



Fall Invitational A/BB/C Meet

Sanctioned by Middle Atlantic Swimming

Sanction#: MA-0515-A

Here is a bit more information that will help in your planning efforts:

- Most of you have previously seen the [psych sheets, they may be found here](#)
- When we originally put together the meet timelines, we planned for the maximum number of swimmers per session (about 4 hours). We want to be sure there is enough time between sessions, however we do not want to keep parents waiting too long between sessions therefore we have changed some of the starting times. **It is very important that you communicate this information with all of your swimmers. The NEW warm-Up and Start times are as follows**

| Session | Warm Up | Meet Starts |
|--|----------|-------------|
| Saturday Morning – 13 & Older (NO Change) | 7:00AM | 8:00AM |
| Saturday Distance Session (CHANGED) | 11:15AM | 12:15PM |
| Saturday 12 and Under (CHANGED) | 2:00 PM | 3:10 PM |
| | | |
| Sunday Morning – 13 & Older (NO Change) | 7:30 AM | 8:30 AM |
| Sunday Afternoon – 12 & Under (CHANGED) | 12:00 PM | 1:10 PM |
| | | |

- **PARENTS will NOT** be permitted on the pool deck (They will be permitted in the locker rooms, BUT not the pool deck). All coaches and meet volunteers will be issued credentials at the meet check-in to gain access to the pool deck. Only Coaches and meet volunteers will be issued credentials.
- The warm-down pool will remain open as long as it is self-policed. The lane closest to the bulkhead will be closed, therefore 3 lanes will be available for warm-down (self policed)