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# JERSEY STORM SWIMMING

Swim Team Parents Association President  
Mr. Ron Salesky

**P. O. BOX 369  
FORT DIX, NJ 08640  
(609) 723-2664**

Head Coach  
John Fletcher

**E-Mail: [strmswim@hotmail.com](mailto:strmswim@hotmail.com)**

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Dear Coach/Club Official,

This is the tenth annual New Jersey State Championship meet hosted by Jersey Storm Swimming. This meet has become a great tradition, and is sanctioned by the Middle Atlantic LSC of USA Swimming. It is open to all USS registered teams and swimmers competing or living in the state of New Jersey.

We are happy to announce that we will again host the NJ State Championship at the Gloucester Institute of Technology (GCIT) pool in Sewell, NJ. The pool offers excellent facilities including two 8-lane competition pools, ample deck space and spectator seating. It is our hope that we will be able to accommodate all swimmers at this great facility. We must emphasize the importance of getting your entries in early! When a session reaches the four-hour limit no further entries will be accepted. If entries are returned in one session, other sessions will remain open if they meet the time line.

We are trying to develop a team atmosphere and competition at this meet and therefore we offer several unique features. First, although this is a Middle Atlantic sanctioned event, we attempt to invite all New Jersey LSC registered teams in order to run a true state championship. Second, this meet is open to all ages and ability levels, from Mini to Senior and C through AAAA, to enable you to bring your entire team! High point scoring and awards are the same as last year, the meet will be scored twice - once in the A/BB/C format for medals, rosettes and ribbons - and again with no time standards for individual High Point, Iron man/woman and team scores and plaques. High Point awards are presented to the top three swimmers in each age group. Ironman/Ironwoman awards are presented to the top 11-12, 13-14, and Senior swimmers competing in the designated events. Award plaques will be presented to the winning team and two runners-up.

The 13-14 and Senior age groups will be swimming in the mornings, along with the 8&Under age group. The 9-10 and 11-12 age groups will swim in the afternoons. We will be having a short middle session on Sunday to run the Senior 1650 Freestyle.

If you have any questions about the meet information, meet entries or the facilities; please call either Maria Caiafa at (609) 758-7384. We look forward to seeing you at the GCIT Indoor Pool on December 8<sup>th</sup> through the 10<sup>th</sup>. We wish your team great success this year and hope that this meet can help your team and swimmers as they strive to improve. Have a great holiday season!

Maria Caiafa  
Meet Director  
Jersey Storm Swimming

Ron Salesky  
President  
Jersey Storm Swimming

# JERSEY STORM SWIMMING

Presents the

## 2000

## NEW JERSEY

# STATE CHAMPIONSHIP SWIM MEET

## A/B/C/MINI MEET

At the

**Gloucester Institute of Technology (GCIT) Indoor Pool**

**Tanyard Road**

**Sewell, NJ 08080**

**(609) 468-1445 x2657** (dates of meet only)

**FRIDAY, SATURDAY, & SUNDAY, DECEMBER 8 - 10, 2000**

This meet is held under the Sanction of Middle Atlantic Swimming Inc., SANCTION #0135A

Meet Directors: Maria Caiafa (609) 758-7384

Safety Director: Dan Rosiejka (609) 723-2664

**PLEASE DIRECT ALL CALLS TO THE MEET DIRECTOR AT HER PHONE NUMBER. THE POOL PHONE NUMBER IS FOR YOUR INFORMATION ONLY. THEY CANNOT ANSWER YOUR MEET QUESTIONS.**

### 1. MEET FORMAT & SWIMMING RULES:

- a) **Format:** This A/B/C/Mini Swim Meet is held under the sanction of Middle Atlantic Swimming Inc. Current USA Swimming rules will govern the meet. All events are timed finals.
- b) **Eligibility:** This meet is open to all swimmers registered with USA Swimming that either swim or live in the state of New Jersey (MA and NJ LSCs). The meet will be conducted according to current USA Swimming rules. Swimmer's age as of Dec. 8, 2000 determines which age group they will compete in at the meet. Penalties will be imposed upon a swimmer when any coach, parent, or swimmer enters any time other than the swimmer's best time for any event.
- c) **Event Seeding:** All events will be pre-seeded with the exception of the 500FR, 1650FR, 800FR Relay, and the 400IM. These events will be deck seeded with a *positive check-in required 30 minutes before the session start time*. Swimmers must provide their own timer and counter. Further details will be provided in the coach's package available at the meet.
- d) **Entries/Entry Limitation:** In accordance with Mid-Atlantic policy regarding age group swim meets, when a session reaches 4 hours, that session will close. To comply with the Mid-Atlantic 4-hour session rule, entries will be processed in the following way. Entries are considered received when paid in full and will be processed in the order received. For entries received on the same day, Hy-Tek disk entries will be accepted first (in the order received) followed by paper (official entry form only) entries. No entry will be considered received until accompanied with full payment!! When a session reaches 4 hours, all further entries for that session will be returned. Other sessions will remain open until they also reach 4 hours. **NO LATE ENTRIES WILL BE ACCEPTED.** Teams and/or individuals that do not make a particular session or the meet will be notified of their status ASAP. Refunds for returned entries will be available at the meet or mailed after the meet if not picked up.
- e) **Safety:** USA Swimming and Middle Atlantic Swimming Inc. safety procedures and policies will be followed and enforced at all times. Failure to obey instructions of safety director, marshals & officials will result in disqualification from meet. All coaches/officials must be registered with USA Swimming and must display USS card to be admitted on deck.
- f) **Official Times:** All events are timed finals and places will be determined by the Colorado™ Timing System.
- g) **Warm-Up/Warm-Down Guidelines:** Swimmers must be under direct supervision of a currently registered USS coach. All unattached swimmers and swimmers without a coach must report to the meet director prior to warm-up. First: 45 minutes is general warm-up in all lanes. NO DIVING off starting blocks or from edge of pool during warm-up. Last 15 min. of warm-up there will be sprint lanes in lanes 1 & 2. Racing starts only, swim 1 length of the pool and get out at

opposite end. All starts during warm-up begin at starting block end. Swimmers violating safety rules will be removed from warm-up for the remainder of the warm-up session. Subsequent violations will cause the swimmer to be disqualified for the remainder of the meet.

## 2. FACILITY:

The meet will be held at the Gloucester County Institute of Technology (GCIT) in Sewell, NJ.

- a) **Competition Pools:** Two 8-lane, 25-yard competition pools with gutter systems, non-turbulent lane lines, Colorado™ Electronic Timing System, Colorado™ 8-lane scoreboard, and starting platforms.
- b) **Other:** Ample parking located in front of the pool, seating for over 600 swimmers and 550 spectators, full concession stand, rest room and locker room facilities available during meet.

## 3. EVENT INFORMATION:

- a) **Events:** All events are timed finals. All events will be scored and awarded as indicated in the meet information. Additional information is provided for the following events:
  - (i) **8&Under Individual Events:** 7-8 and 6&Under age groups will be combined together as 8&Under events, but will be scored and awarded separately as two separate age groups
  - (ii) **8&Under Relay Events:** 8&Under relays will be scored and awarded as 8&Under only.
  - (iii) **Senior Events:** All senior individual and relay events will be scored and awarded as one age group except for the following events:
    - (1) **Senior 500FR:** This event will be swum as a Senior event, but will be scored and awarded separately in the following age-groups, 9-10, 11-12, 13-14, and Senior. This event will require positive check-in by 6:00 PM. Swimmers must provide their own timer and counter.
    - (2) **Senior 400IM:** This event will be swum as a Senior event, but will be scored and awarded separately in the following age groups, 11-12, 13-14, and Senior. This event will require positive check-in by 7:00 PM. Swimmers must provide their own timer and counter.
    - (3) **Senior 1650FR:** This event will be swum as a Senior event, but will be scored and awarded separately in the following age groups, 11-12, 13-14, and Senior. The event will be limited to 6 heats (fastest 24 men and 24 women). It will be deck seeded, swimming fastest to slowest, alternating women then men. This event will require positive check-in by 11:30 AM. Swimmers must provide their own timer and counter.
    - (4) **Senior 200BK, 200BR, 200FL:** These events will be swum as Senior events, but will be scored and awarded separately in the following age-groups, 11-12 and Senior (this will allow 11-12 age-group swimmers to compete and be awarded/scored in these events).
- b) **Maximum Events/Individual:** Swimmers may enter a maximum of five (5) individual events and one (1) relay event per day.

## 4. ENTRY INFORMATION:

- a) **Entry Fees:** \$3.00 per individual event, \$6.00 per relay. In accordance with current Mid-Atlantic policy, any team entering more than 10 swimmers that does not submit entries on a computer disk using the "HY-TEK COMMLINK" program will incur a \$5.00 per swimmer surcharge. This surcharge as well as the normal entry fees must be paid in full for the entries to be considered received.
- b) **Deck Entries:** Deck entries will not be accepted.
- c) **Entry Submission: All teams (disk and non-disk entries) MUST SUBMIT THE TEAM INFORMATION SHEET.** All entries must be made on a computer diskette using the "HY-TEK COMMLINK" Program. A printed hard copy of the Team Roster (with USA Swimming numbers), a Hy-Tek Team Manager entry report (by swimmer) and a Hy-tek Commlink entry report (by swimmer) must accompany the disk. If this is not possible, the official entry form (enclosed) must be used and the surcharge paid if team has more than 10 swimmers. Please send **ONE** check per club/team, payable to **JERSEY STORM SWIMMING** (do not send individual checks for each swimmer). Mail checks and entry information to:

**Maria Caiafa**  
**238 Chestnut Drive**  
**North Hanover, NJ 08562**

- d) **Entry Deadline: 6:00 PM, FRIDAY, NOVEMBER 24, 2000.** All entries must be received by this date. **NO LATE ENTRIES WILL BE ACCEPTED.**
- e) **Results:** All clubs with 11 or more swimmers entered will receive meet results within two weeks of the meet. Clubs sending entries on diskette will also receive meet results on disk. Clubs or individuals wishing additional copies of the results may order by returning the coupon in the program with payment of \$5.00 made out to Jersey Storm Swimming.

## 5. AWARDS:

- a) **Individual Event Awards:** Individual event awards will be presented in following age groups, 6&Under, 7-8, 9-10, 11-12, 13-14, and Senior as follows:
  - (i) **“A” entries:** Medals 1<sup>st</sup> through 3<sup>rd</sup> place, ribbons for 4<sup>th</sup> through 8<sup>th</sup> place;
  - (ii) **“B” entries:** Rosettes 1<sup>st</sup> through 3<sup>rd</sup> place, ribbons 4<sup>th</sup> through 8<sup>th</sup> place;
  - (iii) **“C” entries:** Ribbons 1<sup>st</sup> through 8<sup>th</sup> place;
  - (iv) **7-8 and 6&Under entries:** Ribbons 1<sup>st</sup> through 16<sup>th</sup> place.
- b) **Relay Events:** - Medals will be presented in each of the following age groups, 8&Under, 9-10, 11-12, 13-14, and Senior as follows: Medals for 1<sup>st</sup> place, ribbons for 2<sup>nd</sup> and 3<sup>rd</sup> places.
- c) **Team Awards:** Plaques will be presented to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place teams. Unattached swimmers will not be considered in team scoring. Team scoring will be a team total (i.e., relays and individual events, men and women). See scoring rules for details.
- d) **Individual High Point Awards:** will be given to the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place men and women in each scoring age group (6&Under, 7-8, 9-10, 11-12, 13-14, and Senior). See scoring rules for details. Relay scoring will not be used to determine individual high point awards.
- e) **Ironman/Ironwoman Awards:** Plaques will be awarded to the top scoring male and female in the 11-12, 13-14, and Senior age groups who compete in the 500FR, 1650 FR, 200 FL, and 400 IM. A swimmer must swim and SUCCESSFULLY FINISH all four events to be eligible for this award. See scoring rules for details.

## 6. SCORING:

Team and Individual High Point scoring will be kept. It is imperative that all swimmers state their team affiliation on individual entries. This meet is designed primarily as a USA Swimming standard A/BB/C/Mini Meet and the individual event awards (medals, rosettes and ribbons) are based on those time standards. However, the high point (individual and team) and Ironman/Ironwoman awards ignore ALL time standards and the events/meet are re-scored based solely on fastest to slowest times in each scoring age group. Event scoring is as follows:

- a) **Individual Event Scoring:** 1<sup>st</sup>-20, 2<sup>nd</sup>-17, 3<sup>rd</sup>-16, 4<sup>th</sup>-15, 5<sup>th</sup>-14, 6<sup>th</sup>-13, 7<sup>th</sup>-12, 8<sup>th</sup>-11, 9<sup>th</sup>-9, 10<sup>th</sup>-7, 11<sup>th</sup>-6, 12<sup>th</sup>-5, 13<sup>th</sup>-4, 14<sup>th</sup>-3, 15<sup>th</sup>-2, 16<sup>th</sup>-1;
- b) **Relay Event Scoring:** 1<sup>st</sup>-40, 2<sup>nd</sup>-34, 3<sup>rd</sup>-32, 4<sup>th</sup>-30, 5<sup>th</sup>-28, 6<sup>th</sup>-26, 7<sup>th</sup>-24, 8<sup>th</sup>-22, 9<sup>th</sup>-18, 10<sup>th</sup>-14, 11<sup>th</sup>-12, 12<sup>th</sup>-10, 13<sup>th</sup>-8, 14<sup>th</sup>-6, 15<sup>th</sup>-4, 16<sup>th</sup>-2;

## 7. OFFICIALS:

All USS certified officials and trainees are invited to assist in the operation of the meet. If any officials are interested in assisting at the meet, please contact the official's coordinator (Jane Gersbach) at (609) 268-9508.

## 8. ADMISSION & PROGRAM:

\$2.00 per person for each session, \$10.00 per program including all sessions.

## 9. SNACK BAR:

There will be a Snack Bar open during the entire meet. Snacks, fruit, beverages, sandwiches, and other items will be available throughout the swim meet. NO GLASS containers allowed on the pool deck or in the building. Coaches/Officials hospitality and refreshments will be provided.

## 10. TIMERS:

Anyone wishing to be a volunteer timer will be given free admission, food and drink. You may call ahead to the meet director or let the admissions people know you wish to time.

## 11. DIRECTIONS:

The G.C.I.T. Pool, (609) 468-1445 x2657, is located on Tanyard Rd. in Sewell, N.J. Please copy the attached map, directions and list of area hotels for your team.

**12. EVENT SPONSORS:** There are 132 events in the New Jersey State Championship swim meet. Event sponsors have up to 35 characters to wish a swimmer well, advertise, ect. Event sponsors will be listed below the event # and event name in every program. Event sponsors are \$2.00 per event and will be filled on a first come, first served basis. All others will be returned. **PAYMENT MUST BE INCLUDED WITH EVENT SPONSORS.**

- a) All event sponsors must be received by Friday, November 24<sup>th</sup>, 2000
- b) Make checks payable to JERSEY STORM SWIMMING
- c) Event sponsorship messages must be 35 characters or less long (including spaces)
- d) Please use the following form for completing event sponsorship:

**EVENT SPONSORSHIP FORM**

EVENT #	EVENT NAME	MESSAGE
<i>Example: 101</i>	<i>Women's 9&amp;10 200 Free</i>	<i>Good Luck Jane Doe!!! - Mom &amp; Dad</i>

**13. ORDER of EVENTS:**

<b>FRIDAY DECEMBER 8, 2000</b>			<b>SATURDAY DECEMBER 9, 2000</b>			<b>SUNDAY DECEMBER 10, 2000</b>		
<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>	<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>	<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
<b><u>SESSION # 1</u></b>			<b><u>SESSION # 2</u></b>			<b><u>SESSION # 4</u></b>		
Warm-up 4:45PM, Meet starts 5:45PM			Warm-up 7:30AM, Meet starts 8:30AM			Warm-up 7:30AM, Meet starts 8:30AM		
<u>Event #</u>	<b><u>SENIOR</u></b>	<u>Event #</u>	<u>Event #</u>	<b><u>13 - 14</u></b>	<u>Event #</u>	<u>Event #</u>	<b><u>13 - 14</u></b>	<u>Event #</u>
1	800 FR REL	2	3	200 MED REL	4	63	200 FR REL	64
123	500 FR	124	9	200 IM	10	69	200 FR	70
125	400 IM	126	15	100 FR	16	75	100 BK	76
			21	200 BK	22	81	100 BR	82
			27	200 BR	28	127	200 FL	128
			33	100 FL	34	89	50 FR	90
			<u>Event #</u>	<b><u>SENIOR</u></b>	<u>Event #</u>	<u>Event #</u>	<b><u>SENIOR</u></b>	<u>Event #</u>
			5	200 MED REL	6	65	200 FR REL	66
			11	200 IM	12	71	200 FR	72
			17	100 FR	18	77	100 BK	78
			23	200 BK	24	83	100 BR	84
			29	200 BR	30	129	200 FL	130
			35	100 FL	36	91	50 FR	92
			<u>Event #</u>	<b><u>8 &amp; Under</u></b>	<u>Event #</u>	<u>Event #</u>	<b><u>8 &amp; Under</u></b>	<u>Event #</u>
			7	100 MED REL	8	67	100 FR REL	68
			13	100 IM	14	73	100 FR	74
			19	50 FR	20	79	50 BK	80
			25	25 BK	26	85	25 BR	86
			31	50 BR	32	87	50 FL	88
			37	25 FL	38	93	25 FR	94
						<b><u>SESSION # 5</u></b>		
						Warm-up 11:30AM, Meet Starts 12:00PM		
						<u>Event #</u>	<b><u>SENIOR</u></b>	<u>Event #</u>
						131	1650 FR	132
			<b><u>SESSION # 3</u></b>			<b><u>SESSION # 6</u></b>		
			Warm-up 1:30PM, Meet Starts 2:30PM			Warm-up 2:00PM, Meet Starts 3:00PM		
			<u>Event #</u>	<b><u>11-12</u></b>	<u>Event #</u>	<u>Event #</u>	<b><u>11-12</u></b>	<u>Event #</u>
			39	200 MED REL	40	95	200 FR REL	96
			43	100 FR	44	99	200 FR	100
			47	50 BK	48	103	100 BK	104
			51	100 BR	52	107	50 BR	108
			55	50 FL	56	111	100 FL	112
			59	200 IM	60	115	50 FR	116
						119	100 IM	120
			<u>Event #</u>	<b><u>9-10</u></b>	<u>Event #</u>	<u>Event #</u>	<b><u>9-10</u></b>	<u>Event #</u>
			41	200 MED REL	42	97	200 FR REL	98
			45	100 FR	46	101	200 FR	102
			49	50 BK	50	105	100 BK	106
			53	100 BR	54	109	50 BR	110
			57	50 FL	58	113	100 FL	114
			61	200 IM	62	117	50 FR	118
						121	100 IM	122

# 2000 NEW JERSEY STATE CHAMPIONSHIP MEET

DECEMBER 8 - 10, 2000  
GCIT, SEWELL, NJ

## CLUB INFORMATION SHEET

\* This form must be mailed in with the entries (*even if entries are sent on disk*).

CLUB NAME: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_ LSC: \_\_\_\_\_

COACH: \_\_\_\_\_ PHONE # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

CLUB ADDRESS: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Results will be sent  
to this address  
Approximately two  
weeks after the meet.

### MEET ENTRY INFORMATION:

# INDIVIDUAL EVENTS \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_

# RELAYS \_\_\_\_\_ x \$6.00 = \$ \_\_\_\_\_

SURCHARGE FEES (# Swimmers \_\_\_\_\_ x \$5.00) = \$ \_\_\_\_\_ (applies to teams with more than 10 swimmers who do not submit their entries on a HY-TEK disk)

TOTAL = \$ \_\_\_\_\_

(Make checks payable to JERSEY STORM SWIMMING)

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assignees, waive and release any and all claims for damages which I/we may have against USA Swimming, Middle Atlantic Swimming, GCIT, Jersey Storm Swimming, their agents or representatives, for any and/or all injuries suffered by myself/us and/or my swimmers in, at, or during travel to/from said meet. I/we are bona-fide amateur athlete(s), USA Swimming registered, and eligible to compete in all of the events I/we have entered.

CLUB REP. NAME/SIGNATURE: \_\_\_\_\_ / \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Entry deadline is 6:00 PM, FRIDAY, NOVEMBER 24, 2000.  
NO LATE ENTRIES WILL BE ACCEPTED.**





















