

Atlantis Aquatic Club
Presents
ATAC Mini Meet
Saturday, January 18, 2003

@ Lehigh University's Jacobs Pool

A Timed Final Meet Under the Sanction of Middle Atlantic Swimming, Inc. Sanction # 0366M

Meet Director: C. Mahaney Phn# 610-758-4692 Fax# 610-807-0327 Email: atac@fast.net

ATLANTIS AQUATIC CLUB P.O. BOX 21972 LEHIGH VALLEY, PA 18002-1972

Saturday AM Warm Up 8:30am Meet Start 9:30am

Facility: Lehigh University, Taylor Gym, Jacobs Pool, 641 Taylor Street, Bethlehem, PA *Competition* Pool is a 6 lane 25 yard pool with non-turbulent lanes, Omega timing system and 6 lane display. Starting Depth 5' -swimmers will start from starting blocks.

Objective/Eligibility: The objective of this meet is to provide a quality event for USA registered 8 and under swimmers. Under Middle Atlantic Sanction, the eligibility for this meet is open to any Middle Atlantic/USA registered swimmers who are 8 years old and younger. Age as of January 18, 2003 determines the age group in which swimmers will compete at this meet. The meet is pre-seeded, timed finals meet conducted under Middle Atlantic Swimming Rules. Each session will be held under the minimum 2 hour limit. Atlantis Aquatic Club reserves the right to limit the number of heats and events to comply with the prescribed MA Four Hour Rule. The Atlantis Aquatic Club also reserves the right to reformat the meet if numbers of entries are too large or too small. Notification will be provided to swimmers and teams concerning any reformatting.

Entries/Results: *Swimmers may enter 3 individual events and 1 relay per day.* All entries must be made on 3.5" using the HY-TEK COMMLINK program. A printed hard copy must accompany the disk. We encourage all clubs to enter on disk, regardless of the number of swimmers entered. If this is not possible, the enclosed official entry form must be used. If entering five (5) or more swimmers on this form, a processing fee of \$5.00 per swimmer must be included. The meet director reserves the right to limit entries in order to keep the meet within the acceptable span. Clubs who entered on disk will receive results on disk and results will be posted on the Middle Atlantic Website (www.maswim.org)

Entry Fees: *\$2.50 per individual event, \$6.00 per relay.* No refunds. Please send ONLY one check per team. Make checks payable to the Atlantis Aquatic Club. Mail entries to: ATAC P.O. Box #21972 Lehigh Valley, PA 18002-1972 or FEDEX ONLY to Rob Herb 4171 Rexford Drive Bethlehem, PA 18020, pre-signed. 610-807-9406 *At the discretion of the Meet Director, deck entries* will be dealt with upon request. Deck entries, if accepted, will be double any entry fee. Special note: If a swimmer or swimmers are eliminated from an event due to the four hour rule, clubs will be refunded for **ONLY** the event a swimmer is eliminated.

Entry Deadline: *Wednesday, January 15th by 6pm.* Entries must be received by this date. LATE entries will not be accepted.

Awards: Swimmers will receive Ribbons 1st-8th. Heat winner awards.

Admissions/Programs: Free Admission . Gallery Seating area can seat 250 people. Lawn Chairs are not permitted. No Concession will be available.

Inquiries: Please direct questions to the Atlantis Aquatic Club Office. 610-758-4692 Thank you.

Meet Regulations

Safety: USA Swimming and Middle Atlantic Swimming, Inc. safety procedures and policies will be followed and enforced at all times. Failure to obey instructions of the safety director, marshals and officials will result in disqualification from the meet. All coaches/officials must be registered with USA Swimming and must display USA card to be permitted on deck. Other Volunteers permitted on deck will be designated with ID Tags. **No others will be permitted on deck.** All unattached and unaccompanied swimmers must report to the Safety Director prior to warm up. Safety Director: Rob Herb 610-758-4692

Warm Up/Warm Down Guidelines: WU will only be in Jacobs Pool. Swimmers must be under the direct supervision of a currently registered USA coach. First 40 minutes general warm up in all lanes. NO DIVING off the blocks or the edge of the pool during this time. During the last 15 minutes of warm up, there will be sprint lanes in lanes 2,3,4,5 with lanes 1 & 6 for continued general warm up. All starts must be from the starting block end. Swim one length and get out at the opposite end. The meet director reserves the right to close warm up at any time. Swimmers violating safety rules will be removed from the remainder of the warm up session.

Officials: If you would like to officiate at this meet, please call Rob Herb at 610-758-4692. Officials must have a current USA membership card and should carry these where they are visible at all times.

Warm Up Schedule: The pool will be available for warm ups 55 minutes before the start of the first event.

USA Swimming safety rules apply to the all pools at all times:

WU Sun PM General WU 8:30-9:15am/9:15-9:25am Lanes 2,3,4,5 Sprint Lanes Lanes 1&6 General
Meet Starts 9:30am

**Depending on the size of the meet, Team Warm Up lanes and times may be assigned.*

Directions:

From South/North: PA Turnpike NE Extension to Lehigh Valley Exit. Take route 22 East to 378 South. Follow 378 across Black Metal Bridge. Stay in left lane. Immediately after the bridge, make a left at light down the hill to 3rd Street. At the first light, turn right onto Brodhead. Go thru next traffic light. At the next stop sign, turn left onto Packer Ave. Go two stop signs. (Parking Garage is one more block.) At the second stop sign, make right onto Taylor Street. Pool is second building on left-Taylor Gym. Please park at a meter or in the parking garage at the end of Packer Ave.

From West/East: Take Route 78 to the Bethlehem/Hellertown Exit. Take 412 North towards Bethlehem (Follow signs for the Comfort Inn and downtown Bethlehem.). Rt.412 becomes 3rd Street at this point. On 3rd Street, look to make a left onto Taylor Street (barber's poll on building on left) Go about 4 blocks crossing Packer Ave. and the pool will be the second building on left. Please park at a meter or in the parking garage at the end of Packer Ave.

Hotel: Comfort Suites Inn in Bethlehem, (4 blocks from the pool) 610-882-9700 or Fairfield Inn Bethlehem on Rt. 22 near LVI Airport (5 minutes from the pool) 610-758-9000. Hampton Inn Suites in Bethlehem (5 minutes from the pool) 610-866-5800 and Holiday Inn in Bethlehem 610-866-5800 or the Radisson at the Hotel Bethlehem (2 minutes from pool)

Information: In case of cancellation due to bad weather, please call the ATAC Hotline 610-758-4692. Emergency Number ONLY to be used for Day of Meet: 610-758-4319 (Direct to Pool Deck at Starting End)

Parking: A parking garage at the end of Packer Ave. is your best bet. All other vehicles must be parked at a meter or they will be towed by the city.

**At the end of the meet, please feel free to stick around and watch the
Lehigh University vs Yale Men's and Women's Swim Meet at Jacobs Pool 1pm.**

ATAC Mini Meet Saturday January 18th, 2003 @ Lehigh University

Session #1: Saturday January 18th, 2003_WU: 8:30am Meet Starts: 9:30am

Order of Events

<u>Girls's Event #'s</u>		<u>(25 Yard Pool)</u>	<u>Boy's Event #'s</u>
1	8 & Under	100 Medley Relay	2
3	8 Yr. Old	25 Freestyle	4
5	7 Yr. Old	25 Freestyle	6
7	6 & Under	25 Freestyle	8
9	8 Yr. Old	25 Backstroke	10
11	7 Yr. Old	25 Backstroke	12
13	6 & Under	25 Backstroke	14
15	8 Yr. Old	25 Breaststroke	16
17	7 Yr. Old	25 Breaststroke	18
19	6 & Under	25 Breaststroke	20
21	8 Yr. Old	25 Fly	22
23	7 Yr. Old	25 Fly	24
25	6 & Under	25 Fly	26
27	8 Yr. Old	100 IM	28
29	7 & Under	100 IM	30
31	8 Yr. Old	50 Freestyle	32
33	7 & Under	50 Freestyle	34
35	8 Yr. Old	50 Backstroke	36
37	7 & Under	50 Backstroke	38
39	8 Yr. Old	50 Breaststroke	40
41	7 & Under	50 Breaststroke	42
43	8 Yr. Old	50 Fly	44
45	7 & Under	50 Fly	46
47	8 Yr. Old	100 Freestyle	48
49	8 & Under	100 Freestyle Relay	50

All Events are Timed Finals.

