

# EMMAUS AQUATIC CLUB



**EMAC**  
Green Swarm

## 22nd Annual Winter A/BB/C Invitational Meet January 25-27, 2019

MEET HOST	EMMAUS AQUATIC CLUB - EMAC		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. <b>Sanction #</b> MA 19113 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	JOHN KLINE	E-MAIL: meetdirector@emacswim.org	PHONE: 610-780-7587
LOCATION	<b>Pool name</b> EMMAUS HIGH SCHOOL <b>Street address</b> 500 MACUNGIE AVE <b>City, state and zip</b> EMMAUS, PA 18049 <b>Day of meet ONLY emergency phone</b> 610-780-7587		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 6 lanes for competition, a Colorado timing system with a 6 line scoreboard and Anti-wave lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 200 and spectator seating for 450. Parking 1000 Hospitality yes/on deck Snack bar yes/lobby		
POOL CERTIFICATION	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 12 feet and at the turn end is 4 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	DECEMBER 3, 2018		
ENTRY DEADLINE	JANUARY 9, 2019 at 11:59 PM		
ENTRY FEES	Individual Events: <b>\$5.00</b>		Relay Events: <b>\$10.00</b>
ENTRY LIMITs	5 Individual Events per day (excluding relays).	Relays per day	<b>MEET ENTRY LIMIT: 11</b>
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age <b>as of the first day of the meet</b> determines eligibility. This meet is open to 9 & OLDER USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee. This applies to all swimmers attached to a club.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> <li>The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded after the SCY entries. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted.</li> <li>Entries must be submitted electronically in a format compatible with Hy-Tek meet management software.</li> <li>All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information</li> <li>Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's <a href="#">TM Lite</a> for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found <a href="#">here</a>.</li> <li><b>FINAL</b> entry payments and any necessary reports must be mailed or e-mailed to the entry chair by January 21, 2019. Include <a href="#">Meet Entry Summary</a> with payment.</li> </ul>		
MEET ENTRY CHAIR	JOHN KLINE	PHONE #: 610-780-7587 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	MEETDIRECTOR@EMACSWIM.ORG		
MAIL CHECKS/ REPORTS	EMAC, 860 BROAD ST., SUITE 107, EMMAUS, PA 18049		
CHECKS PAYABLE TO	EMMAUS AQUATIC CLUB OR EMAC		
OPERATIONAL RISK DIRECTOR	JOHN KLINE	E-MAIL: meetdirector@emacswim.org	PHONE: 610-780-7587
OFFICIALS CONTACT	BETSY CHAMPAGNE	E-MAIL: officials@emacswim.org	PHONE:

**Session 1**

Friday PM – January 25, 2019 - Day of meet: 1

Warm-up 5:00 PM / Meet Starts at 5:45 PM

\*All events require Positive check-in by 5:15PM

GIRLS	EVENT	BOYS
1	11 & Over 400 IM Swum fast to slow alternating a heat of women, and a heat of men Must provide own timer	2
3	11 & Over 1650 Free Swum fast to slow alternating a heat of women, and a heat of men Must provide own timer and counter	4

**Session 2**

Saturday AM (13 &amp; Over) – January 26, 2019 - Day of meet: 2

Warm-up 7:45 AM / Meet Starts at 9:00 AM

GIRLS	EVENT	BOYS
5	13 & Over 200 IM	6
7	13 & Over 100 Freestyle	8
9	13 & Over 200 Backstroke	10
11	13 & Over 100 Butterfly	12
13	13 & Over 200 Breaststroke	14

**Session 3**

Saturday PM (12 &amp; Under) – January 26, 2019 - Day of meet: 2

Warm-up 1:00 PM / Meet Starts at 2:00 PM

GIRLS	EVENT	BOYS
15	11-12 100 Breaststroke	16
17	9-10 100 Breaststroke	18
19	11-12 50 Freestyle	20
21	9-10 50 Freestyle	22
23	11-12 100 IM	24
25	9-10 100 IM	26
27	9-12 200 Backstroke	28
29	9-10 50 Backstroke	30
31	11-12 200 Freestyle	32
33	9-10 200 Freestyle	34
35	11-12 100 Butterfly	36
37	9-10 100 Butterfly	38

**Session 4**

Sunday AM (13 &amp; Over) – January 27, 2019 - Day of meet: 3

GIRLS	EVENT	BOYS
39	13 & Over 200 Freestyle	40
41	13 & Over 100 Breaststroke	42
43	13 & Over 200 Butterfly	44
45	13 & Over 50 Freestyle	46
47	13 & Over 100 Backstroke	48

**Session 5**

Sunday PM (12 & Under) – January 27, 2019 - Day of meet: 3

Warm-up 1:00 PM / Meet Starts at 2:00 PM

GIRLS	EVENT	BOYS
49	9-12 200 Breaststroke	50
51	9-10 50 Breaststroke	52
53	11-12 100 Freestyle	54
55	9-10 100 Freestyle	56
57	11-12 200 IM	58
59	9-10 200 IM	60
61	9-12 200 Butterfly	62
63	9-10 50 Butterfly	64
65	11-12 100 Backstroke	66
67	9-10 100 Backstroke	68

<b>DECK ENTRIES</b>	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
<b>PROOF OF TIMES</b>	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
<b>SEEDING</b>	This meet will be DECK-seeded with the exception of the event(s) noted below.
<b>AWARDS</b>	Awards are based on times achieved at this meet. Current short course yards time standards published by USA Swimming will be used to award times achieved at this meet. "A" Individual Events - Medals 1st-3rd, Ribbons 4th-6th "BB" Individual Events - Ribbons 1st-6th "C" Individual Events - Ribbons 1st-6th  No awards will be given to 15 & Over swimmers.
<b>SCORING</b>	There will be no scoring at this meet.
<b>PROGRAMS AND ADMISSION</b>	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is 5.00 per session. Fri PM=Free. Children under 7 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
<b>MISCELLANEOUS</b>	

SESSION	WARM-UP TIMES	MEET STARTS
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#1 Friday PM	5:00-5:40 PM	5:45PM
#2 Saturday AM	7:45 AM - 8:55 AM	9:00 AM
#3 Saturday PM	1:00 PM - 1:55 PM	2:00 PM
#4 Sunday AM	7:45 AM - 8:55AM	9:00 AM
#5 Sunday PM	1:00 PM - 1:55 PM	2:00 PM
<b>WARM-UP INFORMATION</b>	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	

<b>DECK PRIVILEGES</b>	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>	
<b>RACING START CERTIFICATION</b>	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <b>A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</b></p>	
<b>QUALIFYING TIMES</b>	<p>Qualifying Times (if applicable) are shown on the attached Meet Structure</p>	
<b>MEET/DECK REFEREE</b>	<p>The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the course of the meet.</p>	
<b>MEET MARSHALS</b>	<p>Meet Marshals have full authority through the Meet Referee &amp; Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.</p>	
<b>RULES:</b>	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>	
<b>DISABLED SWIMMERS</b>	<p>Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.</p>	
<b>PROTESTS</b>	<p>A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator</p>	
<b>PHOTOGRAPHY</b>	<p><b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b></p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the</p>	

	<p>entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
<b>DRONES</b>	<p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.</p>
<b>DECK CHANGING</b>	<p>Deck changes are prohibited.</p>
<b>DIRECTIONS</b>	<p>From North/South: N.E. Extension of PA turnpike to Lehigh Valley exit 56, Route 22 East to Route 309 South to Cedar Crest Blvd exit 55 - turn right on to Cedar Crest. From West: I-78 to Cedar Crest Blvd exit 55 – turn right on to Cedar Crest. From East: I-78 to Cedar Crest Blvd exit 55 – turn left on to Cedar Crest. Take Cedar Crest Blvd South for approx. 4 miles, high school football stadium will be on left, turn left onto North St. Use entrance located near the tennis courts, the words “Sports Center” are directly above these doors.</p>
<b>ACCOMMODATIONS</b>	