

Middle Atlantic Swimming

2019 LCM SILVER CHAMPS TIME STANDARD RANGES

GIRLS - LCM		GIRLS - SCM		GIRLS - SCY			BOYS - SCY		BOYS - SCM		BOYS - LCM	
Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	15-18	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than
33.99	29.99	33.19	29.59	29.89	26.49	50 Free	23.49	31.19	26.79	31.19	26.99	31.99
1:13.99	1:04.09	1:12.39	1:04.19	1:05.19	56.19	100 Free	50.89	1:02.49	57.89	1:09.39	57.99	1:10.99
2:35.99	2:15.49	2:32.79	2:16.79	2:17.69	1:58.59	200 Free	1:49.19	2:11.39	2:06.09	2:25.79	2:03.59	2:28.99
5:19.99	4:43.99	5:13.59	4:44.09	5:58.49	5:17.99	400 Free	4:51.99	5:58.49	4:28.99	5:13.59	4:23.99	5:19.99
1:20.99	1:12.59	1:19.79	1:12.09	1:11.89	1:04.19	100 Back	57.99	1:10.99	1:05.69	1:18.79	1:07.69	1:19.99
2:52.99	2:34.79	2:50.59	2:35.59	2:33.69	2:16.69	200 Back	2:07.79	2:32.79	2:23.39	2:49.59	2:26.69	2:51.99
1:38.99	1:23.79	1:36.99	1:22.89	1:27.39	1:13.39	100 Breast	1:06.29	1:21.99	1:16.09	1:31.99	1:17.09	1:32.99
3:23.99	2:59.89	3:19.99	2:57.49	3:00.19	2:38.29	200 Breast	2:23.79	2:52.99	2:42.49	3:11.99	2:46.39	3:15.99
1:26.99	1:09.99	1:25.59	1:09.39	1:17.09	1:01.99	100 Fly	56.69	1:14.39	1:04.69	1:22.59	1:04.09	1:23.99
3:10.99	2:41.29	3:08.19	2:38.99	2:49.59	2:22.09	200 Fly	2:06.79	2:39.69	2:22.09	2:57.19	2:24.39	2:59.99
2:59.99	2:36.79	2:57.19	2:34.59	2:39.69	2:15.19	200 IM	2:07.89	2:32.79	2:21.99	2:49.59	2:25.19	2:51.99
6:35.99	5:23.99	6:29.59	5:17.99	5:50.99	4:46.99	400 IM	4:23.99	5:45.59	5:03.99	6:23.59	5:01.99	6:29.99
Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	13-14	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than
33.99	29.69	33.19	29.09	29.89	26.09	50 Free	24.49	31.19	27.39	31.19	27.89	31.99
1:13.99	1:03.79	1:12.39	1:02.79	1:05.19	56.39	100 Free	53.09	1:02.49	59.19	1:09.39	1:00.19	1:10.99
2:35.99	2:18.69	2:32.79	2:15.89	2:17.69	2:02.49	200 Free	1:56.29	2:11.39	2:09.19	2:25.79	2:11.89	2:28.99
5:19.99	4:55.59	5:13.59	4:47.59	5:58.49	5:31.29	400 Free	5:17.89	5:58.49	4:43.99	5:13.59	4:36.39	5:19.99
1:20.99	1:12.89	1:19.79	1:10.69	1:11.89	1:03.59	100 Back	1:00.39	1:10.99	1:07.49	1:18.79	1:09.59	1:19.99
2:52.99	2:36.89	2:50.59	2:32.89	2:33.69	2:17.59	200 Back	2:11.99	2:32.79	2:27.09	2:49.59	2:30.99	2:51.99
1:38.99	1:23.09	1:36.99	1:21.29	1:27.39	1:13.09	100 Breast	1:08.39	1:21.99	1:17.39	1:31.99	1:19.09	1:32.99
3:23.99	2:59.99	3:19.99	2:57.69	3:00.19	2:39.69	200 Breast	2:31.69	2:52.99	2:50.09	3:11.99	2:52.19	3:15.99
1:26.99	1:11.89	1:25.59	1:10.79	1:17.09	1:03.69	100 Fly	59.59	1:14.39	1:06.89	1:22.59	1:07.89	1:23.99
3:10.99	2:43.09	3:08.19	2:41.49	2:49.59	2:24.89	200 Fly	2:17.19	2:39.69	2:33.99	2:57.19	2:35.59	2:59.99
2:59.99	2:38.49	2:57.19	2:34.29	2:39.69	2:18.99	200 IM	2:11.19	2:32.79	2:26.69	2:49.59	2:30.69	2:51.99
6:35.99	5:43.49	6:29.59	5:33.99	5:50.99	4:59.19	400 IM	4:44.59	5:45.59	5:19.19	6:23.59	5:28.19	6:29.99
Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	11-12	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than
35.99	30.99	35.19	30.49	31.69	27.29	50 Free	27.29	32.59	30.49	36.19	31.09	36.99
1:21.99	1:08.29	1:20.39	1:07.09	1:12.39	59.99	100 Free	59.99	1:14.29	1:06.59	1:22.39	1:07.79	1:23.99
2:47.99	2:27.99	2:44.79	2:24.99	2:28.49	2:09.89	200 Free	2:10.79	2:28.49	2:24.79	2:44.79	2:27.69	2:47.99
5:49.99	5:12.29	5:43.59	5:03.89	6:32.19	5:49.39	400 Free	5:49.99	6:32.19	5:03.99	5:43.59	5:12.29	5:49.99
44.99	36.59	44.39	35.39	39.99	31.59	50 Back	31.79	39.99	35.29	44.39	36.49	44.99
1:32.99	1:17.79	1:31.99	1:15.49	1:21.99	1:07.39	100 Back	1:08.29	1:28.99	1:16.79	1:38.79	1:18.09	1:39.99
2:59.99	2:48.69	2:57.19	2:44.39	2:39.69	2:26.79	200 Back	2:29.79	2:48.99	2:46.99	3:07.59	2:51.39	3:09.99
51.99	40.59	50.99	39.59	45.89	35.49	50 Breast	35.99	48.59	39.99	53.99	40.99	54.99
1:45.99	1:28.29	1:43.99	1:26.39	1:33.69	1:17.39	100 Breast	1:19.09	1:43.59	1:28.49	1:54.99	1:30.49	1:56.99
3:35.99	3:12.29	3:31.99	3:09.89	3:10.99	2:49.99	200 Breast	2:52.69	3:10.99	3:11.89	3:31.99	3:14.29	3:35.99
44.99	34.69	44.19	33.69	39.89	29.89	50 Fly	29.99	41.69	33.39	46.19	34.39	46.99
1:32.99	1:17.29	1:31.59	1:16.09	1:22.49	1:07.69	100 Fly	1:08.79	1:26.09	1:16.59	1:35.59	1:17.69	1:36.99
3:20.99	3:01.79	3:18.19	2:59.99	2:58.49	2:39.99	200 Fly	2:39.99	2:58.49	2:57.59	3:18.19	2:59.39	3:20.99
3:04.99	2:49.99	3:01.79	2:45.59	2:43.79	2:28.09	200 IM	2:28.59	2:53.69	2:45.19	3:12.79	2:49.69	3:15.99
6:45.99	6:07.19	6:39.59	5:57.09	5:59.99	5:20.29	400 IM	5:21.99	5:59.99	5:58.69	6:39.59	6:08.89	6:45.99
Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	10&U	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than	Slower Than	Equal To Faster Than
47.99	35.39	47.19	34.79	42.49	30.99	50 Free	30.99	44.29	34.49	49.19	35.19	49.99
1:42.99	1:17.69	1:41.39	1:16.39	1:31.29	1:08.79	100 Free	1:08.39	1:37.69	1:15.99	1:48.39	1:17.29	1:49.99
3:49.99	2:51.59	3:46.79	2:48.09	3:24.29	2:31.89	200 Free	2:32.39	3:24.29	2:48.69	3:46.79	2:52.19	3:49.99
6:59.99	6:04.09	6:53.59	5:54.29	7:50.59	6:47.99	400 Free	6:48.99	7:50.59	5:54.79	6:53.59	6:04.59	6:59.99
56.99	41.89	56.19	40.49	50.79	36.29	50 Back	36.19	36.19	39.99	59.19	41.29	59.99
2:03.99	1:30.39	2:02.79	1:27.69	1:50.59	1:18.49	100 Back	1:19.29	1:50.59	1:27.99	2:02.79	1:30.69	2:03.99
1:03.99	47.39	1:02.99	46.19	56.69	41.59	50 Breast	42.09	56.69	46.79	1:02.99	47.99	1:03.99
2:15.99	1:43.19	2:13.99	1:40.99	2:00.69	1:30.39	100 Breast	1:32.29	2:00.69	1:42.59	2:13.99	1:44.79	2:15.99
59.99	39.89	59.19	38.79	53.39	34.59	50 Fly	34.89	56.09	38.79	1:01.99	39.89	1:02.99
2:08.99	1:34.09	2:07.59	1:32.69	1:54.89	1:22.49	100 Fly	1:24.39	1:54.89	1:33.69	2:07.59	1:35.09	2:08.99
3:59.99	3:15.19	3:10.09	3:10.09	3:33.29	2:51.39	200 IM	2:52.69	3:33.29	3:11.49	3:56.79	3:16.69	3:59.99