

ARCTIC BLAST MINI MEET
SATURDAY - JANUARY 6, 2018

MEET HOST	TIDE WATER AQUATICS CLUB		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 1811 M <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	STEVE SKINNER AND JOE PEQUES	E-MAIL: TwacEntries@gmail.com	PHONE: 856 853-1820
LOCATION	Pool name RIVERWINDS AQUATIC CENTER Street address 1000 RIVERWINDS DRIVE City, state and zip WEST DEPTFORD, NJ 08086 Day of meet ONLY emergency phone 856 899-9009		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado timing system with a 8 line scoreboard and 7 lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 100 and spectator seating for 200. Parking 100 Hospitality yes Snack bar n/a		
POOL CERTIFICATION	The competition course <input checked="" type="checkbox"/> has <input type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 12 feet and at the turn end is 3.5 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	12:00 AM NOVEMBER 1, 2017		
ENTRY DEADLINE	DECEMBER 21, 2017 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00	Relay Events: \$10.00	
ENTRY LIMITs	5 Individual Events per day (excluding relays).	n/a Relays per day	MEET ENTRY LIMIT: 5
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to SWIMMERS AGE 8 AND UNDER USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> • The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. • Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded last . NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. • Entries must be submitted electronically in a format compatible with Hytek meet management software. • All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information • Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. • FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by December 23, 2017 Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	NANCY CURTIS	PHONE #: 856-853-1820 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	TWACENTRIES@GMAIL.COM EMAIL IS THE PREFERRED MANNER TO SEND YOUR ENTRIES IN. (INCLUDING ENTRY REPORT) PLEASE INCLUDE THE NUMBER OF ATHLETES AND ENTRIES IN THE BODY OF THE EMAIL AS WELL AS A CONTACT NUMBER FOR THE PERSON RESPONSIBLE FOR YOUR TEAM'S ENTRIES. ENTRIES CAN ALSO BE MAILED TO: MONSTER AND MADNESS C/O TWAC 128 S. JACKSON ST WOODBURY NJ 08096. TEAM'S MUST SUBMIT ONE CHECK OR MONEY ORDER TO COVER THE COST OF THEIR COLLECTIVE ENTRIES. MAKE ALL CHECKS PAYABLE TO "TIDE WATER AQUATICS CLUB".		
MAIL CHECKS/ REPORTS	128 S JACKSON ST WOODBURY N.J. 08096		
CHECKS PAYABLE TO	TIDE WATER AQUATICS CLUB		
SAFETY DIRECTOR	NANCY CURTIS	E-MAIL: TWACentries@gmail	PHONE: 856 853-1820
OFFICIALS CONTACT	NANCY CURTIS	E-MAIL: TWACentries@gmail	PHONE: 856 853-1820

Session 1

4:30 pm

GIRLS	EVENT	BOYS
1	8 & Under 200 Free	2
3	7 & 8 25 Free	4
5	6 & under 25 Free	6
7	6 & Under 50 Free	8
9	7-8 50 Free	10
11	8 & Under 100 Free	12
13	6 & under 25 Back	14
15	7 -8 25 Back	16
17	8 & Under 50 Back	18
19	8 & Under 100 Back	20
21	6 & under 25 Breaststroke	22
23	7 -8 25 Breaststroke	24

Session 1

GIRLS	EVENT	BOYS
25	8 & Under 50 Breaststroke	26
27	8 and Under 100 Breaststroke	28
29	6 and under 25 Fly	30
31	7 -8 25 Fly	32
33	8 and Under 50 Fly	34
35	8 and under 100 Fly	36
37	8 & Under 100 IM	38
39	8 & Under 200 IM	40

DECK ENTRIES	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be pre-seeded with the exception of the event(s) noted below. All events will be seeded prior to the start of the meet.
AWARDS	1st through 8th place ribbons
SCORING	none
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input type="checkbox"/> session <input checked="" type="checkbox"/> entire meet. Meet mobile <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be available. Admission is \$0. Children under \$0 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	Due to limited deck space the meet will be limited to 100 swimmers. Teams and swimmers will be accepted until the 100 swimmer limit is met. Specific entry directions to the pool area will be sent to all teams prior to the meet. MEET SURCHARGE: \$15.00 PER SWIMMER - SURCHARGE INCLUDES: NO ADMISSION FEE- DUE TO RIVERWINDS COMMUNITY CENTER POLICY NO ADMISSION CHARGE MAY BE COLLECTED. POST MEET CELEBRATION: THE LEISURE POOL WILL REMAIN OPEN FOR 1 HOUR FOLLOWING THE MEET AND EACH SWIMMER WILL BE OFFERED PIZZA/HOT DOG AND A DRINK.

SESSION	WARM-UP TIMES	MEET STARTS
1	4:00 pm - 4:30pm	4:30 pm
WARM-UP INFORMATION	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	

DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
RACING START CERTIFICATION	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</p>
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p>No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board</p>

	<p>and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
DRONES	<p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.</p>
DECK CHANGING	<p>Deck changes are prohibited.</p>
DIRECTIONS	<p>From the North: 295 south to exit 21. At the bottom of the ramp, turn right. At first light, Delaware st., turn left. At next light, the road name changes to RiverWinds Drive. Stay Straight on RiverWinds Drive. Continue on RiverWinds Drive until you reach the Community Center. From the South: 295 north to exit 21. At bottom of ramp, turn left on to Delaware Street. At first light stay straight. At next light, the road name changes to RiverWinds Drive. Stay Straight on RiverWinds Drive. Continue on RiverWinds Drive until you reach the Community Center.</p>
ACCOMODATIONS	<p>Best Western 98 Friars Blvd. Thorofare NJ 08086</p>