

# **FIVE STAR COLUMBUS DAY PENTATHLON**

## **SUNDAY, OCTOBER 14, 2007**

**Held under the sanction of Middle Atlantic Swimming**  
**Sanction # MA 0812 A**

**Eligibility:** This meet is open to swimmers 9 years of age and older who are registered with USA Swimming. Swimmer's age is as of the first day of the meet.

**Site:** Lititz Community Center, 301 W. Maple St., Lititz, PA 17543; phone the day of the meet is (717) 626-5096. The pool is twenty-five yards; 8 lanes with non-turbulent lane lines and Colorado Timing System with 8-lane scoreboard. The water depth at the starting end of the pool is 12 feet.

**Awards:** 1<sup>st</sup> thru 8<sup>th</sup> places will be awarded in each event for the 9-10 and 11-12 age group. There will be no awards for the 13 and over age groups. A pent-athlete award will be given to a male and female in the 9-10 and 11-12 age groups. To qualify for the pent-athlete awards a swimmer must swim 5 different stroke events. Lowest cumulative time will determine the Pent athlete winners in each age group.

**Events:** Swimmers may compete in up to five (5) events. Please note there will be no breakdown of age groups, all swimmers will be seeded by times. Scoring will be broken down by age group. All events are pre-seeded timed finals.

**Entry Fees:** \$4.00 per individual event. All entry fees should be paid with one check payable to "Five Star Swim Club". Deck entries will be accepted at the discretion of the meet director until 9:00 am. The cost will be \$8.00 per event, paid at the time of the deck entry. Deck entered swimmers will compete unofficially. Deck entered swimmers not already entered in the meet, must show proof of USA Swimming Registration. The times will count but will not score in the meet.

**Officials:** Anyone wishing to volunteer to officiate, please contact **Dan Griest at (717) 625-3018 or email dgriest@ptd.net**. All officials and coaches on deck must wear their official USA Swimming membership badge. Meet workers will be identified with a special badge. No other people will be allowed on deck.

**Rules and Safety:** USA Swimming and MA Swimming Rules and Warm-up Procedures will be in effect at this meet. Swimmers must be under the direct supervision of a currently USA Swimming registered coach. All swimmers will need to enter the pool feet first from the starting end of the pool. No racing starts or diving in lanes other than those designated for diving. Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations will cause the swimmer to be disqualified for the remainder of the meet. Safety Director for the meet is **Jackie Schouten (717) 626-9119**. This meet will be conducted using the Whistle command and No-Recall False Start procedures. 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

**Warm-up:** 8 AM until 9:10 AM. Meet starts at 9:15 AM. Sprint/start lanes will be available at near the end of the warm-up session. Depending upon number of swimmer/teams entered in the meet, warm-up times and lanes may be assigned. Time and lane assignments will be emailed to the team contact.

**Spectators:** Admission - \$3.00 per person; Program - \$2.00. All spectators will view the meet from a 250-seat balcony. Parking is available on the Community Center parking lot and on adjacent school parking lots. Refreshments will be available via vending machines. **No food is permitted on the pool deck.** If volunteer workers are needed, they will be refunded their admission fee.

**Entry Information:**

- ✍ Entries should be submitted using Hy-Tek software. There is a \$5.00 surcharge per swimmer for submitting manual entries for 5 or more swimmers.
- ✍ If emailing entries, include a Word document of “Entries by Swimmer’s Name” report. If mailing, include a hard copy of the report.
- ✍ Please waive the Signature release for mailed entries.
- ✍ No late or phone entries will be accepted.
- ✍ Swimmers with incomplete or illegible USS numbers will be rejected. All entries must be the swimmers best times and are subject to MA penalties. Swimmers without a valid USA Swimming time will be entered as “NT”.
- ✍ If any corrections need to be made with entries, they will only be accepted from a coach or the team representative listed on the entry form.
- ✍ The Meet Director reserving the right to limit the number of heats/events in order to comply with the 4-hour rule, USA Swimming Rules and Regulations Section 205.3.1(F).

**Entry Deadline:** All entries must be received by **8:00 pm Wednesday, October 3**. Entries will not be processed without full payment. Payment must be received by Friday, October 5 2007. Check payable to “Five Star Swim Club”.

**Final Results:** Results will be emailed to each team represented. Results will also be posted on the Middle Atlantic website [www.maswim.org](http://www.maswim.org)

**Send entries and payment to:**

Karen Eiding, 10 Cordell Drive, Stevens PA 17578      Email: [keiding@ptd.net](mailto:keiding@ptd.net)

**Questions may be directed Karen Eiding, Meet Director at [keiding@ptd.net](mailto:keiding@ptd.net)**

Directions to the pool are at [www.fivestarswimming.com](http://www.fivestarswimming.com)

**FIVE STAR COLUMBUS DAY PENTATLON**  
**SUNDAY, OCTOBER 14, 2007**

Team Name: \_\_\_\_\_ Team Code: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Deck Coach: \_\_\_\_\_

Team Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Contact Person for entries: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Mail Check and Entries to: Karen Eiding  
10 Cordell Drive  
Stevens, PA 17578

All entries must be received by 8:00 PM Wednesday, October 3, 2007. Payment must be received by Friday, October 5. Please make check payable to "Five Star Swim Club".

I attest that the entered athletes are properly registered with USA Swimming and that they have achieved the seed times recorded.

Head Coach or team representative Signature: \_\_\_\_\_

**This form must accompany team entries.**

**FIVE STAR TRIANGULAR PENTATHALON MEET**  
**SUNDAY, OCTOBER 29, 2006**

**ORDER OF EVENTS**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
1	Senior 100 IM	2
3	Senior 100 Butterfly	4
5	Senior 50 Freestyle	6
7	Senior 100 Backstroke	8
9	Senior 50 Breaststroke	10
11	Senior 200 IM	12
13	Senior 50 Butterfly	14
15	Senior 100 Freestyle	16
17	Senior 50 Backstroke	18
19	Senior 100 Breaststroke	20

Please note there will be no breakdown of age groups, all swimmers will be seeded by times. Scoring will be broken down by age group.

