restricted to the Middle Atlantic LSC.
4. The Meet Director reserves the right to limit entries or conduct the events in heats. A full refund will be given for swimmers that are eliminated.

Events:

10 & under	1/2 MILE
11 - 12	1 MILE
13 - 14	1 MILE
15 - 18	2 MILES
Seniors	2 MILES

Entry Fee: \$ 20.00 (includes swim cap and t-shirt)

Entry Deadline: Saturday, August 2, 2003

Mail to: **E.H.T. SEAHAWKS SWIM TEAM
C/O DENNIS SMITH
14 ROYAL AVENUE
EGG HARBOR TOWNSHIP, NJ 08234-7321**

Check in: Check in will be from 8:00 to 9:00 a.m. on the street side of the Beach Patrol Headquarters at Suffolk Avenue.

Awards: Championships Medals for First through Third.

Officials: Certified US SWIMMING Open Water Officials

Rain Date: ***Ventnor City Beach Patrol And The Safety Director will determine if Weather/Water Conditions will require Postponement or Cancellation. Rain date August 10, 2003***

Safety Director: Tom Devine (609) 646-4069

Meet Director: Dennis Smith (609) 927-6812

Entry information: All entries must be submitted on the official entry form, which is attached. Please submit a separate entry sheet for each swimmer. Any questions on entry forms should be directed to:

Dennis Smith (609) 927-6812
E-mail Dsmith3062@aol.com
Tom Devine (609) 646-4069

CONDUCT OF THE MEET AND SPECIAL RULES PERTAINING TO OPEN WATER EVENTS:

COACH'S VERIFICATION: A coach's verification of the swimmer's capability must be on each entry form. Swimmers under 18 years of age must also have a parent's signature on the entry form. Entries will not be accepted without these two signatures.

ORDER OF EVENTS: Start times of the age groups will be as Follows: 10 & under, 11-12 and 13-14 events will begin at 9:30 a.m. 15-18 & Senior events will start upon completion of the preceding events, but not before 10:00 a.m.

MANDATORY PRE-RACE MEETING: There will be a meeting of all competitors and coaches at 9:15 a.m. All competitors must be present.

Start and Finish: The race will start and finish on the beach. The finish line will be in a funnel, which will be marked with orange snow fence.

COURSE: The swim will be conducted in the ocean and will be Parallel to the beach.

NO DRAFTING: Drafting (following too closely behind another swimmer) will not be allowed. Swimmers will be required to swim with the flags to their right.

Safety: The Ventnor City Beach Patrol will provide safety craft, which will be stationed throughout the racecourse.

PROTESTS: A Meet Jury will adjudicate any protest including issues of conduct, which may occur at the meet venue. All protests must be made in writing. The Meet Jury will consist of the Meet Director, Meet Referee, an athlete representative, a coach representative and a non-coach representative.

OPEN WATER CHAMPIONSHIPS

DIRECTIONS TO THE VENTNOR CITY BEACH

1. FROM DELAWARE; US 40 East to Hamilton Mall just east of Mays Landing. US 40 combines with US 322 at this point.

Follow US 40/322 into Atlantic City @ 4th. Traffic light you should see a Monument in front of you. Go past monument to next traffic light, turn right. You are now on Atlantic Avenue. Stay on Atlantic Avenue to Suffolk Avenue, approx. 1.1 miles. Turn left on Suffolk Avenue to Boardwalk.

2. FROM PHILADELPHIA AREA; Atlantic City Expressway to exit 2. Take exit 2, this road is US 40/322. Continue on this road for 2.2 miles,

Follow US 40/322 instructions in 1. Above.

3. FROM THE NORTH ON THE GARDEN STATE PARKWAY. Take exit 38 east for Atlantic City, You are on the AC Expressway, stay on the expressway to exit 2. Take exit 2, this road is US 40/322 continue on this road for 2.2 miles.

Follow US 40/322 instructions in 1. Above.

4. FROM THE SOUTH ON THE GARDEN STATE PARKWAY. Take exit 36 @ traffic light turn left, @ next traffic light turn right onto Tilton Road. Continue on Tilton Road to the Margate Bridge follow signs for route 563. Continue over bridge into Margate. At the 5th. Traffic light, turn left then a quick right onto Jerome Ave. @ stop sign turn left. You are now on Atlantic Avenue, continue on this road for approx. 1.8 miles to Suffolk Avenue. Turn right onto Suffolk Avenue to Boardwalk.

**MIDDLE ATLANTIC OPEN WATER CHAMPIONSHIPS
OFFICIAL ENTRY FORM**

Entries are due no later than August 2, 2003

RACE DATE August 17, 2003
Check-in Starts @ 8:00am

Directions: Please complete one form for each swimmer.

Name: _____ Age: _____ Sex: _____

Address: _____ USS# _____

City/ State: _____ Zip: _____ LSC: _____

Phone: __ () _____ Club Code: _____ Coach _____

Phone: () _____ you can be reached, should race be postponed

Attach \$ 20.00 Entry Fee, payable to: **Seahawks Swim Team**

Send check and entry forms to: **Dennis Smith**
14 Royal Avenue
Egg Harbor Township, NJ 08234-7321
Phone Number 609-927-6812

In consideration of your accepting this entry, I hereby for myself, heirs, executors, and administrator, waive and release any and all rights and claims for damages I may have against United States Swimming, Middle Atlantic Swimming, E.H.T. Seahawks Swim Team, Ventnor City, Ventnor City Beach Patrol, their representatives successors and assigns for any and all injuries suffered by me at the said event. I further attest and Verify that I am physically fit and have sufficiently trained for the completion of this race.

Swimmer's signature: _____

Parent's signature: (if under 18) _____

Coach's certification: **I hereby verify that the swimmer entered on this form is Capable of completing the distance entered.**

Coaches Signature: _____

SHIRT SIZE (CHECK ONE) ADULT LARGE _____ ADULT X-LARGE _____