

GAAC A-BB-C MEET
November 1-2, 2003

Held under the sanction of Middle Atlantic Swimming, sanction #0422A

MEET DIRECTOR: : Pete Crippen/Brian McMillin—215.542.9095
CH127533@aol.com/ bjmcmillin@aol.com

SAFETY DIRECTOR: Jeff Hyde--215.542.9095

Location: Germantown Academy, Morris Road, Fort Washington, PA 19034--215.542.9095

Facility: 25 yard, 6 lane pool, entry depth 12' feet, Colorado Timing system, Anti-turbulent lane lines, balcony seating for spectators, snack bar, ample free parking at pool site, near-by lodging and restaurants.

Entries: Entries should be sent on a 3 1/2" floppy disk compatible with with Hy-tek Meet Manager (with hard copy and meet recap). You may also email entries to Pete Crippen – CH127533@aol.com. Limited to 5 individual entries/day. Swimmers must enter with their best times or be subject to penalties set by Middle Atlantic Swimming. (These penalties could include a swimmer's suspension from competition for a minimum of 3 months, but not more than one year.) If a swimmer does not have an official time, please enter NT. Meet Director reserves the right to limit the number of entries/event in order to conduct a fair meet. If this is necessary, those affected will notified prior to the date of the meet and will be issued a refund. **ALL ENTRIES AND/OR PAYMENT MUST BE RECEIVED BY Noon (12PM) THURSDAY, October 22 for entries to be accepted. Fax (215) 641-2540** This meet is a pre- seeded, timed final meet. No late entries will be accepted.

DECK ENTRIES - \$6/entry - WILL BE ACCEPTED AT THE DISCRETION OF THE MEET DIRECTOR. Deck-entered swimmers will compete unofficially; the time achieved is official but will not be awarded. Please see the meet director before warm-ups.

Eligibility: The meet is open to all swimmers registered with USA Swimming for 2003/2004 and will be conducted according to current US Swimming Code of Regulations. Swimmers' age as of the first day of the meet governs the age for the entire meet. Any swimmer who is unattached or not accompanied by a coach will be assigned to a team area with a coach.

Fees: \$3.00/individual event. **If entries are not on a disk please add a \$5 surcharge for processing of hand entries.** Make checks payable to GAAC and mail to Richard Shoulberg, Germantown Academy, Morris Road, Fort Washington, PA 19034. Any questions?--contact Pete Crippen at CH127533@aol.com or Brian McMillin at bjmcmillin@aol.com.

Awards: "A"--Medals 1st thru 3rd, Ribbons 4th thru 6th; "B"--Rosettes 1st thru 3rd, Ribbons 4th thru 6th; "C"--Ribbons 1st thru 6th. They will be based on the level at which the swimmer entered the meet. Awards will be available after last session.

Awards will be mailed to the teams following the meet if an address is provided.

Warm-up: USA Swimming and MA Safety Regulations will be in effect
First half hour Circle Swimming in all lanes
Second half hour Lanes 3 and 4 - Circle Swimming
 Lanes 1, 2, 5, 6 - Sprint Lanes - dive in sprints from starting end - one way

Admission: \$3.00/session - includes heat sheet

Meet Results: Will be posted to the Middle Atlantic website (www.maswim.org) and transmitted by email to any club that provides a valid email address. Meet results will not be mailed to the clubs.

Only 2003 USS Certified Coaches and Officials will be allowed on deck. You must wear your card at all times.

Directions to Pool:

Take exit 26 of PA Turnpike--Ft. Washington. Through tolls stay in left lane to end of road, then go right (Pennsylvania Avenue). Follow to dead end and turn left (Old Bethlehem Pike). Then immediately after crossing over railroad bridge- - turn right (between Rich's Deli and Marita's Cantina). Take next immediate right around Marita's Cantina onto Morris Road. First pillared driveway on the left--entrance to the Academy. Parking lot on left. Arrows posted for walk through quad and building to pool entrance. Lockerrooms on lower level.

Lodging:

Ramada Inn, 285 Commerce Drive, Ft. Washington (exit 26 PA Tpke)	542-7930	5 minutes from pool
Holiday Inn, 432 Pennsylvania Ave., Ft. Washington (exit 26 PA Tpke)	643-3000	5 minutes from pool

Restaurants: Adjacent to all the hotels -- from fast food to sit-down family oriented. All are inexpensive and moderately priced. Many others on Old Bethlehem Pike.

*****If you are interested in officiating or timing at the meet please contact Jeff Hyde 215.540.9766 or the meet directors at email addresses above.**

VOLUNTEERS WILL BE PROVIDED WITH PROGRAMS (and refreshments) FOR THE ENTIRE MEET.

GAAC A-BB-C MEET
November 1-2, 2003

Saturday, November 1

***Session 1--Warm-up 8am; Start 9am**

Girls			Boys
#	Event		#
1	9-10	50 FR	2
3	150V	100 BK	4
5	9-10	100 BK	6
7	Open	200 BR	8
9	9-10	50 BR	10
11	150V	100 FL	12
13	9-10	100 FL	14
15	150V	200 IM	16
17	9-10	200 IM	18
19	150V	50 FR	20

Sunday, November 2

***Session 3--Warm-up 8am; Start 9am**

Girls			Boys
#	Event		#
41	150V	200 FR	42
43	9-10	100 FR	44
45	Open	200 BK	46
47	9-10	50 BK	48
49	150V	100 BR	50
51	9-10	100 BR	52
53	Open	200 FL	54
55	9-10	50 FL	56
57	150V	100 FR	58
59	9-10	100 IM	60

***Session 2--Warm-up 12:30pm; Start 1:30pm**

Girls			Boys
#	Event		#
21	11-12	100 FR	22
23	13-14	200 FR	24
25	11-12	50 BK	26
27	13-14	100 BK	28
29	11-12	100 BR	30
31	13-14	200 BR	32
33	11-12	50 FL	34
35	13-14	100 FL	36
37	11-12	100 IM	38
39	13-14	200 IM	40

***Session 4--Warm-up 12:30pm; Start 1:30pm**

Girls			Boys
#	Event		#
61	11-12	50 FR	62
63	13-14	100 FR	64
65	11-12	100 BK	66
67	13-14	200 BK	68
69	11-12	50 BR	70
71	13-14	100 BR	72
73	11-12	100 FL	74
75	13-14	200 FL	76
77	11-12	200 IM	78
79	13-14	50 FR	80

*** Warm-up and start times are subject to change if length of morning session warrants such.
We reserve the right to combine sessions in order to run a quality meet.**

We will notify you of any changes by Wednesday, October 29, 2003

Upcoming Meets:

December 6-7, 2003	A-BB-C Patriot Classic Age Group Meet – Germantown Academy
January 11, 2004	1650 Age Group Meet – Germantown Academy
February 27-28, 2004	Eastern Interscholastic Invitational held at LaSalle University
February 29, 2004	Last Ditch "Q" Meet –for those Clubs affiliated with swimmers entered in Interscholastic Meet

GAAC MEET SUMMARY

November 1-2, 2003

THIS FORM MUST ACCOMPANY THE OFFICIAL ENTRY BLANK

Team Name: _____ Club Code: _____

Head Coach: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: Home() _____ Office:() _____

Email address: _____ for results and other information.

ENTRY FEES: Girls events _____ @ \$3.00 \$ _____

Boys events _____ @ \$3.00 \$ _____

Hand entry surcharge - \$5/swimmer

of swimmers _____ @ \$ 5.00 \$ _____

Total \$ _____ Checks made payable to GAAC

Club contact person: If there is a problem with this entry, who may we call that will be available to assist us.

Name: _____

Phone #:() _____

Email: _____

Entry deadline: Received by Noon (12PM) Thursday, October 24, 2002. No entries will be accepted after that date. Please make checks payable to GAAC. One check per club, please mail entries to:

**GAAC
Germantown Academy
Morris Road
Fort Washington, PA 19034**

GAAC MEET ENTRY INFORMATION

NOVEMBER 1-2, 2003

Please use this entry form (duplicate as necessary) if you are not using disk entry.
Must also include Meet Summary Form –previous page-- with your individual entries.

NAME: _____ BIRTHDATE: _____ USS# _____ M/F _____

EVENT #	EVENT DESCRIPTION	TIME

NAME: _____ BIRTHDATE: _____ USS# _____ M/F _____

EVENT #	EVENT DESCRIPTION	TIME