

BIG CAT AQUATICS

PRESENTS

THE 12TH ANNUAL

SWIM FEST 2003

Senior A, 14 & Under BB

June 27 - June 29, 2002

Pennsylvania State University

State College, Pennsylvania

Held under the Sanction of USA Swimming

Sanctioned by Middle Atlantic Swimming, Inc.

Sanction #0377A

LOCATION

*The Pennsylvania State University, University Park, Pennsylvania
Approximately 1-1/2 hrs. from Harrisburg; 3-1/2 hrs. from
Philadelphia; and 3 hrs. from Pittsburgh*

FACILITIES

50 meter heated outdoor 8-Lane facility. Pool depth at the starting end is 12'-6". Separate indoor pool for warm-up and swim down during meet. Non-turbulent lane markers. Colorado System 5 Timing System.

***PARKING** : Friday ONLY: Stadium West, enter off Park Ave. for a \$4.00 fee. Lot is directly across from Bryce Jordan Center. Shuttle buses run to Natatorium. Saturday & Sunday: Free parking in non-reserved lots on campus.*

***FOOD**: A limited selection of food and swimming and Penn State apparel will be available throughout the meet.*

MEET DIRECTOR

*Stephanie Rozick, 5249 W. Buffalo Run Rd Port Matilda, PA 16870,
(814) 234-8955,*

e-mail bcatmeet@adelphia.net

SAFETY DIRECTOR OFFICIALS

Becky Beard, Meet day pool emergency phone number, (814) 865-1433

Anyone interested in helping with the meet as a USS certified official should contact Craig or Sandy Edelbrock. 814-237-0846; e-mail cse1@psu.edu

ELIGIBILITY

Open to all 2003 USA Swimming registered swimmers who meet the qualifying time standards. Swimmers age as of 6/27/03 will apply for entire meet. The 2003 United States Swimming Rules will apply. 10&UN, 11-12, 13&14 BB Times, Senior - A Times. NT entries will be rejected.

Times for SCY and SCM can be found at:

<http://www.maswim.org/timestandards.htm>

ENTRY LIMITATIONS

The meet director reserves the right to change the meet format if necessary, to conduct each meet session in a four hour time span. If the meet should fill, all unprocessed entries will be returned.

WARM-UP

General warm-up will be held for approximately 30 minutes. During the final 10 - 15 minutes, lanes 1 and 8 will be pace lanes and lanes 2 and 7 will be sprint lanes. Warm-down lanes will be available during the meet, in the 25 yard racing pool, in McCoy Natatorium, adjacent to the outdoor 50 meter pool.

WARM-UP & START TIMES

DATES AND TIMES: *Friday, June 27 AM Session (Senior, 13&14)
Warm-up at 7:00 AM, Meet begins at 8:00 AM*

*Friday, June 27 PM Session (10&UN, 11&12)
Warm-up at 5:00 PM, Meet begins at 5:45 PM*

*Saturday, June 28 AM Session (Senior, 13&14)
Warm-up at 7:00 AM, Meet begins at 8:00 AM*

*Saturday, June 28 PM Session (10&UN, 11&12)
Warm-up at 5:00 PM, Meet begins at 5:45 PM*

*Sunday, June 29 AM Session (Senior, 13&14)
Warm-up at 7:00 AM, Meet begins at 8:00 AM.*

DECK ENTRIES

Deck entries, if time permits, are \$6.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards.

SWIMMERS WITHOUT A COACH SEEDING

Swimmers without a coach should report to the meet director before the warm-up of each session.

*All events are pre-seeded, timed finals.
Positive check-in for events 200 meters and greater may be required to conduct sessions within the mandatory 4 hour time limit.
Non-conforming times will be seeded in accordance with Middle Atlantic Swimming policy. Entry times from alternate course venues shall be converted by the Meet Host and seeded together, except for the 400 and 800 freestyles. SCY and SCM times submitted for these two events will be treated as non-conforming and seeded in the slowest heats.*

HOW TO ENTER

Times must be submitted in the course in which they were achieved. As a minimum, the 40 fastest times for each event will be accepted for entry. However, we may permit more than 40 entries in a given event provided some of the other events are not filled. Exception to the above will be relays (no proof of time required), and all 400 and 800 meter individual events for which the 16 fastest times submitted will be accepted for entry.

*12 and under swimmers are permitted four events per day plus a relay.
13 and over swimmers are permitted three events per day plus a relay.*

ENTRY FEES

Entry fees are \$4.00 per individual event, \$6.00 per relay. Deck entries, if time permits, are \$6.00 per event. Entries and fees must be accompanied by the Financial Recap form and either: MASTER ENTRY FORMS or HY-TEK DISK with hard copy print out. No phone entries will be accepted. Fax Entries are permitted. No meet entries will be made prior to receipt of fees, by the posted deadline. A

**SEND ENTRIES TO
ENTRY DEADLINE**

\$5.00 surcharge will be added for each entered athlete, for teams of 5 or more, that does not submit entries on HY-TEK disk format. We request each club remit ONE check made payable to "BCAT" to cover team entry fees, tent rental.

Stephanie Rozick, 5249 W. Buffalo Run Rd. Port Matilda, PA 16870, (814-234-8955),

e-mail: bcatmeet@adelphia.net. Request signature waiver if needed.

Middle Atlantic team entries received by June 12,2003 will be entered in the order in which they are received.

All Non-Middle Atlantic team entries will be entered after June 12,2003 in the order in which they were received.

All entries must be received by: 5:00 PM JUNE 17, 2003. No Post Entries.

RULES

USA Swimming / Middle Atlantic Swimming rules shall apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. This meet will be conducted using the Whistle command and No-Recall False Start procedures.

**SCORING &
AWARDS**

Awards will be based on swum time.

Individuals-Medals: 1st-3rd, Ribbons: 4th-8th. Relays-Medals: 1st, Ribbons: 2nd - 3rd

**PROGRAMS &
ADMISSION**

\$3.00 per session, includes session heat sheet. Children 12 and under admitted free. Spectators bring your favorite lawn chair/beach blanket for general poolside seating.

RESULTS

Results will be posted on the Middle Atlantic Swimming website, www.maswim.org.

DIRECTIONS

DIRECTIONS: EAST -- Pennsylvania Turnpike to Harrisburg Exit 19 Head to Lewistown - Routes 83N

SOUTH -- 83 North to Harrisburg. From Harrisburg, same as above.

WEST -- Route 22 to Route 220N, then Route 322E until the Penn State Exit. Go right onto Park Avenue, follow directions under EAST. to 81W to 322 West to State College. At Boalsburg stay on 322 West (Mt. Nittany Expressway) to Penn State Exit. Go left onto Park Ave., follow to second light past stadium. Turn left onto campus. Pool is past first stop sign, on the left.

ACCOMODATIONS

*Days Inn Penn State (814-238-8454) POC Ainslie Mclane
800-258-3297 240 Pugh St, State College*

Motel 6 (814-234-1600), 1274 N. Atherton St., State College.

Hampton Inn (814-231-1590) or (800-426-7866), 1101 East College Ave., State College.

Holiday Inn Express (814-867-1800) 1925 Waddle Rd., State College

Hampton Inn Suites (814-231-1899), 1955 Waddle Rd., State College

Courtyard By Marriott (814-238-1881) or (800-321-2211), 1730 University Dr. State College.

Autoport (814-237-7666) Business Route 322, State College.

State College Inn (814-237-8005) S. Atherton St. & Branch Rd. State College.

Ramada Inn (814-238-3001) or (800-2RAMADA), 1450 S. Atherton St., State College.

Nittany Lion Inn (814-231-7500), 200 West Park Ave., State.

Nittany Budget Motel (814-237-7638), 1274 N. Atherton St., State College, \$39.95.

Sleep Inn (814-235-1020), 111 Village Dr., State College.

The Penn Stater, (Formerly Scanticon (814-863-5013), (814-863-5000), 215 Innovation Blvd., Penn State Research Park, State College.

GIRLS		<u>Friday Morning, June 27, 2003 (warm-up 7:00am - 7:55am)</u>		BOYS	
EVENT #	TIME	EVENT	TIME	EVENT#	
1	5:12.89	SENIOR 400 FREESTYLE	4:53.29	2	
3	5:42.99	13&14 400 FREESTYLE	5:31.09	4	
5	2:47.59	SENIOR 200 BACKSTROKE	2:34.89	6	
7	3:06.39	13&14 200 BACKSTROKE	2:55.59	8	
9	1:10.09	SENIOR 100 FREESTYLE	1:04.09	10	
11	1:17.29	13&14 100 FREESTYLE	1:12.19	12	
13	2:44.69	SENIOR 200 BUTTERFLY	2:32.19	14	
15	3:03.69	13&14 200 BUTTERFLY	2:54.99	16	
17	3:08.49	SENIOR 200 BREASTSTROKE	2:54.29	18	
19	3:27.99	13&14 200 BREASTSTROKE	3:17.59	20	
GIRLS		<u>Friday Afternoon, June 27, 2003 (warm-up 5:00pm - 5:40pm)</u>		BOYS	
EVENT #	TIME	EVENT	TIME	EVENT#	
21	NT	10&UN 200 FREESTYLE RELAY	NT	22	
23	NT	11&12 200 FREESTYLE RELAY	NT	24	
25	3:25.09	10&UN 200 FREESTYLE	3:13.99	26	
27	2:52.99	11&12 200 FREESTYLE	2:49.29	28	
29	1:48.89	10&UN 100 BACKSTROKE	1:46.09	30	
31	1:34.49	11&12 100 BACKSTROKE	1:31.39	32	
33	2:02.79	10&UN 100 BREASTSTROKE	1:59.79	34	
35	1:41.89	11&12 100 BREASTSTROKE	1:42.29	36	
37	40.89	10&UN 50 FREESTYLE	40.39	38	
39	36.39	11&12 50 FREESTYLE	35.79	40	
41	48.59	10&UN 50 BUTTERFLY	46.89	42	
43	39.89	11&12 50 BUTTERFLY	40.19	44	
45	3:47.29	10&UN 200 IM	3:44.79	46	
47	3:15.19	11&12 200 IM	3:13.89	48	
GIRLS		<u>Saturday Morning, June 28, 2002 (warm-up 7:00am - 7:55am)</u>		BOYS	
EVENT #	TIME	EVENT	TIME	EVENT#	
49	5:57.59	SENIOR 400 IM	5:29.99	50	
51	6:35.49	13&14 400 IM	6:15.59	52	
53	1:16.09	SENIOR 100 BUTTERFLY	1:09.09	54	
55	1:24.09	13&14 100 BUTTERFLY	1:18.69	56	
57	2:29.39	SENIOR 200 FREESTYLE	2:19.19	58	
59	2:45.29	13&14 200 FREESTYLE	2:37.09	60	
61	1:27.79	SENIOR 100 BREASTSTROKE	1:20.59	62	
63	1:36.59	13&14 100 BREASTSTROKE	1:30.49	64	
65	NT	SENIOR 400 MEDLEY RELAY	NT	66	
67	NT	13&14 400 MEDLEY RELAY	NT	68	
GIRLS		<u>Saturday Afternoon, June 28, 2003 (warm-up 5:00pm - 5:40pm)</u>		BOYS	
EVENT #	TIME	EVENT	TIME	EVENT#	
69	NT	10&UN 200 MEDLEY RELAY	NT	70	
71	NT	11&12 200 MEDLEY RELAY	NT	72	
73	6:00.09	11&12 400 FREESTYLE	5:58.39	74	
75	49.89	10&UN 50 BACKSTROKE	50.49	76	
77	42.49	11&12 50 BACKSTROKE	42.29	78	
79	54.89	10&UN 50 BREASTSTROKE	55.09	80	
81	46.79	11&12 50 BREASTSTROKE	47.29	82	
83	1:56.19	10&UN 100 BUTTERFLY	1:53.99	84	
85	1:31.99	11&12 100 BUTTERFLY	1:30.69	86	
87	1:32.99	10&UN 100 FREESTYLE	1:31.09	88	
89	1:20.39	11&12 100 FREESTYLE	1:17.59	90	
GIRLS		<u>Sunday Morning, June 29, 2003 (warm-up 7:00am - 7:55am)</u>		BOYS	
EVENT #	TIME	EVENT	TIME	EVENT#	
91	NT	SENIOR 400 FREESTYLE RELAY	NT	92	
93	NT	13&14 400 FREESTYLE RELAY	NT	94	
95	1:18.69	SENIOR 100 BACKSTROKE	1:11.99	96	
97	1:27.19	13&14 100 BACKSTROKE	1:21.89	98	
99	2:48.09	SENIOR 200 IM	2:37.19	100	
101	3:06.79	13&14 200 IM	2:58.29	102	
103	32.39	SENIOR 50 FREESTYLE	29.39	104	
105	35.69	13&14 50 FREESTYLE	33.19	106	
107	10:41.89	SENIOR 800 FREESTYLE	10:04.59	108	

FINANCIAL SUMMARY
ENTRIES WILL NOT BE PROCESSED
WITHOUT THE FOLLOWING INFORMATION

Team Name: _____, Team Code: _____

Head Coach: _____

Coach's Address: _____

City: _____ State: _____ Zip Code: _____

Phone: Home () _____ Office () _____ e-mail: _____

Person and address designated to receive entry limitation information, if needed:

Name: _____ Phone: _____ Fax: _____

(VERY IMPORTANT) e-mail: _____

Mail Entries To: Stephanie Rozick

ENTRY DEADLINE:

5249 W Buffalo Run RD Received by 5:00 pm, Wednesday June 17, 2003.

Port Matilda PA 16870 No entries will be accepted after that date.

Please make check payable to **BCAT**. One check per club, please.

ENTRY FEES:

_____ Womens Individual events @ \$4.00	TENT FEES: (indicate number needed)	
_____ Mens Individual events @ \$4.00	\$ _____	12x12 Sun Shade \$60.00 _____
_____ Womens Relay events @ \$6.00	\$ _____	10x10 Canopy \$110.00 _____
_____ Mens Relay events @ \$6.00	\$ _____	15x15 Canopy \$145.00 _____
_____ Surcharge @ \$5.00 per athlete	\$ _____	20x20 Canopy \$170.00 _____
		20x30 Canopy \$235.00 _____

(For non-disk entry of 5 or more swimmers only)

(No Sides On Sun Shades)

Subtotal for Entries = \$ _____

Subtotal for Tent(s) = \$ _____

GRAND TOTAL \$ _____

TOTAL NUMBER OF SWIMMERS ENTERED IN MEET: _____

Coach's Signature: _____

ENTRIES WILL NOT BE PROCESSED WITHOUT THE INFORMATION ABOVE

