

JERSEY STORM SWIMMING

Presents the

VALENTINE'S DAY A\BB\C MEET

At the

Fort Dix Indoor Pool
Fort Dix, NJ 08640
(609) 562-2343

SATURDAY & SUNDAY, FEBRUARY 10-11,2001

This meet is held under the Sanction of Middle Atlantic Swimming Inc., **SANCTION # 0159A**

Meet Directors: Maria Caiafa (609) 758-7384
Safety Director: Patti Bennett (609)265-1124
Dan Rosiejka (609)298-0060

PLEASE DIRECT ALL CALLS TO THE MEET DIRECTOR AT HER PHONE NUMBER. THE POOL PHONE NUMBER IS FOR YOUR INFORMATION ONLY. THEY CANNOT ANSWER YOUR MEET QUESTIONS.

1. MEET FORMAT:

- a. **Format:** This A/BB/C Swim Meet will be conducted in accordance with Middle Atlantic Swimming Inc. rules. Each session will be held under the maximum 4 hours limit.
- b. **Entry Seeding:** All events will be pre-seeded with the exception of the 500 Free and 400 Individual Medley, which will be deck seeded with a *positive check-in required 30 minutes before the session start time*. Details will be in the coach's package available at the meet.
- c. **Entry Limitation:** To comply with the Mid-Atlantic 4 hour session rule, entries will be processed in the following way. Entries are considered received when **PAID IN FULL** and are processed **IN THE ORDER RECEIVED**. For entries received on the same day, **HY-TEK DISK ENTRIES WILL BE ACCEPTED FIRST (IN THE ORDER RECEIVED) FOLLOWED BY PAPER (Official Entry Form) ENTRIES. NO ENTRY WILL BE CONSIDERED RECEIVED UNTIL ACCOMPANIED WITH FULL PAYMENT!!** We have included relay's in this years meet, **IF A SESSION REACHES 4 HOURS BEFORE ALL ENTRIANTS ARE ENTERED THE RELAYS WILL BE CUT FROM THE MEET, AFTER THAT, WHEN A SESSION REACHES 4 HOURS, ALL FURTHER ENTRIES FOR THAT SESSION WILL BE RETURNED. Other sessions will remain open until they also reach 4 hours.** Teams and/or individuals that do not make the a particular session or the meet will be notified of their status ASAP. Refunds for returned entries will be available at the meet or mailed after the meet if not picked up. *NO LATE ENTRIES WILL BE ACCEPTED.*
- d. **Events:** All events are timed finals. Current USS rules will govern the meet.

2. ELIGIBILITY:

This meet is open to all swimmers over the age of 9 registered with US Swimming. . The meet will be conducted according to current USS rules. Swimmer's age as of February 10,2001 determines the age group in which they will compete in at the meet. Penalties will be imposed upon a swimmer when any coach, parent, or swimmer enters any time other than the swimmer's best time for any event.

3. FACILITY:

- a. **Competition Pool:** Six-lane, 25 yard competition pool with gutter system, Competitor non-turbulent lane lines, Colorado™ Electronic Timing System and six-lane scoreboard, pace clocks, and Paragon starting platforms (start/dive into 12 feet of water).
- b. **Warm-Up Pool:** Four-lane, 20 yard pool with gutter system, Competitor non-turbulent lane lines, and pace clocks. Pool depth, 3ft - 5ft, NO DIVING in warm-up pool (NOTE: the warm-up pool will be open during the meet. Meet Management reserves the right to close the warm-up pool at *any* time).

- c. **Other:** Ample parking located in front of pool, seating for over 400 swimmers and spectators, full concession stand, rest room and locker room facilities available during meet.

4. SWIMMING RULES:

- a. **Safety:** US Swimming and Middle Atlantic Swimming Inc. safety procedures and policies will be followed and enforced at all times. Failure to obey instructions of safety director, marshals & officials will result in disqualification from meet. All coaches/officials must be registered with US Swimming and must display USS card to be admitted on deck.
- b. **Official Times:** All events are timed finals with places being determined by the Colorado™ Timing System.
- c. **Warm-Up/Warm-Down Guidelines:** Swimmers must be under direct supervision of a currently registered USS coach. All unattached swimmers and swimmers without a coach must report to the meet director prior to warm-up. The first 40 minutes are general warm-up in all lanes. NO DIVING off of blocks or edge of pool during this time. Last 20 min. of warm-up there will be sprint lanes in lanes 1 & 2. Racing starts only, swim 1 length of the pool and get out at opposite end. All starts during warm-up begin at starting block end. The warm-up pool will be open during the meet, absolutely NO DIVING in warm-up pool at ANY time. The meet directors reserve the right to close the warm-up pool at any time. Swimmers violating safety rules will be removed from warm-up for the remainder of the warm-up session. Subsequent violations will cause the swimmer to be disqualified for the remainder of the meet.
- d. **Start Procedure:** This meet will be using the newly adapted Whistle Start and No Recall procedures as outlined by USA Swimming.

5. ENTRY INFORMATION:

- a. **Entry Fees:** \$3.00 per individual event and \$6.00 per relay. In accordance with current Mid-Atlantic policy, any team entering more than 10 swimmers that does not submit entries on a computer disk using the "HY-TEK COMMLINK" program will incur a \$5.00 per swimmer surcharge. This surcharge as well as normal entry fees must be paid in full for the entries to be considered received.
- b. **Events:** Swimmers may enter a maximum of 5 individual events per day.
- c. **Entry Submission:** All teams (disk and non-disk entries) MUST SUBMIT THE TEAM INFORMATION SHEET. All entries must be made on a computer diskette using the "HY-TEK COMMLINK" Program. A printed hard copy, including list of swimmers with USS numbers, of the Team Manager and Commlink entry report must accompany the disk. If this is not possible, the official entry form (enclosed) must be used and the surcharge paid for more than 10 swimmers. Please send ONE check per club, payable to JERSEY STORM SWIMMING (do not send individual checks for each swimmer). Mail checks and entry information to:

MARIA CAIAFA
238 CHESTNUT DR.
WRIGHTSTOWN N.J. 08562

- d. **Entry Deadline:** 6:00 PM, SATURDAY, February 3, 2001. All entries must be received by this date. NO LATE ENTRIES WILL BE ACCEPTED.
- e. **Deck Entries:** Deck entries will not be accepted.
- f. **Results:** All clubs with 6 or more entered swimmers will receive meet results within two weeks of the meet. Clubs sending entries on diskette will also receive meet results on disk.

6. ORDER of EVENTS:

Session start times may be adjusted depending on the number of entries. All coaches and club representatives will be notified a minimum of one week prior to the start of the meet.

**SATURDAY
FEBRUARY 10, 2001**

WOMAN'S EVENT

MEN'S EVENT

SESSION 1

WARM-UP 7:15 AM

MEET STARTS 8:30 AM

	<u>11 & 12</u>	
1	200FREE	2
	RELAY	
5	100BACK	6
9	50BREAST	10
13	100FLY	14
17	50FREE	18
21	200IM	22

	<u>13 & 14</u>	
3	200FREE	4
	RELAY	
7	100BACK	8
11	200 BREAST	12
15	100FLY	16
19	100FREE	20
23	200IM	24

**SUNDAY
FEBRUARY 11, 2001**

WOMAN'S EVENT

MEN'S EVENT

SESSION 3

WARM-UP 7:15 AM

MEET STARTS 8:30 AM

	<u>11 & 12</u>	
51	200MED	52
	RELAY	
55	100IM	56
59	100FREE	60
63	50BACK	64
67	100BREAST	68
71	50FLY	72
75	200FREE	76

	<u>13 & 14</u>	
53	200MED	54
	RELAY	
57	50FREE	58
61	200BACK	62
65	100BREAST	66
69	200FLY	70
73	200FREE	74

SESSION 2

WARM-UP 1:00 PM

MEET STARTS 2:15 PM

	<u>SENIOR</u>	
25	500 FREE	26
	<u>9 & 10</u>	
27	200FREE	28
	RELAY	
31	50FREE	32
35	100BACK	36
39	50BREAST	40
43	100FLY	44
47	200IM	48

	<u>SENIOR</u>	
29	200FREE	30
	RELAY	
33	50FREE	34
37	100BACK	38
41	200BREAST	42
45	100FLY	46
49	200IM	50

SESSION 4

WARM-UP 1:00 PM

MEET STARTS 2:15 PM

	<u>SENIOR</u>	
77	400 IM	78
	<u>9 & 10</u>	
79	200MED	80
	RELAY	
83	100IM	84
87	100FREE	88
91	50BACK	92
95	100BREAST	96
99	50FLY	100
103	200FREE	104

	<u>SENIOR</u>	
81	200MED	82
	RELAY	
85	100FREE	86
89	200BACK	90
93	100BREAST	94
97	200FLY	98
101	200FREE	102

7. AWARDS:

Individual Events - "A" entries: Medals 1st through 3rd place, ribbons 4th through 6th place; "B" entries: Rosettes 1st through 3rd place, ribbons 4th through 6th place; "C" entries: Ribbons 1st through 6th place.

Relay Events - Medal for 1st place , Rosettes for 2nd and 3rd place.

8. OFFICIALS: All USS certified officials and trainees are invited to assist in the operation of the meet.

IF ANY OFFICIALS ARE INTERESTED IN ASSISTING AT THE MEET, PLEASE CONTACT THE OFFICIALS COORDINATOR (JANE GERSBACH) AT (609) 268-9508

9. ADMISSION & PROGRAM: \$3.00 per person for each session

10. SNACK BAR: There will be a Snack Bar open during the entire meet. Snacks, fruit, beverages, sandwiches, and other items will be available throughout the swim meet. NO GLASS containers allowed on the pool deck Or in the building. Coaches/Officials hospitality and refreshments will be provided.

11. DIRECTIONS: The Fort Dix Indoor Pool, (609) 562-2343, is located on Doughboy Loop, next to the Bowling Alley and the Doughboy Field Parade Grounds, Fort Dix, NJ 08640.

PLEASE COPY THE ATTACHED MAP FOR YOUR TEAM

12. ACCOMMODATIONS:

MCGUIRE DIX INN - Wrightstown
Wrightstown - Cookstown Road
Wrightstown, NJ
(609) 723-6900
(< 5 miles from pool)

DAYS INN - Cookstown
Wrightstown - Cookstown Road
Cookstown, NJ
(609) 723-6500
(< 5 miles from pool)

DAYS INN - Bordentown
1073 Rt 206 North
Bordentown, NJ
(609) 298-6100
(< 10 miles from pool)

VALENTINE'S DAY A\BB\C MEET

FEBRUARY 10-11, 2001
FT. DIX, NJ

CLUB INFORMATION SHEET

* **This form must be mailed in with the entries** *(even if entries are sent on disk)*.

CLUB NAME: _____ CLUB CODE: _____ LSC: _____

COACH: _____ PHONE # (____)____-_____

CLUB ADDRESS: _____

Results will be sent
to this address
approximately two
weeks after the meet.

EMAIL ADDRESS: _____

MEET ENTRY INFORMATION:

INDIVIDUAL EVENTS _____ x \$3.00 = \$ _____

RELAY'S _____ x \$6.00 = \$ _____

SURCHARGES (applies to teams with more than 10 swimmers who do not
submit entries on a HY-TEK disk)

SWIMMERS _____ x \$5.00 = \$ _____

TOTAL = \$ _____

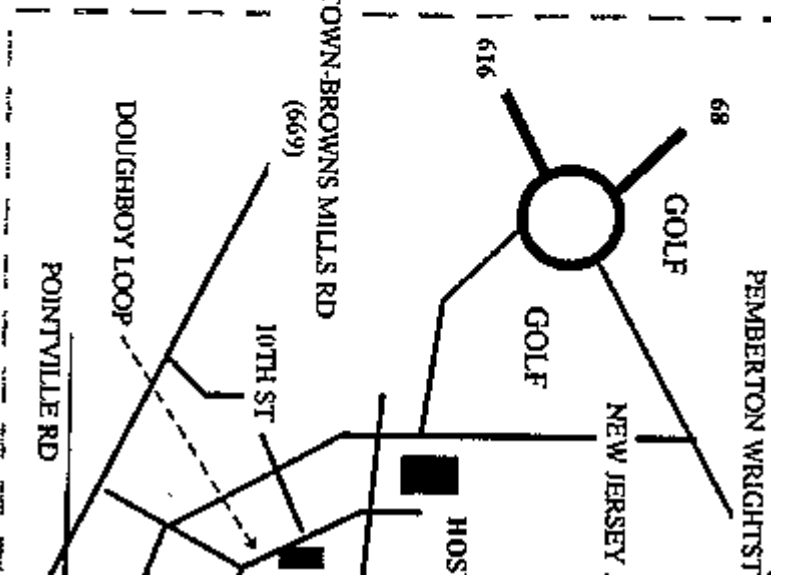
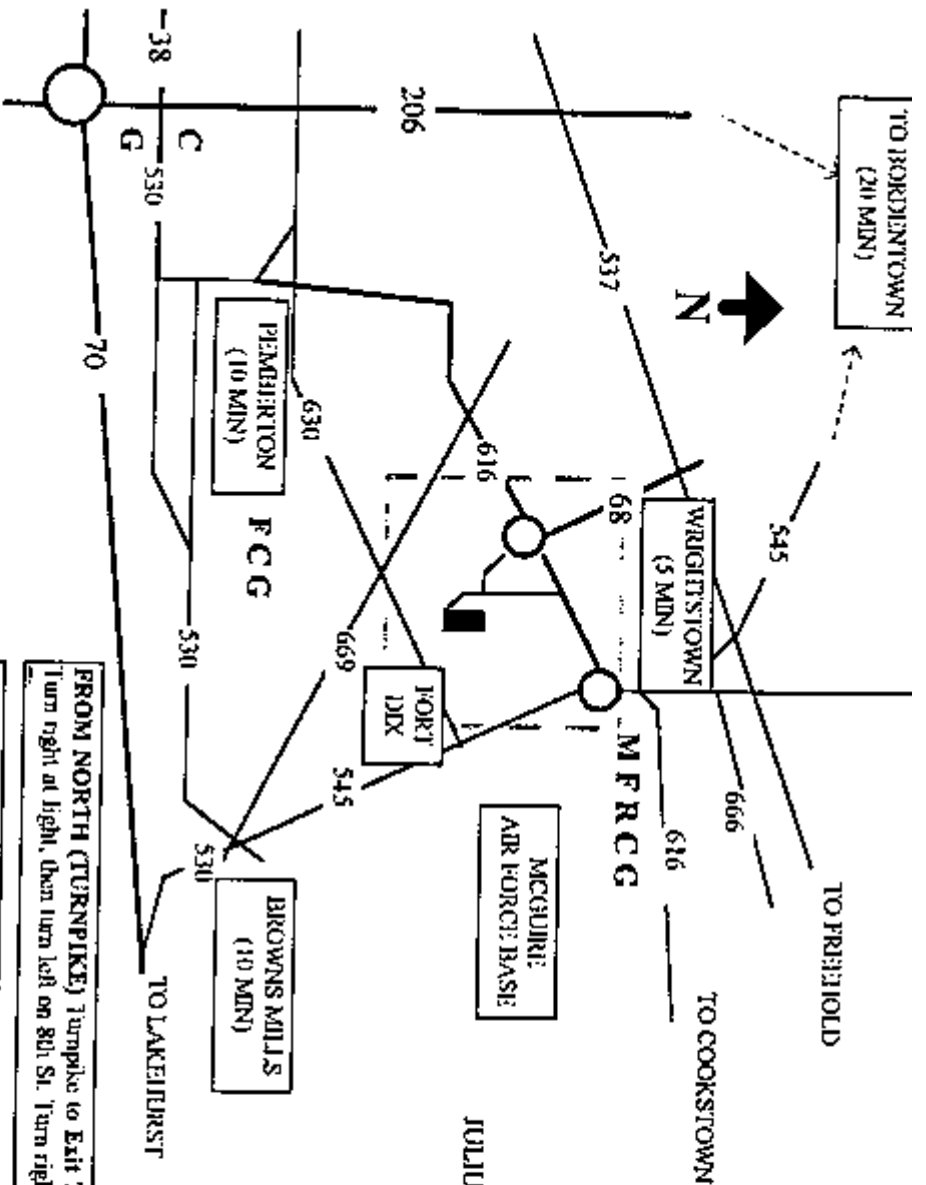
(Make checks payable to JERSEY STORM SWIMMING)

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assignees, waive and release any and all claims for damages which I/we may have against USS, Fort Dix, Jersey Storm Swimming, their agents or representatives, for any and all injuries suffered by myself/us and/or my swimmers in, at, and during travel to/from said meet. I/we are bona-fide amateur athlete(s), USS registered, and eligible to compete in all of the events I/we have entered.

CLUB REP. NAME/SIGNATURE: _____ / _____

PHONE NUMBER: (____)____-_____

Entry deadline is 6:00 PM, SATURDAY FEB. 3 2001 NO LATE ENTRIES WILL BE ACCEPTED.



FROM NORTH (TURNPIKE) Turnpike to Exit 7, follow signs to Rt. Dix on Rt. 68. At circle on Rt. Dix, turn right at light, then turn left on 8th St. Turn right at light, the pool is 500 yds up the road on the left. (20 min)

FROM NORTH (GS PARKWAY) Parkway south to Rt. 70 west (Exit 88). On Rt. 70, bear right onto Rt. 530 Mills. At McDonald's bear right onto Rt. 545. At first light on Rt. Dix turn left on 8th St. At first light on 8th St, Doughboy Loop. Pool is 500 yds ahead on left. (40 min from Exit 88)

FROM SOUTH (GS PARKWAY) Parkway north to Rt. 539 (Exit 58). Take Rt. 539 to Rt. 70 west. Follow direct Parkway North above. (40 min from Exit 58)

FROM SOUTH (295 SOUTH) 295 north to Rt. 38 east. At first light after crossing Rt. 206, turn left onto Wrightstown Rd. Go through Pemberton, following signs for Rt. Dix. At circle on Rt. Dix, take the first right. Turn left onto 8th St. Turn right at light. Pool is 500 yds on left. (25 min from 295 Exit)

THE FORT DIX INDOOR POOL HOME OF JERSEY STORM SWIMM

|

|



100

100