

**FIRST STATE CUP INVITATIONAL
NOVEMBER 11-12, 2017**

MEET HOST	DELAWARE SWIM TEAM		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 1885 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	CECILY CONNELL	E-MAIL: connellcecily@gmail.com	PHONE: 302-234-8500
LOCATION	Pool name UNIVERSITY OF DELAWARE, CARPENTER SPORTS BUILDING, HARRY RAWSTROM POOL Street address 26 NORTH COLLEGE AVE City, state and zip NEWARK DE 19711 Day of meet ONLY emergency phone 302- 831-2264		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado System 6 timing system with a 8 line scoreboard and Competitor non-turbulent lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 500 and spectator seating for 750. Parking 800 Hospitality Yes Snack bar N/A		
POOL CERTIFICATION	The competition course <input checked="" type="checkbox"/> has <input type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 4 feet and at the turn end is 4 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	09/30/17		
ENTRY DEADLINE	10/28/17 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00		Relay Events: \$10.00
ENTRY LIMITS	2 IE per session / 4 IE per day Individual Events per day (excluding relays).	1/per session Relays per day	MEET ENTRY LIMIT: 10
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ALL 9 & OVER USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration (athletes only) <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by tuning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee. This applies to all swimmers attached to a club.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> • The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. • Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded YSL. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. • Entries must be submitted electronically in a format compatible with Hy-Tek meet management software. • All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information • Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. • FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by 11/03/17 Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	PABLO MARMOLEJO	PHONE #: (302)234-8500 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	DSTENTRIES@GMAIL.COM		
MAIL CHECKS/ REPORTS	DELAWARE SWIM TEAM C/O PABLO MARMOLEJO/MEET ENTRIES 4905 MERMAID BLVD, WILMINGTON, DE 19808		
CHECKS PAYABLE TO	DELAWARE SWIM TEAM		
SAFETY DIRECTOR	MATT AUNGST	E-MAIL: matthewaungst@freestyles.org	PHONE: (302)234-8500
OFFICIALS CONTACT	PABLO MARMOLEJO	E-MAIL: marmolejo.pablo@gmail.com	PHONE: (302)234-8500

Session 1

Saturday Warm up 9:15 am / Start 10:00 am

GIRLS	EVENT	BOYS
1	Open 200 Yard IM	2
3	Open 50 Yard Freestyle	4
5	Open 100 Yard Butterfly	6
7	Open 500 Yard Freestyle	8
9	Open 4 x 50 Yard Free Relay	10

Session 2

Saturday Warm up 4:30 pm / Start 5:30 pm

GIRLS	EVENT	BOYS
11	Open 200 Yard Backstroke	12
13	Open 100 Yard Breaststroke	14
15	Open 200 Yard Butterfly	16
17	Open 100 Yard Freestyle	18
19	Open 4 x 100 Yard Individual Medley	20

Session 3

Sunday Warm up 7:15 am / Start 8:00 am

GIRLS	EVENT	BOYS
21	Open 1000 Yard Freestyle	22

Session 4

Sunday Warm up 10:00 am / Start 11:00 am

GIRLS	EVENT	BOYS
23	Open 200 Yard Freestyle	24
25	Open 100 Yard Backstroke	26
27	Open 200 Yard Breaststroke	28
29	Open 400 Yard IM	30
31	Open 4 x 50 Yard Medley Relay	32

DECK ENTRIES	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be pre-seeded with the exception of the event(s) noted below. Positive Check-in is required to be seeded for The 500Free, 400 IM & 1000 Free. A check in table will be set up on deck and will close 30 minutes after the session start. Swimmers who check in will be seeded to swim the event. A swimmer who positively checks in for an event and fails to swim the event will be barred from swimming his/her next individual event. The 1000 free will be swum fastest to slowest alternating women and men; the swimmers must provide their own timer and counter. The 500 Free and 400 IM will be swum slow to fast, and will not alternate women & men.
AWARDS	There are no awards for individual or relay events. There will be High Point Awards for the top woman and top man; the 1 st State Cup will be awarded to the Team who places first in overall Team High Point
SCORING	Scoring for individual events will be 1 st through 16 th place. (20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1) Relay points are double those for individual events

PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be available. Admission is \$5 per day / Programs \$3 per session. Children under 10 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	The doors to the facility will open no earlier than 9:00am on Saturday, and 7:15 am on Sunday. Please do not attempt to enter the building before these posted times

SESSION	WARM-UP TIMES	MEET STARTS
Saturday Session 1	9:15 am	10:00 am
Saturday Session 2	4:30 pm	5:30 pm
Saturday Session 3 (1000Fr)	7:15 am	8:00 am
Sunday Session 4	10:00 am	11:00 am
WARM-UP INFORMATION	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	
DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>	
RACING START CERTIFICATION	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</p>	
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure	
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.	
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.	
RULES:	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p>No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>	
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.	

PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
DECK CHANGING	Deck changes are prohibited.
DIRECTIONS	<p>From I-95, take exit 1B Newark, Rt. 896 North. Follow Rt. 896 for approximately 3 miles. Rt. 896 will become S. College Ave. Follow until it dead ends at light at Main St. Turn left at light and make immediate right onto Old College Ave. First driveway on right goes toward the pool (for drop off only).</p> <p>Parking is located across the railroad tracks, opposite side of the street.</p> <p>If using GPS, use the address: 60 North College Avenue, Newark DE 19711. This is Unique Impressions and is located next to the pool.</p>
ACCOMODATIONS	<ul style="list-style-type: none"> - Courtyard by Marriott Newark-University of Delaware. 400 David Hollowell Dr, Newark, DE 19716. (302) 737-0900 -Homewood Suites by Hilton Newark. 640 S College Ave, Newark, DE 19713. (302) 453-9700 -Embassy Suites by Hilton Newark. 654 S College Ave, Newark, DE 19713. (302) 368-8000 -Candlewood Suites Newark South. 1101 S College Ave, Newark, DE 19713. 302) 368-5500