

**THE 10TH ANNIVERSARY
TYR CUP / TRIDENT HOLIDAY CLASSIC**

Sponsored by

TYR SPORT

Hosted by

Trident Swim Club

DECEMBER 9-11, 2005

Sanctioned by Middle Atlantic Swimming, Inc.

Meet Sanction#: MA 0613 A

Time Trial Sanction#: MA 0613 TT

Key changes for 2005	<ul style="list-style-type: none">• Qualification times have been changed, please use 2005 entry file• Entry times must be able to be validated
LOCATION:	Franklin & Marshall College 929 Harrisburg Pike Lancaster, Pa. 17604-4306 Emergency calls the day(s) of the meet: 717-399-4524
FACILITY:	F&M College, Kunkel Aquatic Center Aquatic Center in the Alumni Sports & Fitness Center, Lancaster, Pa. This meet will be run over two 8 lane 25yd. courses with fully automatic timing and with additional lanes available for warm up and warm down during the meet. The two starting ends have a depth of 9' and 6'. The facility is equipped with Wave Eater lane lines, Colorado Timing, Aqua Grip electronic pads, an eleven line readout scoreboard, and a one line readout scoreboard. Seating for up to 580 swimmers on deck and balcony seating for up to 400 spectators.
MEET DIRECTOR:	Tom Nealley , 717-285-5156 x247(W), 717-397-7722(H) after 6:00 PM Email: tridentmeet@comcast.net Please direct all questions to the Meet Director.
OFFICIALS:	If you are interested in officiating at this meet, please contact Kim Wentzel – (717)892-7416 or kwentzel@comcast.net
SAFETY DIRECTOR:	Jeff McDonnell – (717) 285-7590

<p>ELIGIBILITY:</p>	<p>This meet is open to all swimmers registered with USA Swimming <u>who meet the Qualifying Times set forth in this meet information packet. Entry times must be from a sanctioned, approved, or observed meet according to USA Swimming rules, and able to be validated by SWIMS or Middle Atlantic database. Times from Middle Atlantic accepted meets will not qualify.</u></p> <ul style="list-style-type: none"> • Age group is determined by the swimmer's age on December 9, 2005. • Each swimmer may compete in THREE (3) individual events per day. • Each swimmer may compete in ONE (1) relay event per day. <ul style="list-style-type: none"> ○ Relay swimmers must be entered in a minimum of one (1) individual event during the meet to qualify to swim in relays. • Time Trial events are counted toward a swimmer's daily event total.
<p>ENTRY LIMITS:</p>	<p>General:</p> <ul style="list-style-type: none"> • The Meet Director reserves the right to limit entries or heats, or to modify the meet format, to conform to Middle Atlantic session length rules. • If limits become necessary, teams will be notified through their club contact. • If limits are imposed, all eliminated swims will receive a full refund. • Once the meet is full, subsequent entries will be returned and the club contact will be notified. <p>Relay Limits:</p> <ul style="list-style-type: none"> • Each team is limited to ONE relay team per 800 Free Relay event. • Each team is limited to TWO relay teams in all other Relay events. <p>500/1000/1650 Limits:</p> <ul style="list-style-type: none"> • If necessary, limits will be imposed based on seed time, fastest to slowest. • A listing of qualifying swimmers will be posted on the web site prior to the meet. • Teams will not be contacted individually. Please check the web site. • 500 Free - 6 Heats of each event (Approx) • 1000 Free - 4 Heats of each event • 1650 Free - 3 Heats of each event
<p>WARM-UP:</p>	<p>USA Swimming and Middle Atlantic safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</p> <ul style="list-style-type: none"> • The warm-up sessions will be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted on the web site prior to the meet and will be made available to coaches at the meet in their Team Folder at the Main Scoring table (Pool #1). • Sprint/Start lanes will be available during each warm-up period. • No diving or backstroke starts will be permitted except in sprint lanes, when designated. • The referee may remove anyone from the warm-up for failure to comply with the warm-up rules. • Swimmers without a Coach must report to the Meet Director before entering the pool for warm-up, and will be assigned to and supervised by the host club throughout the meet. • Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. • Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet.

START TIMES:	Session		Friday, Saturday & Sunday
	Prelims - AM (13&O)	Warm-up 1	6:30 - 7:10am
		Warm-up 2	7:15 - 7:55am
		Events	8:00am
	Prelims - PM (12&U)	Warm-up	12:30 - 1:25pm
		Events	1:30pm
	Finals	Warm-up	5:00 - 5:55pm
		Events	6:00pm
TIME TRIALS:	<p>Time Trials are subject to time availability and are at the discretion of the Meet Referee.</p> <ul style="list-style-type: none"> • Time Trials, when available, will be offered only at the conclusion of the Prelim Sessions. • Swimmers must sign-up for Time Trials at least 30 minutes before the scheduled end of the session. • Swimmers may Time Trial an event only once per day. • Swimmers are limited to two Time Trial events per day. • Swimmers must be within 0.5 seconds, per 50yds, of the Sectional Time Standard for the event. • <u>Time Trial events will count toward a swimmer's daily maximum event total.</u> <p>\$6.00 per Individual Event \$12.00 per Relay</p>		
DECK ENTRIES:	<u>No Deck Entries</u> will be accepted at this meet.		

SEEDING:

All events in this meet are Prelim/Final events except the 1000 & 1650 Freestyle and all Relay events. These events are Timed Final events.

All events are Pre-Seeded except the 500, 1000 & 1650 Freestyle and all Relays. These events will be Deck Seeded after a Positive Check-in.

All Non-Conforming times will be seeded in accordance with USA Swimming Rulebook section 207.5.10B (1) and (2) on Non-Conforming Times as follows:

- Seeded First - Short Course Yards times
- Seeded Next - Long Course Meter times
- Seeded Last - Short Course Meter times.

Positive Check-in:

- A Positive Check-in is required for the 500, 1000, 1650 Free and all Relays.
- Check-in will be held at the Main Scoring table (Pool #1) for events in both pools.
- Check-in times are noted below.

Positive Check-in Deadlines:

Fri: AM Relays - 9:00am 1000 Free - 10:00am PM Relays - 2:30 PM
Sat: AM Relays - 9:00am 500 Free - 10:00am PM Relays - 2:30 PM
Sun: AM Relays - 9:00am 1650 Free - 10:00am PM Relays - 2:30 PM

500/1000/1650

- The fastest heat of each 1000 & 1650 Free event will be swum as the first event of that evening's Final session.
- All other heats of the 1000 & 1650 Free will be swum at the end of their respective Prelim session.
- Prelim heats of the 1000 & 1650 Free will be swum Fastest-to-Slowest.
- Swimmers in the 1000 & 1650 Free are responsible for providing their own timer and lap counter.
- Swimmers in the 500 Free are responsible for providing only their own lap counter.

HOW TO ENTER:

- **This meet will be swum in SHORT COURSE YARDS.**
- Teams are required to submit entries in the course that the time was swum in.
- Times should not be converted.
- Conforming Times for this meet are Short Course Yard times
- Non-Conforming Times for this meet are Meter times.
- "PROOF OF TIME" must accompany all entries into the 1000 & 1650 Free.

- **A completed [Meet Summary Sheet](#) must accompany each team's entry.**
- Entries should be submitted using the **Team Manager** Events File available on the MA and Trident websites.
- A hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times, must accompany the entry.
- If a HY-Tek file is not possible, the [Official Entry Form](#) & [Relay Entry Form](#) must be used. If entering 5 or more swimmers on these forms, a processing fee of \$3.00 per swimmer must be included.
- Entries with "No Time" (except relays) will be rejected.
- EMAIL Entries – there have been past problems with email entries not being received. Teams should be aware that receipt of emailed entries is the responsibility of the sending team, just as entries via US Mail. Entry check and paperwork of emailed entries must be received by November 18th to hold priority.

- Updates – are acceptable per conditions below. Please email meet director.
 - **Update times – send anytime after lower qualifying time achieved, but before 11/29/05**
 - **Update events – Previously entered swimmers can add events as space available on the day the update is received**
 - **Update swimmers – Previously entered teams can add swimmers as space available on the day the update is received**

As per Middle Atlantic regulations, failure to enter a swimmer's best time could result in suspension from competition for a minimum of three months, but not more than one year. Further violation by a coach, parent, or swimmer could result in that person being forbidden to participate in or attend USA Swimming functions.

ENTRY FEES:

\$3.00 per Individual Event
\$6.00 per Relay Event

Please send ONE check per club, made payable to:
TRIDENT SWIM CLUB

<p>SEND TO:</p>	<p>Tom Nealley - Trident Swim Club c/o HUMC 3050 Marietta Avenue Lancaster, Pa. 17601</p> <p>Signature Waiver: Entries requiring a signature can be delivered Monday through Friday, there is no Saturday delivery! For notification, please enclose a self-address, stamped postcard/envelope that can be returned, or email the Meet Director.</p> <p>Entry questions? Contact Tom Nealley, Meet Director Email: tridentmeet@comcast.net</p>
<p>ENTRY DEADLINE:</p>	<p>Friday - NOVEMBER 18, 2005</p> <p>NO LATE entries will be accepted! NO FAXED entries will be accepted!</p>
<p>RULES:</p>	<p>Scratch Policy:</p> <ul style="list-style-type: none"> • Any swimmer who does not swim a pre-seeded preliminary or a pre-seeded timed-final event will not be penalized. • Any swimmer who positively checks-in for a deck-seeded event and does not swim that event will be barred from their next Individual event, either on the same or next meet day. • Any swimmer who qualifies for A-Finals or B-finals in a Prelim/Final event and does not swim that heat will be barred from the rest of the Meet (including Relays) unless the swimmer has indicated their possible intention to scratch within thirty (30) minutes of the announcement of the Preliminary results, and then confirmed their intention to scratch within thirty (30) minutes of the announcement of the Preliminary results of that swimmer's last individual event at the Preliminary session. • A swimmer who does not confirm their intention will be seeded into the event. • Swimmers who are initially announced as Alternates for A-Finals heat will not be so penalized. <p>Finals:</p> <p>13-14 & Senior Events - A-Finals followed by B-Finals 10&U & 11-12 Events - A-Finals Only</p> <p>Start Procedures:</p> <ul style="list-style-type: none"> • This Meet will be conducted using the No Recall false start rule. • This Meet will also use the whistle command starting procedure. <p>Safety:</p> <ul style="list-style-type: none"> • Current USA Swimming and Middle Atlantic Swimming Safety procedures will be in effect and will be strictly enforced. • DECK CHAIRS: Due to space limitations and facilities requirements, swimmers will not be permitted to bring "chairs" on deck. This rule does NOT apply to coaches. <p>Deck Access:</p> <p>By USA Swimming ruling, deck access is limited to swimmers, coaches, officials & meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck.</p>

EMAIL LIST:**Coaches & Meet Entry Personnel ONLY!**

If you are planning to attend this meet, please send me an email message with your name & your team name to the email address below and I will put you on the Meet E-Mail List. This will ensure that you get any updates, corrections, changes, or announcements that might occur prior to the meet.

Please note, your email does not ensure meet acceptance and does not count as your official entry. Your email is your way of ensuring that you get any new information in a timely manner.

tridentmeet@comcast.net

AWARDS:

Swimmers that achieve a time equal to or better than the Travel Award Standard during this meet will earn a travel money award for their Team. **\$1000.00** will be divided equally among qualifying swims. All monies will be paid to the respective teams by check and mailed to the name and address provided on the **Meet Summary Sheet**. Travel Awards cannot be made to Unattached swimmers. Time Trial swims do not qualify for this award.

Medals & Ribbons will not be mailed. Please pick them up before you leave.

Individual:	Medals	1st thru 3rd
	Ribbons	4th thru 8th
Relays:	Medals	1st thru 3rd

High Point Team First place Team Awards for Women, Men, and Combined.

High Point First place Individual Awards for Senior Women and Men

Individual First place Individual Awards for 13-14 Women and Men

First place Individual Awards for 11-12 Women and Men

First place Individual Awards for 10& U Women and Men

Small Team Award First place combined Team Award

Eligible teams are teams with 20 or less swimmers

SCORING:

The meet will be scored as follows:

- Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
- Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

ADMISSION:**ADMISSIONS:**

- \$2.00 per Prelim Session.
- \$1.00 per Finals Session.
- Children Under 12 enter free.

PROGRAMS:

- There will be two Prelims Session programs available.
- One Prelim Program will contain all 13&Older events and one will contain all 12&Under events.
- **\$9.00 per Prelim Program**
 - **\$15.00 for both Prelims Session programs if bought at the same time**
- **\$1.00 per Finals Program**
- Free Finals Program coupons are available in each Prelim program.

RESULTS:	<ul style="list-style-type: none"> • Final Results will be available on the Trident Swim Club web site in PDF and HY-TEK formats. www.tridentswimclub.org • Results will also be posted on the Middle Atlantic web site. www.maswim.org
TIMERS:	<p>Volunteer Timers will be needed for this meet. Volunteer Sign Up sheet is available for non-Trident parents @ www.tridentswimclub.org Volunteers will receive a refund on their admission fee and a free meal ticket.</p>
PARKING:	<p>There is ample parking provided by two large parking lots located on either side of the facility.</p>
CONCESSION:	<p>Food and Drink will be available for all who attend the meet at all sessions.</p> <p>Hospitality food and drink will be available for coaches and meet officials.</p>
HOTELS:	<ul style="list-style-type: none"> • In town and Suburban options.... <ul style="list-style-type: none"> ○ Comfort Inn, 500 Centerville Rd., Lancaster, Pa., 800-223-8963 ○ Holiday Inn, 521 Greenfield Rd. Lancaster, Pa. 717-299-2551 ○ Eden Resort, 222 Eden Rd., Lancaster, Pa., 717-569-6444 ○ The Sleep Inn, 310 Primrose Lane, Mountville, Pa., 717-285-0444 ○ Hampton Inn, 545 Greenfield Rd., Lancaster, Pa., 717-299-1200 ○ Fairfield Inn, 150 Granite Run Dr., Lancaster, Pa., 717-581-1800 ○ Hilton Garden Inn, 101 Granite Run Drive, Lancaster, PA, 717-560-0880 • Near the Outlets: (For your last minute Holiday shopping pleasure) <ul style="list-style-type: none"> ○ Lancaster Host Resort, 2300 Lincoln Highway East, Lancaster, Pa., 717-299-5500 ○ Ramada Inn, 2250 Lincoln Highway East, Lancaster, Pa., 717-393-5499 ○ Super 8 Motel, 2129 Lincoln Highway East, Lancaster, Pa., 717 393-8888 ○ Travel Inn, 2151 Lincoln Highway East, Lancaster, Pa., 717-299-8971 ○ Howard Johnson, 2100 Lincoln Highway East, Lancaster, Pa., 717-397-7781
DIRECTIONS:	<p>From Baltimore, Washington and points south: Take I-83 to Exit 9 East, which becomes Route 30 East. Follow Route 30 East to Lancaster and exit at the Harrisburg Pike exit. Turn right onto Harrisburg Pike and continue for 1.5 miles to F&M College. From Harrisburg Pike, turn left at first traffic light after passing under student overpass. As you enter the parking lot, McGuinness Pool is located in the Alumni Sports & Fitness Center to your left.</p> <p>From Harrisburg, Pittsburgh and points west: Take the PA Turnpike to Harrisburg (Exit 19) onto Route 283 towards Lancaster. Exit onto Route 30 West and proceed to Harrisburg Pike exit. Turn left onto Harrisburg Pike and drive 1.5 miles to F&M College. From Harrisburg Pike, turn left at first traffic light after passing under student overpass. As you enter the parking lot, McGuinness Pool is located in the Alumni Sports & Fitness Center to your left.</p> <p>From Philadelphia, South Jersey and points east: Take the PA Turnpike to Exit 21 (Lancaster-Reading) and take Route 222 South to Route 30 West. Proceed to Harrisburg Pike Exit. Turn left onto Harrisburg Pike and drive 1.5 miles to F&M College. From Harrisburg Pike, turn left at first traffic light after passing under student overpass. As you enter the parking lot, McGuinness Pool is located in the Alumni Sports & Fitness Center to your left.</p>

Please use the 2005 TM events file provided on the Middle Atlantic and Trident Swim Club websites to set up this meet in Team Manager.

SESSIONS #1 & #2

Friday Morning Prelims, December 9, 2005 – Two Pools

Warm-up: 6:30- 7:55 am

Events: 8:00am

Women's Event #s	Qualifying Time			Event Description	Qualifying Time			Men's Event #s
	SCY	LCM	SCM		SCY	LCM	SCM	
7	1:08.09	1:17.29	1:15.19	13-14 100 Fly	1:03.39	1:11.99	1:10.09	8
9	1:05.99	1:15.19	1:12.89	Senior 100 Fly	1:00.49	1:09.09	1:06.89	10
15	2:14.19	2:32.59	2:28.29	13-14 200 Free	2:05.79	2:24.99	2:18.99	16
17	2:05.09	2:21.99	2:18.29	Senior 200 Free	1:55.79	2:13.19	2:07.89	18
27	5:19.59	6:02.29	5:53.19	13-14 400 IM	5:02.39	5:46.19	5:34.19	28
29	4:59.29	5:40.39	5:30.69	Senior 400 IM	4:37.09	5:16.19	5:06.09	30
35 @	---	---	---	13-14 800 Free Relay	---	---	---	36 @
37 @	---	---	---	15&O 800 Free Relay	---	---	---	38 @
1 &	11:23.89	10:07.59	9:58.49	Senior 1000 Free	10:44.19	9:39.39	9:23.79	2 &

@ - Events are Timed Finals and will be swum only during Prelim session.

& - Events are Timed Finals. Fastest heat will swim in Finals session.

SESSION #3

Friday Afternoon Prelims, December 9, 2005

Warm-up: 12:30- 1:25 pm

Events: 1:30 pm

Women's Event #s	Qualifying Time			Event Description	Qualifying Time			Men's Event #s
	SCY	LCM	SCM		SCY	LCM	SCM	
3	42.99	48.59	47.49	10&U 50 Fly	41.99	46.89	46.39	4
5	32.69	36.59	36.09	11-12 50 Fly	32.39	36.59	35.79	6
11	1:22.09	1:32.99	1:30.69	10&U 100 Free	1:19.99	1:31.09	1:28.29	12
13	1:03.09	1:14.09	1:09.69	11-12 100 Free	1:02.89	1:11.59	1:09.49	14
19	47.79	54.89	52.79	10&U 50 Breast	48.19	55.09	53.29	20
21	37.99	42.09	41.99	11-12 50 Breast	37.59	43.09	41.49	22
23	2:55.99	3:20.59	3:14.49	10&U 200 IM	2:55.29	3:18.89	3:13.69	24
25	2:31.99	2:52.69	2:47.89	11-12 200 IM	2:28.99	2:50.19	2:44.69	26
31 @	---	---	---	10&U 200 Free Relay	---	---	---	32 @
33 @	---	---	---	11-12 400 Free Relay	---	---	---	34 @

@ - Events are Timed Finals and will be swum only during Prelim session.

SESSION #4

Friday Evening Finals, December 9, 2005

Warm-up: 5:00- 5:55 pm

Events 6:00 pm

1	Senior 1000 Free	2
3	10&U 50 Fly	4
5	11-12 50 Fly	6
7	13-14 100 Fly	8
9	Senior 100 Fly	10
11	10&U 100 Free	12
13	11-12 100 Free	14
15	13-14 200 Free	16
17	Senior 200 Free	18
19	10&U 50 Breast	20
21	11-12 50 Breast	22
23	10&U 200 IM	24
25	11-12 200 IM	26
27	13-14 400 IM	28
29	Senior 400 IM	30

SESSIONS #5 & #6

Saturday Morning Prelims, December 10, 2005 – Two Pools

Warm-up: 6:30- 7:55 am

Events: 8:00am

Women's Event #s	Qualifying Time			Event Description	Qualifying Time			Men's Event #s
	SCY	LCM	SCM		SCY	LCM	SCM	
39	2:20.89	2:41.19	2:35.59	Senior 200 IM	2:09.99	2:30.59	2:23.69	40
41	2:31.29	2:52.39	2:47.19	13-14 200 IM	2:21.89	2:42.79	2:36.69	42
47	26.99	30.79	29.79	Senior 50 Free	24.29	28.09	26.89	48
49	28.69	32.79	31.69	13-14 50 Free	26.59	30.59	29.39	50
55	2:44.79	3:08.59	3:02.09	Senior 200 Breast	2:30.09	2:54.29	2:45.89	56
57	2:47.99	3:11.99	3:05.69	13-14 200 Breast	2:36.29	3:02.39	2:52.69	58
63	1:04.19	1:14.59	1:10.89	Senior 100 Back	58.79	1:08.69	1:04.89	64
65	1:08.69	1:20.09	1:15.89	13-14 100 Back	1:04.89	1:15.09	1:11.69	66
71	5:31.79	4:56.49	4:50.29	Senior 500 Free	5:11.69	4:41.09	4:32.79	72
73	5:38.29	5:03.49	4:55.99	13-14 500 Free	5:25.29	4:52.89	4:44.69	74
79 @	---	---	---	15&O 400 Med Relay	---	---	---	80 @
81 @	---	---	---	13-14 400 Med Relay	---	---	---	82 @

@ - Events are Timed Finals and will be swum only during prelim session.

SESSION #7

Saturday Afternoon Prelims, December 10, 2005

Warm-up: 12:30- 1:25 pm

Events: 1:30 pm

Women's Event #s	Qualifying Time			Event Description	Qualifying Time			Men's Event #s
	SCY	LCM	SCM		SCY	LCM	SCM	
43	1:14.09	---	1:21.89	11-12 100 IM	1:12.19	---	1:19.69	44
45	1:23.19	---	1:31.89	10&U 100 IM	1:21.29	---	1:29.79	46
51	29.79	33.69	32.89	11-12 50 Free	28.59	32.99	31.59	52
53	36.19	40.89	39.99	10&U 50 Free	35.59	40.39	39.29	54
59	1:22.19	1:33.79	1:30.79	11-12 100 Breast	1:21.09	1:33.59	1:29.59	60
61	1:46.69	2:02.39	1:57.89	10&U 100 Breast	1:44.79	1:59.79	1:55.79	62
67	34.29	39.19	37.89	11-12 50 Back	33.69	38.79	37.29	68
69	43.49	49.89	48.09	10&U 50 Back	43.89	50.49	48.49	70
75 @	---	---	---	10&U 200 Med Relay	---	---	---	76 @
77 @	---	---	---	11-12 200 Med Relay	---	---	---	78 @

@ - Events are Timed Finals and will be swum only during Prelim session.

SESSION #8

Saturday Evening Finals, December 10, 2005

Warm-up: 5:00- 5:55 pm

Events 6:00 pm

39	Senior 200 IM	40
41	13-14 200 IM	42
43	11-12 100 IM	44
45	10&U 100 IM	46
47	Senior 50 Free	48
49	13-14 50 Free	50
51	11-12 50 Free	52
53	10&U 50 Free	54
55	Senior 200 Breast	56
57	13-14 200 Breast	58
59	11-12 100 Breast	60
61	10&U 100 Breast	62
63	Senior 100 Back	64
65	13-14 100 Back	66
67	11-12 50 Back	68
69	10&U 50 Back	70
71	Senior 500 Free	72
73	13-14 500 Free	74

SESSION #9 & 10

Sunday Morning Prelims, December 11, 2005 – Two Pools

Warm-up: 6:30- 7:55 am

Events: 8:00am

Women's Event #s	Qualifying Time			Event Description	Qualifying Time			Men's Event #s
	SCY	LCM	SCM		SCY	LCM	SCM	
89	2:27.29	2:51.39	2:42.79	13-14 200 Back	2:19.49	2:41.59	2:34.19	90
91	2:17.89	2:39.39	2:32.39	Senior 200 Back	2:07.09	2:27.89	2:20.49	92
97	1:02.19	1:11.09	1:08.79	13-14 100 Free	57.99	1:06.59	1:04.09	98
99	58.19	1:06.29	1:04.29	Senior 100 Free	53.09	1:01.39	58.69	100
101	1:17.99	1:29.09	1:26.19	13-14 100 Breast	1:12.29	1:23.59	1:19.89	102
103	1:16.39	1:27.59	1:24.39	Senior 100 Breast	1:09.19	1:20.59	1:16.49	104
109	2:28.59	2:49.49	2:44.19	13-14 200 Fly	2:20.79	2:39.89	2:35.59	110
111	2:24.19	2:42.39	2:39.39	Senior 200 Fly	2:14.39	2:32.19	2:28.49	112
117 @	---	---	---	13-14 400 Free Relay	---	---	---	118 @
119 @	---	---	---	15&O 400 Free Relay	---	---	---	120 @
83 &	18:58.69	19:26.39	18:52.09	Senior 1650 Free	18:00.99	18:34.49	17:54.69	84 &

@ - Events are Timed Finals and will be swum only during Prelim session.

& - Events are Timed Finals. Fastest heat will swim in Finals session.

SESSION #11

Sunday Afternoon Prelims, December 11, 2005

Warm-up: 12:30- 1:25 pm

Events: 1:30 pm

Women's Event #s	Qualifying Time			Event Description	Qualifying Time			Men's Event #s
	SCY	LCM	SCM		SCY	LCM	SCM	
85	1:33.99	1:48.89	1:43.79	10&U 100 Back	1:32.49	1:46.09	1:42.19	86
87	1:14.89	1:26.29	1:22.79	11-12 100 Back	1:12.29	1:23.59	1:19.89	88
93	2:36.39	2:58.69	2:52.79	10&U 200 Free	2:31.89	2:52.39	2:47.89	94
95	2:14.29	2:32.49	2:28.39	11-12 200 Free	2:10.89	2:29.19	2:24.59	96
105	1:42.09	1:56.19	1:52.79	10&U 100 Fly	1:40.59	1:53.99	1:51.09	106
107	1:13.59	1:22.89	1:21.29	11-12 100 Fly	1:12.19	1:22.09	1:19.79	108
113 @	---	---	---	10&U 400 Free Relay	---	---	---	114 @
115 @	---	---	---	11-12 400 Med Relay	---	---	---	116 @

@ - Events are Timed Finals and will be swum only during prelim session.

SESSION #12

Sunday Evening Finals, December 11, 2005

Warm-up: 5:00- 5:55 pm**Events 6:00 pm**

83	Senior 1650 Free	84
85	10&U 100 Back	86
87	11-12 100 Back	88
89	13-14 200 Back	90
91	Senior 200 Back	92
93	10&U 200 Free	94
95	11-12 200 Free	96
97	13-14 100 Free	98
99	Senior 100 Free	100
101	13-14 100 Breast	102
103	Senior 100 Breast	104
105	10&U 100 Fly	106
107	11-12 100 Fly	108
109	13-14 200 Fly	110
111	Senior 200 Fly	112

2005 TYR/HOLIDAY CLASSIC MEET SUMMARY SHEET

Team Name: _____ Team Code: _____

Head Coach: _____ LSC Code: _____

Entry Contact: _____ Phone#: _____

Mailing Address: _____

Email Address: _____

ENTRY SUMMARY:

	Swimmers	Events	Relays
12&Under:	_____	_____	_____
13&Older:	_____	_____	_____
TOTALS:	_____	_____	_____

Mail To:
Tom Nealley - Trident Swim Club
c/o HUMC
3050 Marietta Ave.
Lancaster, PA 17601

FEE SUMMARY:

Total Individual Events: _____ X \$3.00 = _____

Total Relay Events: _____ X \$6.00 = _____

Manual Entry Processing Fee if over 5 swimmers: _____ X \$3.00 = _____

TOTAL DUE: \$ _____

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

 Signature of head coach or authorized team representative