

PARKLAND AQUATIC CLUB

2nd Annual PAAC SPLASH 14 & Under plus Mini A/BB/C Invitational Meet February 12 & 14, 2010 (Friday & Sunday)

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # MA 1081 A (9-12) and MA 1082 M (8 & under)

LOCATION	Parkland High School Aquatic Center 2700 Cedar Crest Blvd Allentown, PA 18104 Day of meet ONLY emergency phone: 610-698-4392
FACILITIES	The PHS pool is an indoor Paddock, 25 yard, 8 lane pool with non-turbulent lane markers, Colorado Timing system with 8 line scoreboard display. Water depth at the starting end is 12 feet. An adjacent warm-up and warm-down pool is available for swimmers. Free parking, large seating capacity, concessions stand and swim equipment vendor are available.
MEET DIRECTOR	Barbara Poland/Lisa Amann: paacmeetdirector@hotmail.com 484-397-4092 (PAAC Office)
SAFETY DIRECTOR	Deb Bren: dbrendo@pol.net
OFFICIALS	Bill Trussell btrussell@aol.com is the officials coordinator. Julie Pepper jpepper@ptd.net is the meet referees.
ELIGIBILITY	This meet is open to all swimmers registered with USA Swimming. Swimmer's age as of February 12, 2010 will apply for the entire meet.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Prompt notification will be made to swimmers or teams if changes impact their entries. Swimmers may swim in four individual events and 1 relay per session with a maximum of 5 events total on Sunday.
ORDER OF EVENTS	See attached sheet listing the order of events, event numbers, the starting times for each session and the warm-up schedule. Swimmers in the 500Free must provide own lap counters.
WARM-UP & START TIMES	Team lane assignments, warm-up schedule, and positive check in times will be emailed and posted on maswim.org. Circle swimming only during warm-up until sprint lanes are opened. No diving is permitted during warm-up, except supervised diving in designated sprint lanes. When diving is permitted, swimmer must enter from the starting blocks and exit from the opposite end of the pool.
DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$8.00 per event. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the MD before or during warm-ups.
SWIMMERS WITHOUT A COACH	Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.
SEEDING	The 500Free and 400IM on Friday night event are Positive Check-in. All other events will be pre-seeded based on entry time.

<p>HOW TO ENTER</p>	<p>Electronic entries in a Hy-Tek Team Manager entry file are preferred.</p> <p><u>Entries may be sent via e-mail.</u> Include with your entry file a Team Manager report by entry (saved in Word for Windows format). In the body of your e-mail, provide the number of girls, boys and entries. Include contact information (name, address, phone and cell phone). Send to paacmeetdirector@hotmail.com. Send entry check separately. It must arrive by Friday January 29, 2010.</p> <p><u>Entries may be sent on a CD.</u> Include a Team Manager report by entry (saved in Word for Windows format); the PAAC Meet Summary Form and your payment. No floppies!</p> <p><u>If a Hy-Tek file is not possible,</u> entries may be sent in using the PAAC Meet Entry Form(s). As per Middle Atlantic rules, a \$15 per swimmer fee will be charged to all entries submitted on paper rather than electronically. An additional \$25 per swimmer fee will be charged to any team submitting manual entries for more than 5 swimmers. We have information on the final page of this meet information about a Hy-tek product that is FREE (TM –Lite). This product will assist you in completing your electronic entry.</p> <p>A completed Meet Summary Sheet MUST accompany each team’s entry.</p> <p>Times must be submitted in the course in which they were achieved, non-conforming times will be seeded according to USA Swimming rules. Swimmers without a valid USS time in an event must be submitted as a "NT" in that event.</p>
<p>ENTRY FEES</p>	<p>Entry fee is \$4.00 per individual event and \$8.00 for a relay. There is a \$15 per swimmer surcharge for any entry not submitted electronically. There is a \$25 per swimmer surcharge for submission of 5 or more swimmers on a manual entry.</p>
<p>SEND ENTRIES TO</p>	<p>Make entry fee payable to PAAC. Send entries to:</p> <p>Parkland Aquatic Club (PAAC) # 1 Tekpark / Suite 120 9999 Hamilton Boulevard Breinigsville, PA 18031 paacmeetdirector@hotmail.com Request signature waiver for UPS, Fed Ex or Express Mail.</p>
<p>ENTRY DEADLINE</p>	<p>Entries must be received no later than January 29, 2010 at 6:00 PM. No late entries will be accepted.</p>
<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. This meet will be conducted using the Whistle command and No-Recall False Start procedures. Any swimmer observed swimming under or through the Bulkhead by an Official or Safety Monitor at the Meet will be disqualified from that swimmer’s next Individual Event or from the remainder of the Meet, as determined by the Meet Referee. This policy will be strictly enforced. Entries submitted must be swimmer’s best verifiable USA Swimming time. Entry of time other than swimmer’s best for any event may result in the swimmer’s suspension from competition for a minimum of 3 months, but not more than 1 year. Any swimmer who is positively checked in for an event, and then does not swim that event, will be scratched from their next individual event. ‘Fly-over’ starts will be used at this meet for the 9 & Over sessions. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. Whistle command, supplemented with verbal commands, will be used for the 8 & Under sessions. All 25 yard events will start from the bulkhead.</p>
<p>SCORING & AWARDS</p>	<p>9-14 swimmers: This meet will be scored at each level: A, BB and C for each event. The top eight times in each level will receive awards. ‘A’ individual entries: medals 1st - 3rd, ribbons 4th - 8th. ‘BB’ individual entries: rosettes 1st - 3rd, ribbons 4th - 8th. ‘C’ individual entries: ribbons 1st - 8th. Relays entries: medals to 1st, ribbons 2nd & 3rd. Award levels determined by entry time.</p> <p>8 & under swimmers: Individual Events: 1st – 3rd, large rosettes; 4th through 12th, ribbons. Relays: 1st to 3rd ribbons.</p>
<p>PROGRAMS & ADMISSION</p>	<p>Program is \$10.00 for the entire meet. No admission fee is charged. A free heat sheet will be given to non-PAAC volunteers, if the meet director requests help in running the meet.</p>

RESULTS	Results will be posted on the Middle Atlantic website at www.maswim.org .
DIRECTIONS	From the PA turnpike, Exit 33, take Route 22 east, exit onto Cedar Crest Blvd north. Travel north on Cedar Crest Blvd for approximately 1.9 miles. Parkland High School is on the left. The pool is on the left hand side of the complex. Park in the parking lot in front of the school, closest to the Athletics door. Walk through the Athletics entrance to admissions. Follow the signs inside the school.
ACCOMODATIONS	<p>Courtyard by Marriott 2160 Motel Drive Bethlehem, PA 18018 610-317-6200</p> <p>Residence Inn 2180 Motel Drive Bethlehem, PA 18018 610-317-2662</p> <p>Fairfield Inn 2140 Motel Drive Bethlehem, PA 18018 610-867-8681</p>
CANCELLATION DUE TO BAD WEATHER	In case of delays or cancellation due to bad weather, check the PAAC website www.paacswim.com or call the PAAC office at 484-397-4092

PAAC Splash 14 & Under Plus Mini Invitational Swim Meet

All events are timed finals

Friday Evening - February 12, 2010 **6:00PM (Warm up 5:00PM)**
Positive Check-in required for the 500Free & 400IM Friday evening.
500 Free & 400 IM will be scored by age groups (9/10, 11/12, 13/14)

GIRLS NUMBER			EVENT			BOYS NUMBER
1	13 & 14	400 YARD	FREESTYLE RELAY			2
3	11 & 12	400 YARD	FREESTYLE RELAY			4
5	9 to 14	500 YARD	FREESTYLE			6
7	9 to 14	400 YARD	INDIVIDUAL MEDLY			8

Sunday Morning - February 14, 2010 **8:00AM (Warm up 7:00AM)**

GIRLS NUMBER			EVENT			BOYS NUMBER
9	9 & 10	200 YARD	FREE			10
11	11 & 12	200 YARD	FREE			12
13	13 & 14	200 YARD	FREE			14
15	9 & 10	100 YARD	INDIVIDUAL MEDLEY			16
17	11 & 12	100 YARD	INDIVIDUAL MEDLEY			18
19	13 & 14	200 YARD	BACK			20
21	9 to 12	200 YARD	BACK			22
23	9 & 10	100 YARD	BREAST			24
25	11 & 12	100 YARD	BREAST			26
27	13 & 14	100 YARD	BREAST			28
29	9 & 10	50 YARD	BACK			30
31	11 & 12	50 YARD	BACK			32
33	13 & 14	100 YARD	FLY			34
35	11 & 12	100 YARD	FLY			36
37	9 & 10	100 YARD	FLY			38
39	13 & 14	50 YARD	FREE			40
41	11 & 12	50 YARD	FREE			42
43	9 & 10	50 YARD	FREE			44
45	9 & 10	200 YARD	FREE RELAY			46

MINI SESSION

Sunday MID – February 14, 2010 **12:30PM (Warm up 12:00PM)**

GIRLS NUMBER			EVENT			BOYS NUMBER
47	8 & UNDER	100 YARD	INDIVIDUAL MEDLEY			48
49	8 & UNDER	25 YARD	BREAST			50
51	8 & UNDER	50 YARD	BACK			52
53	8 & UNDER	25 YARD	FLY			54
55	8 & UNDER	50 YARD	FREE			56
57	8 & UNDER	200 YARD	FREE			58
59	8 & UNDER	100 YARD	FREE			60
61	8 & UNDER	25 YARD	BACK			62
63	8 & UNDER	50 YARD	BREAST			64
65	8 & UNDER	25 YARD	FREE			66
67	8 & UNDER	50 YARD	FLY			68
69	8 & UNDER	200 YARD	INDIVIDUAL MEDLEY			70
71	8 & UNDER	100 YARD	FREESTYLE RELAY			72

Sunday Afternoon - February 14, 2010**4:00PM (Warm up 3:00PM)**

<u>GIRLS NUMBER</u>		<u>EVENT</u>		<u>BOYS NUMBER</u>
73	9 & 10	100 YARD	FREE	74
75	11 & 12	100 YARD	FREE	76
77	13 & 14	100 YARD	FREE	78
79	9 to 12	200 YARD	BREAST	80
81	13 & 14	200 YARD	BREAST	82
83	9 to 12	200 YARD	FLY	84
85	13 & 14	200 YARD	FLY	86
87	9 & 10	100 YARD	BACK	88
89	11 & 12	100 YARD	BACK	90
91	13 & 14	100 YARD	BACK	92
93	9 & 10	50 YARD	BREAST	94
95	11 & 12	50 YARD	BREAST	96
97	9 & 10	50 YARD	FLY	98
99	11 & 12	50 YARD	FLY	100
101	13 & 14	200 YARD	INDIVIDUAL MEDLEY	102
103	11 & 12	200 YARD	INDIVIDUAL MEDLEY	104
105	9 & 10	200 YARD	INDIVIDUAL MEDLEY	106
107	13 & 14	400 YARD	MEDLEY RELAY	108
109	11 & 12	400 YARD	MEDLEY RELAY	110
111	9 & 10	200 YARD	MEDLEY RELAY	112

2010 PAAC Splash 14 & Under plus Mini Invitational Summary Form

Team Name: _____ Team Code: _____

Head Coach: _____

Team Contact: _____ Phone Number: _____

Team E-Mail Address: _____

Team Mailing Address: _____

City: _____

State: _____ ZIP: _____

Mail Entries: Parkland Aquatic Club (PAAC) 484-397-4092
 # 1 Tekpark / Suite 120
 9999 Hamilton Boulevard
 Breinigsville, PA 18031 paacmeetdirector@hotmail.com

Teams using Hy-Tek's Team Manager are asked to submit an entry file on a CD or via e-mail along with a Team Manager report of meet entries:

Entry Deadline: Received by 6:00 p.m. January 29, 2010.
Please make checks payable to: PAAC

Entries Summary

	Number of Entries	Cost per Entry	Amount
Individual Entries		\$4.00	
Relay Entries		\$8.00	
Surcharge 1*	-----	\$15.00	
Surcharge 2**	-----	\$25.00	
		TOTAL	

*There is a \$15 per swimmer surcharge for submission of manual entry.

**There is a \$25 per swimmer surcharge for submission of 5 or more swimmers on a manual entry.

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

 Signature of head coach or authorized team representative

This form must accompany the official entry blanks.

PAAC Individual Entry Form

2010 PAAC Splash

Team Code: _____

Team Name: _____

Friday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time

Sunday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time

Individual Events _____ @ \$4.00= _____ = \$ _____

TEAM MANAGER Lite is basically **TEAM MANAGER** with the following features enabled:

- * Standard Set-Up and Options Features
- * Enter Teams, Athletes, Relays, Meets and Browsers
- * Specifying Meet Entry Custom Times by Event or by Name
- * Import of Meet Events from a MEET MANAGER Database
- * Export of Meet Entries to send to the meet host by diskette or over the Internet
- * Meet Entry Report

Please note that TM Lite is supported only by email.

To input entries you will need Hy-Tek's Team Manager Lite installed on your computer. Download TM Lite by clicking on the following link or copying it and pasting it into your browser <http://www.hytekltd.com/downloads.html> Then from the Hy-Tek web page double click the **Lite** option (illustrated below) and install it on your computer. If you need further assistance, please contact the meet director for detailed instructions.

Swimming

- **TEAM MANAGER: Please Note** that the TM 5.0 FREE Service Pack is not available for TM 2.1, TM 3.0, or TM 4.0 Customers. [Click Here](#) for information about upgrading to TM 5.0.
- **MEET MANAGER: Please Note** that the MM 2.0 FREE Service Pack is not available for MM 1.4 Customers. [Click Here](#) for information about upgrading to MM 2.0.

TEAM MANAGER 5.0	Update	User Guide	Getting Started	Lite
MEET MANAGER 2.0	Update	User Guide	Getting Started	Demo
Sports BUSINESS MANAGER 5.1	Update	User Guide	Getting Started	Demo
Personal SWIM MANAGER 2.1	Update	User Guide	N/A	Demo
TM 4.0Sm - <i>Not supported by HY-TEK</i>	Update	N/A	N/A	N/A
MM 1.4Qe - <i>Not supported by HY-TEK</i>	Update	N/A	N/A	N/A

Track and Field

- **TEAM MANAGER: Please Note** that the Track TM 2.0 FREE Service Pack is not available for Track TM 1.2 Customers. [Click Here](#) for information about upgrading to the Track TM 2.0 CD.
- **MEET MANAGER: Please Note** that the Track MM 2.0 FREE Service Pack is not available for Track MM 1.2 Customers. [Click Here](#) for information about upgrading to the Track MM 2.0 CD.

TEAM MANAGER 2.0	Update	User Guide	Getting Started	Lite
MEET MANAGER 2.0	Update	User Guide	Getting Started	Demo
TM 1.2Kd - <i>Not supported by HY-TEK</i>	Update	N/A	N/A	N/A
MM 1.2Lb - <i>Not supported by HY-TEK</i>	Update	N/A	N/A	N/A

[Swimming Time Standard and Record Files](#)