

GAAC MAY A-BB-C MEET

May 20-21, 2006

Held under the sanction of Middle Atlantic Swimming, sanction # MA 0635 A

MEET DIRECTOR: Pete Crippen/Brian McMillin—215.542.9095
pcrippen@devonprep.com; bjmcmillin@verizon.net

SAFETY DIRECTOR: Jeff Hyde--215.542.9095

Location: Germantown Academy, Morris Road, Fort Washington, PA 19034--215.542.9095

Facility: 25 yard, 6 lane pool, entry depth 12' feet, Colorado Timing system, Anti-turbulent lane lines, balcony seating for spectators, snack bar, ample free parking at pool site, near-by lodging and restaurants.

Entries: Entries should be sent on a 3 1/2" floppy disk compatible with Hy-tek Meet Manager (with hard copy and meet recap). You may also email entries to Pete Crippen – pcrippen1@verizon.net. Limited to 5 individual entries/day. Swimmers must enter with their best times or be subject to penalties set by Middle Atlantic Swimming. (These penalties could include a swimmer's suspension from competition for a minimum of 3 months, but not more than one year.) If a swimmer does not have an official time, please enter NT. Meet Director reserves the right to limit the number of entries/event in order to conduct a fair meet. If this is necessary, those affected will be notified prior to the date of the meet and will be issued a refund. **ALL ENTRIES AND/OR PAYMENT MUST BE RECEIVED BY Noon (12PM) Friday, May 5 for entries to be accepted. Fax (215) 641-2540** This meet is a pre-seeded, timed final meet. No late entries will be accepted.

DECK ENTRIES - \$6/entry - WILL BE ACCEPTED AT THE DISCRETION OF THE MEET DIRECTOR. Swimmers not already entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the time achieved is official but will not be awarded. Please see the meet director before warm-ups

Eligibility: The meet is open to all swimmers registered with USA Swimming for 2006 and will be conducted according to current US Swimming Code of Regulations. Swimmers' age as of the first day of the meet governs the age for the entire meet. Any swimmer who is unattached or not accompanied by a coach will be assigned to a team area with a coach.

Fees: \$3.00/individual event. **If entries are not on a disk please add a \$5 surcharge for processing of hand entries.** Make checks payable to GAAC and mail to Richard Shoulberg, Germantown Academy, 340 Morris Road, Fort Washington, PA 19034. Any questions?--contact Pete Crippen at pcrippen@devonprep.com or Brian McMillin at bjmcmillin@verizon.net

Awards: "A"--Medals 1st thru 3rd, Ribbons 4th thru 6th; "B"--Rosettes 1st thru 3rd, Ribbons 4th thru 6th; "C"--Ribbons 1st thru 6th. They will be based on the level at which the swimmer entered the meet. Awards will be available after last session.

Awards will be mailed to the teams following the meet if an address is provided.

Warm-up: USA Swimming and MA Safety Regulations will be in effect

First half hour

Circle Swimming in all lanes

Second half hour

Lanes 3 and 4 - Circle Swimming

Lanes 1, 2, 5, 6 - Sprint Lanes - dive in sprints from starting end - one way

Admission: \$3.00/session - includes heat sheet

Meet Results: Will be posted to the Middle Atlantic website (www.maswim.org) and transmitted by email to any club that provides a valid email address. Meet results will not be mailed to the clubs.

Only 2006 USS Certified Coaches and Officials will be allowed on deck. You must wear your card at all times.

Directions to Pool:

Take exit 26 of PA Turnpike--Ft. Washington. Through tolls stay in left lane to end of road, then go right (Pennsylvania Avenue). Follow to dead end and turn left (Old Bethlehem Pike). At first light make a right—Lafayette Connector---to first light turn right ---merge around this is Morris Road. First pillared driveway on the left--entrance to the Academy. Parking lot on left. Arrows posted for walk through quad and building to pool entrance. Lockerrooms on lower level.

Lodging:

Ramada Inn, 285 Commerce Drive, Ft. Washington (exit 26 PA Tpke) 542-7930

5 minutes from pool

Holiday Inn, 432 Pennsylvania Ave., Ft. Washington (exit 26 PA Tpke) 643-3000

5 minutes from pool

Restaurants: Adjacent to all the hotels -- from fast food to sit-down family oriented. All are inexpensive and moderately priced. Many others on Old Bethlehem Pike.

***If you are interested in officiating or timing at the meet please contact Jeff Hyde 215.540.9766 or the meet directors at email addresses above.
VOLUNTEERS WILL BE PROVIDED WITH PROGRAMS (and refreshments) FOR THE ENTIRE MEET.

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Saturday, May 20

Sunday, May 21

*Session 1--Warm-up 8am; Start 9am

*Session 3--Warm-up 8am; Start 9am

GIRLS #	EVENT	BOYS #	GIRLS #	EVENT	BOYS #
1	150V 200 FR	2	43	Senior 500 FR	44
3	9-10 100 FR	4	45	9-10 50 FR	46
5	Senior 200 BK	6	47	150V 100 BK	48
7	9-10 50 BK	8	49	9-10 100 BK	50
9	150V 100 BR	10	51	Senior 200 BR	52
11	9-10 100 BR	12	53	9-10 50 BR	54
13	Senior 200 FL	14	55	150V 100 FL	56
15	9-10 50 FL	16	57	9-10 100 FL	58
17	Senior 400 IM	18	59	150V 200 IM	60
19	150V 100 FR	20	61	9-10 200 IM	62
21	9-10 100 IM	22	63	150V 50 FR	64

Session 2--Warm-up 12:30pm; Start 1:30pm

Session 4--Warm-up 12:30pm; Start 1:30pm

GIRLS #	EVENT	BOYS #	GIRLS #	EVENT	BOYS #
23	11-12 50 FR	24	65	11-12 100 FR	66
25	13-14 100 FR	26	67	13-14 200 FR	68
27	11-12 100 BK	28	69	11-12 50 BK	70
29	13-14 200 BK	30	71	13-14 100 BK	72
31	11-12 50 BR	32	73	11-12 100 BR	74
33	13-14 100 BR	34	75	13-14 200 BR	76
35	11-12 100 FL	36	77	11-12 50 FL	78
37	13-14 200 FL	38	79	13-14 100 FL	80
39	11-12 200 IM	40	81	11-12 100 IM	82
41	13-14 50 FR	42	83	13-14 200 IM	84

*Warm-up and start times are subject to change if length of morning session warrants such.

We reserve the right to combine sessions in order to run a quality meet.

We reserve the right to swim the 500 FR and 400 IM on Friday evening, May 20, 2005 if entries warrant.

We will notify you of any changes by Wednesday, May 10, 2006.

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THIS FORM MUST ACCOMPANY THE OFFICIAL ENTRY BLANK

Team Name: _____ Club Code: _____

Head Coach: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: Home() _____ Office:() _____

Email address: _____ for results and other information.

ENTRY FEES: Girls events _____ @ \$3.00 \$ _____

Boys events _____ @ \$3.00 \$ _____

Hand entry surcharge - \$5/swimmer

of swimmers _____ @ \$ 5.00 \$ _____

Total \$ _____ Checks made payable to GAAC

Club contact person: If there is a problem with this entry, who may we call that will be available to assist us.

Name: _____

Phone #:() _____

Email: _____

Entry deadline: Received by Noon (12PM) Friday, May 5, 2006. No entries will be accepted after that date. Please make checks payable to GAAC. One check per club, please mail entries to:

**GAAC
Germantown Academy
340 Morris Road
Fort Washington, PA 19034**

