

Delaware Swim Team

Presents their

Sweetheart Mini Meet

February 11-12, 2006

Held under the Sanction of USA Swimming
 Sanctioned by Middle Atlantic Swimming, Inc.
 Sanction # MA 0673 M

LOCATION	<p>McKean High School 310 McKennans Church Road Wilmington, DE 19808</p> <p>Day of meet ONLY emergency phone # 302-995-5135</p>
FACILITIES	<p>A 6 lane, 25 yard indoor pool with electronic timing, judging system, and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29".</p> <p>Seating Capacity: 500</p> <p>Parking: Large lot adjoining pool facility</p> <p>Refreshments: Snack Bar & Coach/Volunteer hospitality area will be provided.</p>
MEET REFEREE	Kent Steeves 302-465-0118 e-mail: makk4@verizon.net
MEET DIRECTOR	Pete Nellius 302-388-3456 e-mail: pnellius@bcconsulting.org
SAFETY DIRECTOR	Michael Ramone 302-652-4378 e-mail: miker@freestyles.org
OFFICIALS	Please contact our Meet Director, Pete Nellius, if you are able to officiate.
SEEDING	This is a pre-seeded, timed final mini meet.
ELIGIBILITY	<p>This meet is open to all swimmers registered with USA Swimming. Swimmer age is as of February 11, 2006. No proof of time is required as there are no qualifying times.</p> <p>Swimmers may enter a maximum of 5 individual events per day</p>
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund or offered alternate event placement.

<p>ORDER OF EVENTS</p> <p>WARM-UP PROCEDURES & START TIMES</p>	<p>See attached sheet listing the order of events and event numbers.</p> <p>Warm-up: NO DIVING OFF BLOCKS OR THE EDGE OF THE POOL during th time. The last 10 minutes of each session will be sprints, with all starts beginnin at the starting block end of the pool. Swimmers must swim one length of th pool and exit the pool at the opposite end. Swimmers must be under the direc supervision of a currently registered USA Swimming coach. Lane assignments fo warm-up will be posted at the meet.</p> <p style="text-align: center;"><u>Warm-up Schedule</u></p> <table style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th></th> <th style="text-align: center;">Warm-up Time</th> <th style="text-align: center;">Start Time</th> </tr> </thead> <tbody> <tr> <td>Sat - Session I</td> <td style="text-align: center;">No Earlier Than 11:45 AM</td> <td style="text-align: center;">No Earlier Than 12:30 PM</td> </tr> <tr> <td>Sun- Session II</td> <td style="text-align: center;">No Earlier Than 12:15 AM</td> <td style="text-align: center;">No Earlier Than 1:00 PM</td> </tr> </tbody> </table>		Warm-up Time	Start Time	Sat - Session I	No Earlier Than 11:45 AM	No Earlier Than 12:30 PM	Sun- Session II	No Earlier Than 12:15 AM	No Earlier Than 1:00 PM
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<p>DECK ENTRIES</p>	<p>Subject to space availability, and at the discretion of the Meet Director, dec entries will be accepted on the day of the meet, prior to the start of each session at the cost of \$6.00 per event. Swimmers not previously entered in the meet w be required to provide proof of current USA Swimming registration. Dec entered swimmers will compete unofficially; the achieved time is official, but w not score in the meet for points or awards. To enter, please see the Met Director before or during warm-ups.</p>									
<p>SWIMMERS WITHOUT A COACH</p>	<p>Swimmers unaccompanied by a credentialed USA Swimming coach shoul report to the Meet Director before the warm-up for each session.</p>									
<p>HOW TO ENTER</p>	<p>Entry times are to be submitted in the course in which they were achieved: LCM SCM, or SCY. Times submitted in a course other than SCY will not be treated a non-conforming times. "NO TIMES" will be accepted.</p> <p>All entries must be submitted manually on the attached DST non-computer enti form (Swimmer's USA Swimming Registration number must be clearly includec OR on a 3 ½ " disk. If you have Team Manager, submit a printout of the met entries by name.</p> <p>You must complete the DST Meet Summary Form and mail with the enti whether you use the disk entry or the manual entry form. A club contact perso must be listed on the entry summary form, including an e-mail address. A \$5.0 surcharge per swimmer will be imposed on teams that have submitted a nor computer entry with ten or more swimmers. This processing fee must b included with your entries.</p>									
<p>ENTRY FEES</p>	<p>\$3.00 PER INDIVIDUAL EVENT</p>									

SEND ENTRIES TO	<p>Delaware Swim Team Booster Club (Make all checks payable to "Delaware Swim Team Booster Club") c/o Kathy Drysdale/Meet Entries 2150 New Castle Avenue New Castle, DE. 19720</p> <p>Any questions regarding entry forms should be directed to Kathy Drysdale: Phone: 302-652-4378 E-mail: kathyd@freestyles.org Fax: 302-652-5343</p>
ENTRY DEADLINE	Monday, January 30, 2006.
RULES	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p>
SCORING & AWARDS	<p>All events will be scored by the following age groups for awards: 8 year olds, 7 year olds, 6 & Unders. Rosettes will be awarded for 1st thru 3rd places, ribbons for 4th thru 12th places.</p>
PROGRAMS & ADMISSION VOLUNTEERS	<p>\$3.00</p> <p>A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.</p>
RESULTS	<p>Will be posted on the DST website: www.delawareswimteam.com and the Middle Atlantic website: www.maswim.org</p>
DIRECTIONS	<p>From Philadelphia & NJ - Take I-95 South (follow signs for Baltimore) to Exit 4B: Churchman's Crossing/Stanton (Rt 58 & 7) Bear right at top of ramp. Turn right on Route 7 North. Proceed on Route 7 North, cross Route 2, and bear right at Mealy's Funeral Home on to McKennan's Road. Continue straight until you come to McKean High School. Entrance on the left.</p>
ACCOMMODATIONS	<p>Contact Kathy Drysdale at DST 302-652-4378 for referrals</p>

**DELAWARE SWIM TEAM'S
SWEETHEART MINI MEET
FEBRUARY 11-12, 2006**

**Meet Summary Form
This Form Must Accompany All Entries**

Team Name _____ **Code** _____

Coach _____ **E-Mail** _____ **Phone #** _____

Address _____ **City** _____ **State** _____ **Zip** _____

Contact Person _____ **E-Mail** _____ **Phone** _____

of Girl Swimmers _____

Individual Girl Entries _____ X 3.00 = \$ _____

of Boy Swimmers _____

Individual Boy Entries _____ X 3.00 = \$ _____

Swimmer Surcharge If Applicable

Total # Swimmers _____ X \$5.00 = \$ _____

Total Amount Enclosed: \$ _____

Make Checks Payable to: Delaware Swim Team Booster Club

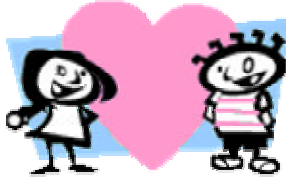
**Mail Entries to: Delaware Swim Team Booster Club
c/o Kathy Drysdale/Meet Entries
2150 New Castle Avenue
New Castle, DE 19720**

Phone: (302) 652-4378

Entry Deadline: January 30, 2006.

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY

DST SWEETHEART MINI MEET



February 11-12, 2006

SESSION 1 - Saturday

Warm-up: No earlier than 11:45 AM Start: No earlier than 12:30 PM

Women		Men
1	8 & Under 200 Free	2
3	8 Year Old 25 Breast	4
5	7 Year Old 25 Breast	6
7	6 & under 25 Breast	8
9	8 & Under 100 Yard Breast	10
11	8 Year Old 50 Fly	12
13	7 Year Old 50 Fly	14
15	6 & under 50 Fly	16
17	8 Year Old 50 Free	18
19	7 Year Old 50 Free	20
21	6 & under 50 Free	22
23	8 Year Old 25 Back	24
25	7 Year Old 25 Back	26
27	6 & under 25 Back	28
29	8 & under 100 Back	30
31	8 & under 100 IM	32
33	8 & Under 200 Free Relay	34

SESSION 2 - Sunday

No earlier than 12:15 PM Start: No earlier than 1:00 PM

35	8 & Under 200 IM	36
37	8 Year Old 25 Free	38
39	7 Year Old 25 Free	40
41	6 & under 25 Free	42
43	8 Year Old 50 Breast	44
45	7 Year Old 50 Breast	46
47	6 & under 50 Breast	48
49	8 Year Old 50 Back	50
51	7 Year Old 50 Back	52
53	6 & under 50 Back	54
55	8 Year Old 25 Fly	56
57	7 Year Old 25 Fly	58
59	6 & under 25 Fly	60
61	8 & under 100 Fly	62
63	8 & Under 100 Free	64
65	8 & Under 200 Medley Relay	66

