

MARAUDER'S LONGSWORD DISTANCE
JANUARY 6-7, 2018

MEET HOST	MARAUDER AQUATIC CLUB		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 1809 L <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	JEN CLOW	E-MAIL: mara.meet.director@gmail.com	PHONE: (717)344-4223
LOCATION	Pool name PUCILLO NATATORIUM Street address 105 PUCILLO DRIVE City, state and zip MILLERSVILLE, PA 17551 Day of meet ONLY emergency phone (717) 344-4223		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 6 lanes for competition, a Colorado timing system with a 6 line scoreboard and Keifer lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 50 and spectator seating for 300. Parking Yes Hospitality Yes Snack bar Yes		
POOL CERTIFICATION	The competition course <input checked="" type="checkbox"/> has <input type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 12 feet and at the turn end is 5 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	UPON POSTING		
ENTRY DEADLINE	DECEMBER 21, 2017 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00		Relay Events: \$10.00
ENTRY LIMITs	2 Individual Events per day (excluding relays).	0 Relays per day	MEET ENTRY LIMIT: 4
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ONLY USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> • The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. • Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded Last . NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. • Entries must be submitted electronically in a format compatible with Hy-tech meet management software. • All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information • Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. • FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by December, 29, 2017 Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	JEN CLOW	PHONE #: (717) 344-4223 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	MARA.MEET.DIRECTOR@GMAIL.COM		
MAIL CHECKS/ REPORTS	MARAUDER AQUATIC CLUB, P.O. BOX 211, MILLERSVILLE, PA 17551		
CHECKS PAYABLE TO	MARAUDER AQUATIC CLUB		
SAFETY DIRECTOR	KYLE ALMONEY	E-MAIL: Kyle.Almoney@millersville.edu	PHONE: (717) 818-4392
OFFICIALS CONTACT	JEN CLOW	E-MAIL: mara.meet.director@gmail.com	PHONE: (717) 344-4223

Session 1

Saturday

Warm-Ups 8:00am / Meet Starts 9:15

1650 will be positive check in (Closes at 8:30am.)

1650 Swimmers need to provide their own timers and lap counters.

All 1650 heats will be run fastest to slowest alternating girls and boys.

Entries open for 11 & over swimmers only for the 1650

GIRLS	EVENT	BOYS
1	Open 1650 Free	2

Session 2

Saturday

Warm-ups 1:30pm / Session Starts 2:30am

Positive Check in Closes at 2:00pm

400 IM Events will be run fastest to slowest

GIRLS	EVENT	BOYS
3	11-12 400 IM	4
5	13 & Over 400 IM	6
7	11-12 200 Breast	8
9	13 & Older 200 Breast	10

Session 3

Sunday

Warm-Ups 8:00am / Session Starts 9:15am

500 will be positive check in (Closes at 8:30am.)

500 Swimmers need to provide their own timers and lap counters.

All 500 heats will be run fastest to slowest alternating girls and boys.

200 Fly does not need to provide timers

GIRLS	EVENT	BOYS
11	Open 500 Free	12
13	11-12 200 Fly	14
15	13 & Older 200 Fly	16
17	9-10 200 Free	18

Session 4

Sunday

Warm-ups 1:30pm / Sessions Starts 2:30pm

1000 will be positive check in (Closes at 1:00pm.)

1000 Swimmers need to provide their own timers and lap counters.

All 1000 heats will be run fastest to slowest alternating girls and boys.

GIRLS	EVENT	BOYS
19	Open 1000 Free	20

DECK ENTRIES	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, prior to the start of each session, at the cost of \$10.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be Pre-seeded with the exception of the event(s) noted below.

	Positive check in for 500 Free, 1000 Free, 1650 Free and 400 IM
AWARDS	Individual Events: 1st - 8th Ribbons. (awarded by age group) Top Points Rosette for Girls and Boys in each age group.
SCORING	This meet will not be scored
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input type="checkbox"/> session <input checked="" type="checkbox"/> entire meet. Meet mobile <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be available. Admission is \$5.00 per session or \$10.00 for entire meet. Children under 12 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	- All events will be positive check in. - 1650, 1000 and 500 will be run fastest to slowest with alternating heats of girls then boys. - 1650, 1000 and 500 swimmers will need to supply their own timers and lap counters. - Entries for 8 & Under swimmers will not be accepted

SESSION	WARM-UP TIMES	MEET STARTS
1	8:00am	9:15am
2	1:30pm	2:30pm
3	8:00am	9:15am
4	12:30pm	1:30pm
WARM-UP INFORMATION	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	
DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>	
RACING START CERTIFICATION	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</p>	
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure	
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.	
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.	
RULES:	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p>No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>	

DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
DECK CHANGING	Deck changes are prohibited.
DIRECTIONS	<p>GPS: Use 105 Pucillo Drive, Millersville, PA 17551. Please follow directions below when entering Millersville as GPS devices often do not recognize the new traffic patterns in Millersville.</p> <p>From the West/Rt. 30/York- Take Rt. 30 East toward Lancaster. Get off the Rt. 741/Millersville/Rohrerstown exit and turn right onto Rohrerstown Rd. Proceed straight until Rt. 999/Manor Ave. Turn right onto Manor Ave., then turn left at the 3rd light (George St.) At the sign for the Sugar Bowl restaurant, turn left onto Normal Ave. Proceed straight through the stop sign, going behind the stadium bleachers. Pucillo will be ahead on your left.</p> <p>From 283/Harrisburg: Take Rt. 283 east toward Lancaster. Get off the Rt. 741/Millersville/Rohrerstown and proceed straight for 5 miles until Rt. 999/Manor Ave. Turn right onto Manor Ave., then turn left at the 3rd light (George St.) At the sign for the Sugar Bowl restaurant, turn left onto Normal Ave. Proceed straight through the stop sign, going behind the stadium bleachers. Pucillo will be ahead on your left.</p> <p>From the North/Lebanon: Take Rt. 72 south toward Lancaster. When you reach East Petersburg, turn right at light by Haydn Zug's onto State St. Turn left at next light onto Lemon St/741. Keep following 741 until Rt. 999/Manor Ave. Turn right onto Manor Ave., then turn left at the 3rd light (George St.) At the sign for the Sugar Bowl restaurant, turn left onto Normal Ave. Proceed straight through the stop sign, going behind the stadium bleachers. Pucillo will be ahead on your left.</p> <p>From the East/Chester Co./Philadelphia: From I-76/PA Turnpike: Go west toward Harrisburg to Reading/Lancaster exit. Make a left onto Rt. 222 South and follow to Rt. 30. Take ramp to Rt. 30 West toward York. Take the Rt.741/Millersville/Rohrerstown exit and turn left onto Rohrerstown Rd. Proceed straight until Rt. 999/Manor Ave. Turn right onto Manor Ave., then turn left at the 3rd light (George St.) At the sign for the Sugar Bowl restaurant, turn left onto Normal Ave. Proceed straight through the stop sign, going behind the stadium bleachers. Pucillo will be ahead on your left.</p> <p>For a map of the area surrounding the pool, please see http://marauderaquaticclub.org/Pool_Directions.html</p>
ACCOMODATIONS	<p>There are countless hotels located in and around Lancaster. Some that are very close to Millersville are:</p> <p>Lancaster Travelodge 2101 Columbia Ave, Lancaster, PA, 17603</p> <p>DoubleTree 2400 Willow Valley Pike, Lancaster, PA, 17602</p> <p>Lancaster Marriott at Penn Square 25 South Queen Street, Lancaster, PA, 17603</p> <p>Heritage Hotel 500 Centerville Rd, Lancaster, PA, 17601</p> <p>Westfield Inn and Suites 2929 Hempland Rd, Lancaster, PA, 17601</p>

	Sleep Inn 310 Primrose Ln, Mountville, PA, 17554
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