

**DOUBLE LAST CHANCE: SUB JO/SENIOR CHAMPS MEET
FEBRUARY 10-11, 2018**

MEET HOST	DELAWARE SWIM TEAM		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 1887 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	CECILY CONNELL	E-MAIL: connellcecily@gmail.com	PHONE: 302-234-8500
LOCATION	Pool name UNIVERSITY OF DELAWARE, CARPENTER SPORTS BUILDING, HARRY RAWSTROM POOL Street address 26 NORTH COLLEGE AVE City, state and zip NEWARK DE 19711 Day of meet ONLY emergency phone 302- 831-2264		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado System 6 timing system with a 8 line scoreboard and Competitor non-turbulent lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 500 and spectator seating for 750. Parking 800 Hospitality Yes Snack bar N/A		
POOL CERTIFICATION	The competition course <input checked="" type="checkbox"/> has <input type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 4 feet and at the turn end is 4 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	12/25/17		
ENTRY DEADLINE	01/24/18 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00		Relay Events: \$10.00
ENTRY LIMITs	3 Individual Events per day (excluding relays).	0 Relays per day	MEET ENTRY LIMIT: 6
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ALL 9 & OVER USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration (athletes only) <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by tuning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee. This applies to all swimmers attached to a club.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> • The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. • Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded YSL. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. • Entries must be submitted electronically in a format compatible with Hy-Tek meet management software. • All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information • Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. • FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by 02/02/18 Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	PABLO MARMOLEJO	PHONE #: (302)234-8500 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	DSTENTRIES@GMAIL.COM		
MAIL CHECKS/ REPORTS	DELAWARE SWIM TEAM C/O PABLO MARMOLEJO/MEET ENTRIES 4905 MERMAID BLVD, WILMINGTON, DE 19808		
CHECKS PAYABLE TO	DELAWARE SWIM TEAM		
SAFETY DIRECTOR	MATT AUNGST	E-MAIL: matthewaungst@freestyles.org	PHONE: (302)234-8500
OFFICIALS CONTACT	PABLO MARMOLEJO	E-MAIL: marmolejo.pablo@gmail.com	PHONE: (302)234-8500

Session 1- Prelims
Saturday Warm up 9:00 am / Start 10:00 am

GIRLS	EVENT	BOYS
1	11 & Over 200 Yard Breaststroke	2
3	9-12 50 Yard Breaststroke	4
5	13 & Over 100 Yard Backstroke	6
7	9-12 100 Yard Backstroke	8
9	13 & Over 50 Yard Freestyle	10
11	9-12 50 Yard Freestyle	12
13	13 & Over 100 Yard Butterfly	14
15	9-12 100 Yard Butterfly	16
17	13 & Over 200 Yard IM	18
19	9-12 200 Yard IM	20
21	9 & Over 500 Freestyle *	22

Session 2- Finals
Saturday Warm up 4:00 pm / Start 4:45 pm

GIRLS	EVENT	BOYS
	11/12 200 Yard Breaststroke	
	13/14 200 Yard Breaststroke	
	15 & Over 200 Yard Breaststroke	
	9/10 50 Yard Breaststroke	
	11-12 50 Yard Breaststroke	
	13/14 100 Yard Backstroke	
	15 & Over 100 Yard Backstroke	
	9/10 100 Yard Backstroke	
	11/12 100 Yard Backstroke	
	13/14 50 Yard Freestyle	
	15 & Over 50 Yard Freestyle	
	9/10 50 Yard Freestyle	

Session 2

GIRLS	EVENT	BOYS
	11/12 50 Yard Freestyle	
	13/14 100 Yard Butterfly	
	15 & Over 100 Yard Butterfly	
	9-10 100 Yard Butterfly	
	11/12 100 Yard Butterfly	
	13/14 200 Yard IM	
	15 & Over 200 Yard IM	
	9/10 200 Yard IM	
	11/12 200 Yard IM	
	9 & Over 500 Yard Freestyle	

Session 3- Prelims
 Sunday Warm up 8:00 am / Start 9:00 am

GIRLS	EVENT	BOYS
23	9 & Over 200 Yard Freestyle	24
25	9-12 100 Yard IM	26
27	11 & Over 200 Yard Backstroke	28
29	9-12 50 Yard Backstroke	30
31	13 & Over 100 Yard Freestyle	32
33	9-12 100 Yard Freestyle	34
35	11 & Over 200 Yard Butterfly	36
37	9-12 50 Yard Butterfly	38
39	13 & Over 100 Yard Breaststroke	40
41	9-12 100 Yard Breaststroke	42
43	11 & Over 400 Yard IM	44

Session 4- Finals
 Sunday Warm up 3:00 pm / Start 3:45 pm

GIRLS	EVENT	BOYS
	9-10 200 Yard Freestyle	
	11-12 200 Yard Freestyle	
	13-14 200 Yard Freestyle	
	15 & Over 200 Yard Freestyle	
	9-10 100 Yard IM	
	11-12 100 Yard IM	
	11-12 200 Yard Backstroke	
	13-14 200 Yard Backstroke	
	15 & Over 200 Yard Backstroke	
	9-10 50 Yard Backstroke	
	11-12 50 Yard Backstroke	
	13-14 100 Yard Freestyle	

Session 4

GIRLS	EVENT	BOYS
	15 & Over 100 Yard Freestyle	
	9-10 100 Yard Freestyle	
	11-12 100 Yard Freestyle	
	11-12 200 Yard Butterfly	
	13-14 200 Yard Butterfly	
	15 & Over 200 Yard Butterfly	
	9-10 50 Yard Butterfly	
	11-12 50 Yard Butterfly	
	13-14 100 Yard Breaststroke	
	15 & Over 100 Yard Breaststroke	
	9-10 100 Yard Breaststroke	
	11-12 100 Yard Breaststroke	

DECK ENTRIES	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be pre -seeded with the exception of the event(s) noted below. Positive Check-in is required to be seeded for the 500Free, and 400 IM. A check in table will be set up on deck and will close 30 minutes after the session start. Swimmers who check in will be seeded to swim the event. A swimmer who positively checks in for an event and fails to swim the event will be barred from swimming his/her next individual event. These events will be swum fastest to slowest and the swimmers must provide their own timer and counter.
AWARDS	Awards will be based on times achieved (NOT entry times). The meet format is designed to encourage all competitors to succeed in reaching their goals, and to foster good sportsmanship as they assist their teammates and competitors in meeting their own goals. Accordingly, awards will be as follows: Each Swimmer achieving a first time MA Jr. Olympic qualifying time in an event will receive a medal for that event. This includes times achieved in either prelims or finals. Each swimmer achieving a personal best time, but not qualifying for JOs will receive a Best Time Ribbon for that event. [Note: Only one award per swim, based upon the highest level award that applies] 15&O swimmers will not receive awards. DST will not mail awards if teams fail to pick them up
SCORING	Team scoring will not be kept for this meet
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be available. Admission is \$5 per day / Programs \$3 per session. Children under 10 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	The doors to the facility will open no earlier than 8:45am on Saturday, and 7:45am on Sunday. Please do not attempt to enter the building before these posted times. Participation in finals will be open to the 8 fastest prelim swimmers in each age group [9/10, 11/12, 13/14, 15&O] that did not achieve the JO or MA Senior Champs cut for their age group in prelims. One (1) final per age group. For the 400 IM and the 500 Free, the 8 fastest prelim swimmers, regardless of age group, that did not achieve the JO or MA Senior Champs cut in prelims will swim.

SESSION	WARM-UP TIMES	MEET STARTS
Sat Session 1 - Prelims	9:00 am	10:00 am
Sat Session 2 - Finals	4:00 pm	4:45 pm
Sun Session 3 - Prelims	8:00 am	9:00 am
Sun Session 4 - Finals	3:00 pm	3:45 pm
WARM-UP INFORMATION	USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules	
DECK PRIVILEGES	Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally, these swimmers must register a contact person with the meet director. This information should be	

	submitted with the entries.
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced. Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/ No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time. As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
DECK CHANGING	Deck changes are prohibited.
DIRECTIONS	From I-95, take exit 1B Newark, Rt. 896 North. Follow Rt. 896 for approximately 3 miles. Rt. 896 will become S. College Ave. Follow until it dead ends at light at Main St. Turn left at light and make immediate right onto Old College Ave. First driveway on right goes toward the pool (for drop off only). Parking is located across the railroad tracks, opposite side of the street. If using GPS, use the address: 60 North College Avenue, Newark DE 19711. This is Unique Impressions and is located next to the pool.
ACCOMODATIONS	- Courtyard by Marriott Newark-University of Delaware. 400 David Hollowell Dr, Newark, DE 19716. (302) 737-0900 -Homewood Suites by Hilton Newark. 640 S College Ave, Newark, DE 19713. (302) 453-9700 -Embassy Suites by Hilton Newark. 654 S College Ave, Newark, DE 19713. (302) 368-8000

	-Candlewood Suites Newark South. 1101 S College Ave, Newark, DE 19713. 302) 368-5500
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