

BIG CAT AQUATICS

LAST CHANCE

A/BB/C MINI

February 25 - 26, 2006

Held under the Sanction of USA Swimming

Sanctioned by Middle Atlantic Swimming, Inc.

Sanction # MA 0642 A and MA 0643 M

LOCATION	McCoy Natatorium at The Pennsylvania State University, University Park, Pennsylvania. Approximately 1-1/2 hrs. From Harrisburg; 3-1/2 hrs. From Philadelphia; and 3 hrs. From Pittsburgh.
FACILITIES	Penn State University, McCoy Natatorium, State College, PA, 25 yd, 6 lane pool, non-turbulent lane lines, Colorado Timing System with a 6 lane display. Water depth at the starting end is 9 feet. FOOD: A limited selection of food and apparel will be available throughout the meet. PARKING: Will be available in lots close to Natatorium. Penn State University controls all parking and fees.
MEET DIRECTOR	Stephanie Rozick, 5249 W. Buffalo Run Rd Port Matilda, PA 16870, (814) 234-8955, e-mail bcatmeet@adelphia.net
SAFETY DIRECTOR	Mary Lou Houck , Day of meet ONLY, Emergency phone# 814-865-1433.
OFFICIALS	Meet Referee: Floyd Howell Anyone interested in helping with the meet as a USS certified official should contact Floyd Howell @ mzh4@psu.edu
ELIGIBILITY	Open to all 2006 USA Swimming registered swimmers. Swimmers age as of February 25, 2006 will apply for the entire meet. The 2006 United States Swimming rules will apply.
ENTRY LIMITATIONS	The meet director reserves the right to change the meet format if necessary to conduct each meet session in a four hour time limit. If the meet should fill, all unprocessed entries will be returned with a full refund of fees. Swimmers may enter a maximum of 5 events per day. Over/Under Starts will be used if the meet is oversubscribed.

WARM-UP & START TIMES QUALIFYING TIMES	<p>General warm ups will be held. Sprint and pace lanes will be assigned during warm ups. Warm down lanes will be available in the 25 meter pool during the meet.</p> <p>Due to safety issues 8 and under swimmers will be assigned to a separate lane for warm up.</p> <p>Dates and Times</p> <p>Saturday, Feb. 25 Session 1 Warm up 7:30 am Meet Start 9:00am Saturday, Feb. 25 Session 2 Warm up 1:30 pm Meet Start 2:15 pm</p> <p>Sunday, Feb. 26 Session 3 Warm up 7:30 am Meet Start 9:00 am Sunday, Feb. 26 Session 4 Warm up 1:30 pm Meet Start 2:15 pm</p>
DECK ENTRIES /TIME TRIALS	<p>Deck entries, if time permits, are \$6.00 per event. Deck- entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. Swimmers not already entered in the meet must provide proof of USA Swimming registration.</p>
SWIMMERS WITHOUT A COACH	<p>Swimmers without a coach should report to the meet director before the warm-up of each session.</p>
SEEDING	<p>All events are pre-seeded, timed finals with the exception of the 500 Freestyle and the 400 IM. Positive check in is required for the 500 Freestyle and the 400 IM. The MA Scratch policy will be enforced. Policy stated below under Rules</p>
HOW TO ENTER	<p>ENTRIES/FEEES: Swimmers failing to enter best times will result in MA Swimming imposed penalties. Entries and fees must be accompanied by the MASTER ENTRY FORMS or HY-TEK DISK with hard copy print out. No entries will be processed until fees are received. No entries will be accepted if they do not have the hard copy print out.</p> <p>Times must be submitted in the course in which they were achieved. Request signature waiver if using express mail. We request each club remit ONE check made payable to "BCAT" to cover team entry fees.</p> <p>Email entries supercede all other forms of entry.</p>
ENTRY FEES	<p>Entry fees are \$3.00 per individual event. Deck entries, if accepted, are \$6.00. Deck entries must be submitted to the meet director prior to the start of each session.</p>
SEND ENTRIES TO	<p>Stephanie Rozick, 5249 W. Buffalo Run Rd. Port Matilda, PA 16870, (814-234-8955), E-mail: bcatmeet@adelphia.net. Request signature waiver if needed.</p>
ENTRY DEADLINE	<p>Entries must be received no later than 5:00 pm February 14, 2006. Entries with accompanying fees will be processed in the order of receipt. If the meet should fill, all unprocessed entries and fees will be returned. "No late entries will be accepted".</p>

<p>RULES</p>	<p>USA Swimming / Middle Atlantic Swimming rules shall apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on the pool deck. This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>MA Swimming Scratch Policy: Deck Seeded Events: Any swimmer who has positively checked in for a deck seeded event and then does not swim that event will be barred from swimming the next individual event in which the swimmer is entered, whether on the same or later meet day.</p>
<p>SCORING & AWARDS</p>	<p>Award levels will be determined by entry times. “A” Awards: Medals 1st-3rd Ribbons 4th-6th “BB” Awards: Rosettes 1st-3rd Ribbons 4th-6th “C” Awards: Ribbons 1st-6^t</p>
<p>PROGRAMS & ADMISSION</p>	<p>Admission \$2 per session, children 12 and under admitted free. Programs \$7 for the entire meet.</p>
<p>RESULTS</p>	<p>Results will be posted on the Middle Atlantic Swimming website, www.maswim.org.</p>
<p>DIRECTIONS</p>	<p><u>EAST</u> -- Pennsylvania Turnpike to Harrisburg Exit 19 Head to Lewistown - Routes 83N to 81W to 322 West to State College. At Boalsburg stay on 322 West (Mt. Nittany Expressway) to Penn State Exit. Go left onto Park Ave., follow to second light past stadium. Turn left onto campus. Pool is past first stop sign, on the left.</p> <p><u>SOUTH</u> -- 83 North to Harrisburg. From Harrisburg, same as above.</p> <p><u>WEST</u> -- Route 22 to Route 220N, then Route 322E until the Penn State Exit. Go right onto Park Avenue, follow directions under EAST.</p>
<p>ACCOMODATIONS</p>	<p><u>Days Inn Penn State</u> (814-238-8454) or (800-258-3297), 240 Pugh St., State College. <u>Motel 6</u> (814-234-1600), 1274 N. Atherton St., State College.</p> <p><u>Hampton Inn</u> (814-231-1590) or (800-426-7866), 1101 East College Ave., State College.</p> <p><u>Courtyard By Marriott</u> (814-238-1881) or (800-321-2211), 1730 University Dr. State College.</p> <p><u>Autoport</u> (814-237-7666) Business Route 322, State College.</p> <p><u>Super 8</u> (814-237-8005) S. Atherton St. & Branch Rd., State College.</p> <p><u>Ramada Inn</u> (814-238-3001) or (800-2RAMADA), 1450 S. Atherton St., State College.</p> <p><u>Nittany Lion Inn</u> (814-865-8500), 200 West Park Ave., State.</p> <p><u>Nittany Budget Motel</u> (814-238-0015), 1274 N. Atherton St., State College.</p> <p><u>Sleep Inn</u> (814-235-1020), 111 Village Dr., State College.</p> <p><u>The Penn Stater</u>, (814-863-5000), 215 Innovation Blvd., Penn State Research Park, State College.</p>

SESSION 1 EVENTS

1	W 13-14	200 FLY
2	M 13-14	200 FLY
3	W 15 & OVER	200 FLY
4	M 15 & OVER	200 FLY
5	W 13-14	200 FREE
6	M 13-14	200 FREE
7	W 15 & OVER	200 FREE
8	M 15 & OVER	200 FREE
9	W 13-14	200 BREAST
10	M 13-14	200 BREAST
11	W 15 & OVER	200 BREAST
12	M 15 & OVER	200 BREAST
13	W 13-14	100 BACK
14	M 13-14	100 BACK
15	W 15 & OVER	100 BACK
16	M 15 & OVER	100 BACK
17	W 13-14	50 FREE
18	M 13-14	50 FREE
19	W 15 & OVER	50 FREE
20	M 15 & OVER	50 FREE
21	W SENIOR	400 IM
22	M SENIOR	400 IM

SESSION 2 EVENTS

23	W 8 - U	100 FREE
24	M 8 - U	100 FREE
25	W 9 - 10	100 FREE
26	M 9 - 10	100 FREE
27	W 11-12	50 FREE
28	M 11-12	50 FREE
29	W 9 - 10	50 BACK
30	M 9 - 10	50 BACK
31	W 11-12	100 BACK
32	M 11-12	100 BACK
33	W 8 - U	50 BACK
34	M 8 - U	50 BACK
35	W 11 -12	200 BREAST
36	M 11-12	200 BREAST
37	W 9 - 10	100 BREAST
38	M 9 - 10	100 BREAST
39	W 11 -12	50 BREAST
40	M 11-12	50 BREAST
41	W 9 - 10	100 FLY
42	M 9 - 10	100 FLY
43	W 11-12	200 FLY
44	M 11-12	200 FLY
45	W 11-12	50 FLY
46	M 11-12	50 FLY
47	W 8 - U	50 FLY
48	M 8 - U	50 FLY
49	W 9 - 10	100 IM
50	M 9 - 10	100 IM
51	W 11-12	200 IM
52	M 11-12	200IM

SESSION 3 EVENTS:

53	W 13-14	100 FREE
54	M 13-14	100 FREE
55	W 15 & OVER	100 FREE
56	M 15 & OVER	100FREE
57	W 13-14	100 BREAST
58	M 13-14	100 BREAST
59	W 15 & OVER	100 BREAST
60	M 15 & OVER	100 BREAST
61	W 13-14	200 BACK
62	M 13-14	200 BACK
63	W 15 & OVER	200 BACK
64	M 15 & OVER	200 BACK
65	W 13-14	100 FLY
66	M 13-14	100 FLY
67	W 15 & OVER	100 FLY
68	M 15 & OVER	100 FLY
69	W 13-14	200 IM
70	M 13-14	200 IM
71	W 15 & OVER	200 IM
72	M 15 & OVER	200 IM
73	W SENIOR	500 FREE
74	M SENIOR	500 FREE

SESSION 4 EVENTS:

75	W 8 - U	50 FREE
76	M 8 - U	50 FREE
77	W 9 - 10	50 FREE
78	M 9 - 10	50 FREE
79	W 11-12	100 FREE
80	M 11-12	100 FREE
81	W 9 - 10	100 BACK
82	M 9 - 10	100 BACK
83	W 11-12	50 BACK
84	M 11-12	50 BACK
85	W 11-12	200 BACK
86	M 11-12	200 BACK
87	W 8 - U	50 BREAST
88	M 8 - U	50 BREAST
89	W 9 - 10	50 BREAST
90	M 9 - 10	50 BREAST
91	W 11-12	100 BREAST
92	M 11-12	100 BREAST
93	W 9 - 10	50 FLY
94	M 9 - 10	50 FLY
95	W 11-12	100 FLY
96	M 11-12	100 FLY
97	W 9-12	200 FREE
98	M 9-12	200 FREE
99	W 8 - U	100 IM
100	M 8 - U	100 IM
101	W 9 - 10	200 IM
102	M 9 - 10	200 IM
103	W 11-12	100 IM
104	M 11-12	100 IM

FINANCIAL SUMMARY

ENTRIES WILL NOT BE PROCESSED WITHOUT THE FOLLOWING INFORMATION

Team Name: Team Code: _____

Head Coach: _____

Coach's Address: _____

City: _____ State: _____ Zip Code: _____

Phone: Home () _____ Office () _____ e-mail: _____

Person and address designated to receive entry limitation information, if needed:

Name: _____ Phone: _____ Fax: _____

(VERY IMPORTANT) e-mail: _____

Mail Entries to: **Stephanie Rozick 5249 W. Buffalo Run Rd Port Matilda PA 16870**

ENTRY DEADLINE: Received by 5:00 pm, February 14, 2006

Please make check payable to **BCAT**. One check per club, please.

ENTRY FEES:

_____ Women's Individual events @ \$3.00	\$ _____
_____ Men's Individual events @ \$3.00	\$ _____
_____ Surcharge @ \$5.00 per swimmer (For non-disk entry of 5 or more swimmers only)	\$ _____
TOTAL	\$ _____

NUMBER OF SWIMMERS: **13-Over:** Sat. _____ Sun. _____

12-Under: Sat. _____ Sun. _____

TOTAL NUMBER OF SWIMMERS ENTERED IN MEET: _____

Coach's Signature: _____

