

**KEYSTONE AQUATICS
2ND ANNUAL FALL A/BB/C INVITATIONAL
NOVEMBER 22-24, 2019**

MEET HOST	KEYSTONE AQUATICS		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 2087 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	NATE GENTZLER	E-MAIL: ngentzler284@gmail.com	PHONE: 717-586-4573
LOCATION	Pool name KEYSTONE AQUATIC CENTER Street address 103 MIDWAY DR. City, state and zip CARLISLE, PA 17015 Day of meet ONLY emergency phone 717-586-4573		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado timing system with a 8 line scoreboard and Competitor Gold Medal 6" lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 430 and spectator seating for 430. Parking capacity 430 Hospitality will be available for coaches and officials. Snack bar will be available during all sessions.		
POOL CERTIFICATION	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 8 feet and at the turn end is 8 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	AUGUST 1, 2019		
ENTRY DEADLINE	NOVEMBER 6, 2019 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00	Relay Events: \$10.00	
ENTRY LIMITs	4 Individual Events per day (excluding relays).	0 Relays per day	MEET ENTRY LIMIT: 10
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ALL 9 & OVER USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by tuning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee. This applies to all swimmers attached to a club.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> • The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. • Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded after all of the yards seed times. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. • Entries must be submitted electronically in a format compatible with Hy-Tek meet management software. • All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information • Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. • FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by entry deadline. Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	NATE GENTZLER	PHONE #: 717-586-4573 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	NGENTZLER284@GMAIL.COM		
MAIL CHECKS/ REPORTS	SCOTT ZACHARDA, 103 MIDWAY DR. CARLISLE, PA 17015		
CHECKS PAYABLE TO	KEYSTONE AQUATICS		
OPERATIONAL RISK DIRECTOR	NATE GENTZLER	E-MAIL: ngentzler284@gmail.com	PHONE: 717-586-4573
OFFICIALS CONTACT	ANDY MILLER	E-MAIL: andrew.miller@ngc.com	PHONE: 717-825-8807

Session 1
Friday Distance

GIRLS	EVENT	BOYS
1	Senior 400 IM	2
3	Senior 1000 Freestyle	4

Session 2
Saturday Morning

GIRLS	EVENT	BOYS
5	13-14 200 Backstroke	6
7	Senior 200 Backstroke	8
9	13-14 100 Breaststroke	10
11	Senior 100 Breaststroke	12
13	13-14 200 Butterfly	14
15	Senior 200 Butterfly	16
17	13-14 100 Freestyle	18
19	Senior 100 Freestyle	20
21	13-14 200 Individual Medley	22
23	Senior 200 Individual Medley	24

Session 3
Saturday Distance

GIRLS	EVENT	BOYS
25	Senior 500 Freestyle	26

Session 4
Saturday Evening

GIRLS	EVENT	BOYS
27	12 & Under 200 Freestyle	28
29	9-10 100 Individual Medley	30
31	11-12 100 Individual Medley	32
33	9-10 50 Backstroke	34
35	11-12 50 Backstroke	36
37	12 & Under 200 Butterfly	38
39	9-10 100 Freestyle	40
41	11-12 100 Freestyle	42
43	9-10 50 Breaststroke	44
45	11-12 50 Breaststroke	46
47	9-10 100 Butterfly	48
49	11-12 100 Butterfly	50

Session 5
Sunday Morning

GIRLS	EVENT	BOYS
51	13-14 200 Freestyle	52
53	Senior 200 Freestyle	54
55	13-14 100 Butterfly	56
57	Senior 100 Butterfly	58
59	13-14 50 Freestyle	60
61	Senior 50 Freestyle	62
63	13-14 100 Backstroke	64
65	Senior 100 Backstroke	66
67	13-14 200 Breaststroke	68
69	Senior 200 Breaststroke	70

Session 6
Sunday Distance

GIRLS	EVENT	BOYS
71	Senior 1650 Freestyle	72

Session 7
Sunday Evening

GIRLS	EVENT	BOYS
73	12 & Under 200 Individual Medley	74
75	9-10 50 Butterfly	76
77	11-12 50 Butterfly	78
79	12 & Under 200 Breaststroke	80
81	9-10 100 Backstroke	82
83	11-12 100 Backstroke	84
85	9-10 50 Freestyle	86
87	11-12 50 Freestyle	88
89	12 & Under 200 Backstroke	90
91	9-10 100 Breaststroke	92
93	11-12 100 Breaststroke	94

DECK ENTRIES Deck Entries will not be accepted will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.

PROOF OF TIMES Entry times must be from a sanctioned, approved or observed meet. Proof of time is is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic

SEEDING This meet will be deck-seeded with the exception of the event(s) noted below.
All events for this meet will be deck seeded. With the exception of the distance session events, "scratch back" sheets will be provided to each attending team at the admin table by the start of each warm-up session. "Scratch back" sheets MUST be turned back into the admin table no later than 45 minutes prior to the start of the session.

A swimmer who will scratch all events for that session should have a thin line drawn through his/her name, and "SCR" written next to the line. A swimmer scratching a single event should have a thin line drawn through the name of the event, and "SCR" written next to the line. Please use a simple thin line, not a scribble, so that the name or event is still legible. There is no penalty for swimmers that are not scratched and then do not swim their event for "scratch back" sessions.

	<p>For the distance session events, positive check-in sheets will be available at a table labeled as the “scratch table.” Positive check-in for these events will open when announced and close between 30-60 minutes prior to the start of the session. There MAY BE a penalty for swimmers that check in and then do not swim their event, at the discretion of the meet referee.</p> <p>All distance session events will be seeded fast-to-slow, and alternate heats of girls and boys.</p>	
AWARDS	<p>Awards will be presented to the 9-10 and 11-12 age groups for each event. Awards will not be given to 13-14 or senior swimmers.</p> <p>Awards will be presented to the top 8 times in each category, “A”, “BB”, “C.” Results categories will be based on the entry time, not the time swum during the meet. Deck entered swimmers are not eligible for awards.</p> <p>Awards must be picked up by the end of the meet. They will not be mailed.</p>	
SCORING	20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1	
PROGRAMS AND ADMISSION	<p>Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is \$5.00. Children under five admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.</p>	
MISCELLANEOUS	<p>Programs/heat sheets are only provided to coaches, officials, and volunteers - they will not be provided to spectators. There will be a few copies of the heat sheet for each session posted to the walls of the natatorium, and the heat sheets will also be posted to meet mobile.</p> <p>Results will be posted throughout the meet for parents and swimmers to view. Live results will be available through the Meet Mobile app available for iPhone and Android.</p> <p>Final results will be posted on www.maswim.org, and they will also be provided electronically to any coach who brings a flash drive, at the conclusion of the meet.</p> <p>Swimmers need to provide their own timer for the 400 IM, and their own timer AND counter for the 500, 1000, and 1650 Freestyle.</p>	
SESSION	WARM-UP TIMES	MEET STARTS
1 (FRI. DIST.)	5:30 PM	6:30 PM
2 & 5 (13 & OVER)	6:30 AM	8:00 AM
3 & 6 (DISTANCE)	12:00 PM	12:30 PM
4 & 7 (12 & UN.)	2:30 PM (2:00 PM SUNDAY)	3:45 P (3:15 P SUN)
WARM-UP INFORMATION	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	
ATHLETE PROTECTION (MAAPP)	<p>All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy (“MAAPP”), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.</p>	
DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual’s membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>	

TECH SUIT POLICY	Beginning January 1, 2018, swimmers ten (10) years of age and younger may not compete in a 'Tech suit' at any Middle Atlantic sanctioned meet, including Mini-meets and Developmental meets. This restriction also applies to any swimmer age ten (10) years or younger that is competing in a 'Senior' designated event or other event for which there is no age restriction.
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced. Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/ No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time. As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
DECK CHANGING	Deck changes are prohibited.
DIRECTIONS	From 81 North or South: Take Exit 47 for PA-34/Hanover St. Turn right onto PA-34 S/S Hanover St./Holly Pike. Continue to follow PA-34 S past Chili's Grill & Bar (on the left in 0.2 mi.) Turn left onto Midway Dr. Keystone Aquatics Center will be straight ahead.
ACCOMMODATIONS	Days Inn Carlisle South, Alexander Spring Rd, Carlisle, PA LaQuinta Inn & Suites, Bent Creek Blvd, Mechanicsburg, PA Wingate by Wyndham, 236 Cumberland Pkwy Mechanicsburg, PA

