

Delaware Swim Team
Presents their
High Point
A/BB/C/ Mini Medal Meet
November 8-9, 2003

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # 0437A

LOCATION	<p>McKean High School 310 McKennans Church Road Wilmington, DE 19808</p> <p>Day of meet ONLY emergency phone # 302-995-5135</p>
FACILITIES	<p>A 6 lane, 25 yard indoor pool with electronic timing, judging system, and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29".</p> <p>Seating Capacity: 500</p> <p>Parking: Large lot adjoining pool facility</p> <p>Refreshments: Snack Bar & Coach/Volunteer hospitality area will be provided.</p>
MEET REFEREE	Kent Steeves 302-737-9291 e-mail: makk1234@juno.com
MEET DIRECTOR	Pete Nellius 302-399-3673 e-mail: pnellius@aol.com
SAFETY DIRECTOR	Michael Ramone 302-652-4378 e-mail: miker@freestyles.org
OFFICIALS	Please contact our Meet Director, Pete Nellius, if you are able to officiate.
ELIGIBILITY	<p>This meet is open to all swimmers registered with USA Swimming. Swimmer's age is as of November 8, 2003. No proof of time is required as there are no qualifying times.</p> <p>Swimmers may enter a maximum of 5 individual events per day plus relays</p>
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund or offered alternate event placement.

<p>ORDER OF EVENTS</p> <p>WARM-UP PROCEDURES & START TIMES</p>	<p>See attached sheet listing the order of events and event numbers.</p> <p>Warm-up: NO DIVING OFF BLOCKS OR THE EDGE OF THE POOL during this time. The last 10 minutes of each session will be sprints, with all starts beginning at the starting block end of the pool. Swimmers must swim one length of the pool and exit the pool at the opposite end. Swimmers must be under the direct supervision of a currently registered USA Swimming coach. Lane assignments for warm-up will be posted at the meet.</p> <p style="text-align: center;">Warm-up/Start Schedule Saturday & Sunday</p> <table border="1" data-bbox="477 506 1546 646"> <thead> <tr> <th colspan="2"></th> <th>Warm-Up Time</th> <th>Start Time</th> </tr> </thead> <tbody> <tr> <td>Sessions 1 & 4</td> <td>Senior</td> <td>7:30 AM</td> <td>8:30 AM</td> </tr> <tr> <td>Sessions 2 & 5</td> <td>8 & Under</td> <td>No earlier than 11:15 AM</td> <td>No earlier than 12:00 PM</td> </tr> <tr> <td>Sessions 3 & 6</td> <td>9-12</td> <td>No earlier than 3:00 PM</td> <td>No earlier than 4:00 PM</td> </tr> </tbody> </table>			Warm-Up Time	Start Time	Sessions 1 & 4	Senior	7:30 AM	8:30 AM	Sessions 2 & 5	8 & Under	No earlier than 11:15 AM	No earlier than 12:00 PM	Sessions 3 & 6	9-12	No earlier than 3:00 PM	No earlier than 4:00 PM
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<p>DECK ENTRIES</p>	<p>Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$6.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.</p>																
<p>SWIMMERS WITHOUT A COACH</p>	<p>Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director before the warm-up for each session.</p>																
<p>SEEDING</p>	<p>This is a pre-seeded, timed finals A/BB/C/Mini meet.</p>																
<p>HOW TO ENTER</p>	<p>Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.</p> <p>All entries must be submitted manually on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR on a 3 ½" disk. If you have the Hy-Tek computer programs Team Manager and COMMLINK, submit the following printouts along with the diskette: 1 printout from COMMLINK of entries, 1 printout from COMMLINK of swimmers, 1 printout from Team Manager of the meet entries - separate the boys and girls and sort by age.</p> <p>You must complete the DST Meet Summary Form and mail with the entry whether you use the disk entry or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a non-computer entry with ten or more swimmers. This processing fee must be included with your entries.</p>																
<p>ENTRY FEES</p>	<p>\$3.00 PER INDIVIDUAL EVENT</p> <p>\$6.00 PER RELAY ENTRY</p>																

<p>SEND ENTRIES TO</p>	<p>Delaware Swim & Fitness Center (Make all checks payable to "Delaware Swim Team") c/o Kathy Drysdale/Meet Entries 2150 New Castle Avenue New Castle, DE. 19720</p> <p>Any questions regarding entry forms should be directed to Kathy Drysdale: Phone: 302-652-4378 E-mail: kathyd@freestyles.org Fax: 302-652-5343</p>
<p>ENTRY DEADLINE</p>	<p>Monday, October 27, 2003. No late entries will be accepted.</p>
<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p>
<p>SCORING & AWARDS</p>	<p>9 & Over Swimmers: Swimmers entered with USA "A" times – Ribbons 1st – 6th places Swimmers entered with USA "BB" times – Ribbons 1st – 6th places Swimmers entered with USA "C" times – Ribbons 1st – 6th places In addition to individual event ribbons, Individual High Point Medals will be awarded 1st through 3rd places in each age group.</p> <p>8 & Under Swimmers – Ribbons 1st – 6th places In addition to individual event ribbons, Individual High Point Medals will be awarded 1st through 3rd places in each age group.</p>
<p>PROGRAMS & ADMISSION</p> <p>VOLUNTEERS</p>	<p>\$3.00 Per Session</p> <p>A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.</p>
<p>RESULTS</p>	<p>Will be posted on the Delaware Swim Team website: www.delawareswimteam.com and the Middle Atlantic website: www.maswim.org</p>
<p>DIRECTIONS</p>	<p>From Philadelphia & NJ - Take I-95 South (follow signs for Baltimore) to Exit 4B: Churchman's Crossing/Stanton (Rt 58 & 7) Bear right at top of ramp. Turn right on Route 7 North. Proceed on Route 7 North, cross Route 2, and bear right at Mealy's Funeral Home on to McKennan's Road. Continue straight until you come to McKean High School. Entrance on the left.</p>
<p>ACCOMODATIONS</p>	<p>Contact Kathy Drysdale at DST 302-652-4378 for referrals</p>

**DELAWARE SWIM TEAM'S
HIGH POINT A/BB/C/MINI MEET
NOVEMBER 8-9, 2003**

**Meet Summary Form
This Form Must Accompany All Entries**

Team Name _____ Code _____

Coach _____ E-Mail _____ Phone # _____

Address _____ City _____ State _____ Zip _____

Contact Person _____ E-Mail _____ Phone _____

of Girl Swimmers _____

Individual Girl Entries _____ X 3.00 = \$ _____

Relay Girl Entries _____ X 6.00 = \$ _____

of Boy Swimmers _____

Individual Boy Entries _____ X 3.00 = \$ _____

Relay Boy Entries _____ X 6.00 = \$ _____

Swimmer Surcharge If Applicable

Total # Swimmers _____ X \$5.00 = \$ _____

Total Amount Enclosed: \$ _____

Make Checks Payable to: Delaware Swim Team

**Mail Entries to: Delaware Swim & Fitness Center
c/o Kathy Drysdale/Meet Entries
2150 New Castle Avenue
New Castle, DE 19720**

Phone: (302) 652-4378

Entry Deadline: October 27, 2003.

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY

Delaware Swim Team's High Point A/BB/C/Mini Medal Meet

Saturday, November 8, 2003

SESSION 1

Warm-up: 7:30 AM Start: 8:30 AM

Women		Men
1	Senior 200 Yard Medley Relay	2
3	Senior 100 Yard Freestyle	4
5	Senior 200 Yard Breaststroke	6
7	Senior 100 Yard Butterfly	8
9	Senior 200 Yard Freestyle	10
11	Senior 100 Yard Backstroke	12
	15 Minute Break	
13	Senior 400 IM	14

SESSION 2

Warm-up Immediately Following Session 1... No earlier than 11:15 AM Start: No earlier than 12:00 PM

15	8 & Under 100 Yard Free Relay	16
17	7 & 8 Year Old 200 Yard Freestyle	18
19	6 & Under 50 Yard Freestyle	20
21	7 Year Old 50 Yard Freestyle	22
23	8 Year Old 50 Yard Freestyle	24
25	6 & Under 25 Yard Butterfly	26
27	7 Year Old 25 Yard Butterfly	28
29	8 Year Old 25 Yard Butterfly	30
31	6 & Under 50 Yard Breaststroke	32
33	7 Year Old 50 Yard Breaststroke	34
35	8 Year Old 50 Yard Breaststroke	36
37	6 & Under 25 Yard Backstroke	38
39	7 Year Old 25 Yard Backstroke	40
41	8 Year Old 25 Yard Backstroke	42
43	7 & Under 100 Yard IM	44
45	8 Year Old 100 Yard IM	46

SESSION 3

Warm-up Immediately Following Session 2... No earlier than 3:00 PM Start: No earlier than 4:00 PM

47	9/10 200 Yard Medley Relay	48
49	11/12 200 Yard Medley Relay	50
51	9/10 50 Yard Butterfly	52
53	11/12 50 Yard Butterfly	54
55	9/10 100 Yard Backstroke	56
57	11/12 100 Yard Backstroke	58
59	9/10 50 Yard Breaststroke	60
61	11/12 50 Yard Breaststroke	62
63	9/10 100 Yard Freestyle	64
65	11/12 100 Yard Freestyle	66
67	9/10 100 Yard IM	68
69	11/12 100 Yard IM	70
71	9/10 200 Yard Freestyle	72
73	11/12 200 Yard Freestyle	74

Delaware Swim Team's High Point A/BB/C/Mini Medal Meet

Sunday, November 9, 2003

SESSION 4

Warm-up: 7:30 AM Start: 8:30 AM

Women		Men
75	Senior 200 Yard Free Relay	76
77	Senior 200 Yard IM	78
79	Senior 50 Yard Freestyle	80
81	Senior 200 Yard Backstroke	82
83	Senior 100 Yard Breaststroke	84
85	Senior 200 Yard Butterfly	86
	15 Minute Break	
87	Senior 500 Yard Freestyle	88

SESSION 5

Warm-up Immediately Following Session 4... No earlier than 11:15 AM Start: No earlier than 12:00 PM

89	8 & Under 100 Yard Medley Relay	90
91	7 & 8 Year Old 200 Yard IM	92
93	6 & Under 25 Yard Freestyle	94
95	7 Year Old 25 Yard Freestyle	96
97	8 Year Old 25 Yard Freestyle	98
99	6 & Under 50 Yard Butterfly	100
101	7 Year Old 50 Yard Butterfly	102
103	8 Year Old 50 Yard Butterfly	104
105	6 & Under 25 Yard Breaststroke	106
107	7 Year Old 25 Yard Breaststroke	108
109	8 Year Old 25 Yard Breaststroke	110
111	6 & Under 50 Yard Backstroke	112
113	7 Year Old 50 Yard Backstroke	114
115	8 Year Old 50 Yard Backstroke	116
117	7 & Under 100 Yard Freestyle	118
119	8 Year Old 100 Yard Freestyle	120

SESSION 6

Warm-up Immediately Following Session 5... No earlier than 3:00 PM Start: No earlier than 4:00 PM

121	9/10 200 Yard Freestyle Relay	122
123	11/12 200 Yard Freestyle Relay	124
125	9/10 100 Yard Butterfly	126
127	11/12 100 Yard Butterfly	128
129	9/10 50 Yard Backstroke	130
131	11/12 50 Yard Backstroke	132
133	9/10 100 Yard Breaststroke	134
135	11/12 100 Yard Breaststroke	136
137	9/10 50 Yard Freestyle	138
139	11/12 50 Yard Freestyle	140
141	9/10 200 Yard IM	142
143	11/12 200 Yard IM	144

