

Delaware Swim Team

Presents their

Sweetheart A/BB/C Meet

February 11th-12th, 2006

Held under the Sanction of USA Swimming
 Sanctioned by Middle Atlantic Swimming, Inc.
 Sanction # MA 0672 A

LOCATION	<p>McKean High School 310 McKennans Church Road Wilmington, DE 19808</p> <p>Day of meet ONLY emergency phone # 302-995-5135</p>
FACILITIES	<p>A 6 lane, 25 yard indoor pool with electronic timing, judging system, and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29".</p> <p>Seating Capacity: 500</p> <p>Parking: Large lot adjoining pool facility</p> <p>Refreshments: Snack Bar & Coach/Volunteer hospitality area will be provided.</p>
MEET REFEREE	Kent Steeves 302-465-0118 e-mail: makk4@verizon.net
MEET DIRECTOR	Pete Nellius 302-388-3456 e-mail: pnellius@aol.com
SAFETY DIRECTOR	Michael Ramone 302-652-4378 e-mail: miker@freestyles.org
OFFICIALS	Please contact our Meet Director, Pete Nellius, if you are able to officiate.
SEEDING	This is a pre-seeded, timed final A/BB/C meet.
ELIGIBILITY	<p>This meet is open to all swimmers registered with USA Swimming. Swimmer's age is as of February 11, 2006. No proof of time is required as there are no qualifying times. Senior events are open to all 9 & over swimmers, but will be scored by age group for awards.</p> <p>Swimmers may enter a maximum of 5 individual events per day</p>
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund or offered alternate event placement.

ORDER OF EVENTS

See attached sheet listing the order of events and event numbers.

WARM-UP PROCEDURES & START TIMES

Warm-up: NO DIVING OFF BLOCKS OR THE EDGE OF THE POOL during this time. The last 10 minutes of each session will be sprints, with all starts beginning at the starting block end of the pool. Swimmers must swim one length of the pool and exit the pool at the opposite end. Swimmers must be under the direct supervision of a currently registered USA Swimming coach. Lane assignments for warm-up will be posted at the meet.

**Warm-up/Start Schedule
Saturday & Sunday**

		Warm-Up Time	Start Time
Session 1 - Sat	9-12 & Senior	No earlier than 4:00 PM	No earlier than 4:45 PM
Session 2 - Sun	9-12 & Senior	No earlier than 7:00 AM	No earlier than 7:45 AM
Session 3 - Sun.	9-12 & Senior	No earlier than 3:45 PM	No earlier than 4:30 PM

DECK ENTRIES

Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$6.00 per event. **Swimmers not previously entered in the meet will be required to provide proof of current USA Swimming registration.** Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.

SWIMMERS WITHOUT A COACH

Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director before the warm-up for each session.

HOW TO ENTER

Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.

All entries must be submitted manually on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR on a 3 ½ " disk. If you have Team Manager, submit a printout of the meet entries by name.

You must complete the DST **Meet Summary Form** and mail with the entry whether you use the disk entry or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a non-computer entry with ten or more swimmers. This processing fee must be included with your entries.

ENTRY FEES

\$3.00 PER INDIVIDUAL EVENT

<p>SEND ENTRIES TO</p>	<p>Delaware Swim Team Booster Club (Make all checks payable to "Delaware Swim Team Booster Club") c/o Kathy Drysdale/Meet Entries 2150 New Castle Avenue New Castle, DE. 19720</p> <p>Any questions regarding entry forms should be directed to Kathy Drysdale: Phone: 302-652-4378 E-mail: kathyd@freestyles.org Fax: 302-652-5343</p>
<p>ENTRY DEADLINE</p>	<p>Monday, January 30, 2006.</p>
<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p>
<p>SCORING & AWARDS</p>	<p>Awards will be given for 9/10 and 11/12 Swimmers Only: All events will be scored by age group for awards as follows:</p> <p>Swimmers entered with USA "A" times –Medals 1st – 3rd places, Ribbons 4th – 6th Swimmers entered with USA "BB" times–Rosettes 1st – 3rd places, Ribbons 4th –6th places Swimmers entered with USA "C" times –Ribbons 1st – 6th places</p>
<p>PROGRAMS & ADMISSION</p> <p>VOLUNTEERS</p>	<p>\$3.00 Per Session</p> <p>A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.</p>
<p>RESULTS</p>	<p>Will be posted on the DST website: www.delawareswimteam.com and the Middle Atlantic website: www.maswim.org</p>
<p>DIRECTIONS</p>	<p>From Philadelphia & NJ - Take I-95 South (follow signs for Baltimore) to Exit 4B: Churchman's Crossing/Stanton (Rt 58 & 7) Bear right at top of ramp. Turn right on Route 7 North. Proceed on Route 7 North, cross Route 2, and bear right at Mealy's Funeral Home on to McKennan's Road. Continue straight until you come to McKean High School. Entrance on the left.</p>
<p>ACCOMODATIONS</p>	<p>Contact Kathy Drysdale at DST 302-652-4378 for referrals</p>

**DELAWARE SWIM TEAM'S
SWEETHEART A/BB/C MEET
FEBRUARY 11-12, 2006**

*Meet Summary Form
This Form Must Accompany All Entries*

Team Name _____ Code _____

Coach _____ E-Mail _____ Phone # _____

Address _____ City _____ State _____ Zip _____

Contact Person _____ E-mail _____ Phone _____

of Girl Swimmers _____

Individual Girl Entries _____ X 3.00 = \$ _____

of Boy Swimmers _____

Individual Boy Entries _____ X 3.00 = \$ _____

Swimmer Surcharge If Applicable

Total # Swimmers _____ X \$5.00 = \$ _____

Total Amount Enclosed: \$ _____

Make Checks Payable to: Delaware Swim Team Booster

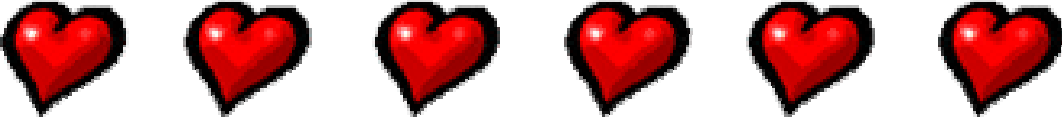
Club

**Mail Entries to: Delaware Swim Team Booster Club
c/o Kathy Drysdale/Meet Entries
2150 New Castle Avenue
New Castle, DE 19720**

Phone: (302) 652-4378

Entry Deadline: JANUARY 30, 2006.

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY



DST SWEETHEART A/BB/C MEET

Saturday, Feb 11th

Warm-up: No Earlier than 4:00 PM Start: No earlier than 4:45 PM

Girls	Event	Boys
1	Senior 200 Back	2
3	9-12 100 IM	4
5	Senior 200 Fly	6
7	Senior 100 Breast	8
9	Senior 50 Free	10
11	Senior 400 IM	12

Sunday, Feb 12th

Warm-up: No Earlier than 7:00 AM Start: No earlier than 7:45 AM

Girls	Event	Boys
13	Senior 200 Free	14
15	Senior 100 Fly	16
17	9-12 50 Breast	18
19	Senior 100 Back	20
21	Senior 500 Free	22

Sunday, Feb 12th

Warm-up: No earlier than 3:45 PM Start: No earlier than 4:30 PM

Girls	Event	Boys
23	9-12 50 Fly	24
25	Senior 200 Breast	26
27	9-12 50 Back	28
29	Senior 100 Free	30
31	Senior 200 IM	32

