

GOLDEN RAM AQUATICS

MINI MEET

FEBRUARY 12, 2006

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.

Sanction # MA 0631 M

LOCATION	West Chester University, South Campus Pool S. New Street West Chester, PA 19380 Day of meet ONLY emergency phone 610-436-2127
FACILITIES	Golden Ram Aquatics has a 6 lane pool, 25 yd., 8 ft. deep at both ends with Competitor Anti-Wave lane lines. Omega timing equipment with a 6 lane scoreboard is utilized. There is a separate 6 lane warm-up pool. Seating capacity is 750. Large on-site parking is free. Refreshments and snack bar will be available during the meet. There will also be a hospitality room available for coaches, officials and volunteers working the meet.
MEET DIRECTOR	Bill Krapf 610-388-3609 jjbldg@msn.com
SAFETY DIRECTOR	Sue Lefebure
OFFICIALS	Officials for the meet to be announced. We welcome any certified officials interested in working this meet. Please call the Meet Director with name, address and telephone number and availability. Walk-ons gratefully accepted.
ELIGIBILITY	This meet is open to all swimmers ages 8 & Under who are currently registered with USA Swimming. The swimmer's age on the day of the meet governs age group participation for the meet. Swimmers may enter a maximum of 5 individual events plus a relay. The Freestyle Relay is a Crescendo Freestyle Relay. The relay may contain any combination of boys and/or girls but must have 2 swimmers ages 6 & Under and (2) swimmers ages 7 and/or 8.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.
ORDER OF EVENTS WARMUP & START TIMES WARMUP RULES	An Order of events page is included with this invitation which should be referred to for the Event #, swimmer's age and Event Name. Warm-Up is 11:30 AM and Start Time is 12:30 PM The warm-up period will be divided into 2 sessions. The first 30 minutes will be a general warm-up. Team lane assignments and warm-up schedule will be

	<p>distributed on-site in the coach's packets. All entries during general warm-up must be from the starting end, feet first, in a cautious manner. NO DIVING off blocks or edge of pool during this time. During the last 15 minutes of warm-ups, the deep pool will be open for sprints. Racing starts only, swim one length of the pool and exit at opposite end. All starts during warm-up begin at starting block end. Absolutely NO DIVING in warm-up pool at any time. Swimmers violating safety rules will be removed from warm-up for the remainder of the warm-up session. Subsequent violations will cause the swimmer to be disqualified for the remainder of the meet.</p>
DECK ENTRIES	<p>Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet at the cost of \$5.00 per event. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the meet director before warm-ups. No additional heats will be added under any circumstances. No deck entries will be accepted after 11:30 am.</p>
SWIMMERS WITHOUT A COACH	<p>Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session. There will be a bench designated for "non-coached" swimmers alongside the pool.</p>
SEEDING	<p>All events are pre-seeded and will swim slowest to fastest.</p>
HOW TO ENTER	<p>Entries should be submitted on a 3.5" disk using Hy-Tek, Team Manager, and Commlink or on Meet Entry Form, and as per Middle Atlantic, a \$5.00 surcharge per swimmer is applied to teams with more than 5 swimmers who do not submit entries on Hy-Tek disk. The Summary of Events form must accompany all entries. A hard copy of the entries listed by swimmer must also accompany the disk. Entry fees are due with entries.</p> <p>Entries may also be e-mailed to: jpry@seic.com. If e-mailing entries you must attach the entry file from Team Manager as well as a word document of your Team Manager entries. Include in the text of your e-mail the # of swimmers in the meet, the total # of individual events and the total amount of event fees.</p> <p>Entries will not be processed without full payment. NO EXCEPTIONS.</p>
ENTRY FEES	<p>\$3.00 per Individual Event</p>
SEND ENTRIES TO	<p>Checks should be made payable to GRA Parents Club. Please send one check per Club.</p> <p>Mail entries to: Joli Pry 1480 Birdell Rd Coatesville, PA 19320</p> <p>Hy-Tek contact: Joli Pry 610-676-2876</p> <p>e-mail: jpry@seic.com</p>
ENTRY DEADLINE	<p>All entries must be received by Saturday, January 28, 2006 by 6:00 PM. No late entries will be accepted.</p>

RULES	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command, supplemented with verbal commands and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p>
AWARDS	<p>Individual Events: 1st through 3rd Rosettes, 4th through 16th Ribbons</p> <p>Relay Event: 1st through 3rd Ribbons</p> <p>Awards must be picked up at the meet. No awards will be mailed.</p>
PROGRAMS & ADMISSION	<p>No admission charge.</p> <p>Program cost is \$3.00</p>
RESULTS	<p>Results will be posted on the Middle Atlantic website www.maswim.org.</p> <p>Results will not be mailed to clubs, but will be transmitted by e-mail to any club that provides an e-mail address with their entries.</p> <p>Disk results will be supplied to all teams whose entries were sent on disk. If a team's disk is not claimed at the end of the meet, their results will be e-mailed to the Team Representative.</p>
DIRECTIONS	<p>From North: PA turnpike to Exit 312/Downingtown, Rte. 100 S. to Rte. 202 S. Continue on 202 S. past High St. exit – Turn right onto Pleasant Grove Rd., which is the 1st right after Stetson Middle School (large Presbyterian Church on corner beyond turn) – Turn right at stop sign onto New St. – Follow 1.5 mile past University Farrell Stadium – Turn right into athletic building parking lot – Proceed to back of lot to glass enclosed Natatorium entrance at left rear corner of building.</p> <p>From South: Rte. 202 N. – Turn left onto Rte. 926 – Take 1st right on S. New St. – Pass Farrell Stadium – Turn right into athletic building parking lot – Natatorium in rear.</p>
ACCOMODATIONS	<p>Holiday Inn West Chester: 943 S. High St., West Chester at the Route 202 & Bypass. Phone: 610-692-1900</p> <p>Microtel Inn & Suites: 500 Willow Brook Lane, West Chester off Route 202 at the Matlack St. exit (Spaz Beverage, Kelly's Sports & Federal Express on corners). Phone: 610-738-9111</p> <p>Comfort Inn Brandywine Valley: 1310 Wilmington Pike/Route 202, just past Dilworthtown Rd. (Stillman Volvo). Phone: 610-399-4600</p> <p>Holiday Inn Express Concordville: corner of Rts 202 & 1. Phone 610-358-1700 Email sales@concordvilleexpress.com</p>

**GRA MINI MEET
EVENT LIST
FEBRUARY 12th, 2006**

Girls' Event #		Boys' Event #
		2
1	8 & Under 100 Free	4
3	5 & Under 25 Free	6
5	6 Year Old 25 Free	8
7	7 & 8 Year Old 25 Free	10
9	8 & Under 50 Free	12
11	8 & Under 100 Fly	14
13	6 & Under 25 Fly	16
15	7 & 8 Year Old 25 Fly	18
17	8 & Under 50 Fly	20
19	8 & Under 100 Back	22
21	5 & Under 25 Back	24
23	6 Year Old 25 Back	26
25	7 & 8 Year Old 25 Back	28
27	8 & Under 50 Back	30
29	8 & Under 100 Beast	32
31	6 & Under 25 Breast	34
33	7 & 8 Year Old 25 Breast	36
35	8 & Under 50 Breast	38
37	8 & Under 200 IM	40
39	8 & Under 200 Free	
41	Crescendo Relay	
	(Any combination of boys and/or girls – (2) 6&U and (2) 7 and/or 8 year olds)	

GOLDEN RAM AQUATICS

MEET ENTRY FORM ~ SUMMARY OF EVENTS

TEAM NAME _____ TEAM CODE _____

HEAD COACH _____ PHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

CONTACT PERSON _____ PHONE _____

E-MAIL: _____

Number of GIRL swimmers _____
Female Individual Entries _____ x \$3.00 = _____ (PAGE 1)

Number of BOY swimmers _____
Male Individual Entries _____ x \$3.00 = _____ (PAGE 2)

Relay Event Entries _____ x \$6.00 = _____

Non-disk Surcharge of \$5.00 per swimmer = _____
(Surcharge applies to teams with more than 5 swimmers who do not submit entries on disk.)

Total Number of Swimmers _____ Total Enclosed _____

ENTRY DEADLINE IS SATURDAY, JANUARY 28, 2006 @ 6:00 PM.

Make check payable to: **GRA PARENTS CLUB**
Mail entries to:

*Joli Fry
1480 Birdell Road
Coatesville, PA 19320*

THIS FORM, PROPERLY COMPLETED, MUST ACCOMPANY ALL ENTRIES!
Questions? Phone: H ytek contact Joli Fry – 610-676-2876
e-mail: jpri@seic.com

GOLDEN RAM AQUATICS

PAGE 1

MEET ENTRY FORM

GIRLS

NAME	AGE	USS #	Event # Time	Event # Time	Event # Time	Event # Time	Event # Time
SAMPLE: Public, Mary Q.	14	112485MARQPUBL	57 29.00				

Team _____ **Address** _____
Club Code _____ **Coach** _____ **Phone** _____
Contact Person _____ **Phone** _____
of Individual Entries _____ **X \$ 3.00=** _____.
Entry Fees (Page 1)....._____

Meet Director: Bill Krapf 610-388-3609

Entry Information & Hytek Contact: Joli Pry 610-676-2876

