

WARMUP & START TIME CHANGES FOR SATURDAY AND SUNDAY

Fall Kickoff Warmup and Start times for Sessions 3 and 6 (9-12 year olds) have been moved one hour earlier on both Saturday and Sunday. See new schedule below with **changes in red**.

If you have questions, please e-mail Jay Lynch at JayL@freestyles.org

		Warm-Up Time	Start Time
Sessions 1 & 4	13 & Over	7:30 AM	8:30 AM
Sessions 2 & 5	8 & Under	No earlier than 11:15 AM	No earlier than 12:00 PM
Sessions 3 & 6	9-12	No earlier than 2:00 PM	No earlier than 3:00 PM