

EASTERN ZONE CHAMPIONSHIPS SHORT COURSE RECORDS as of April 2006

Girls 10 & Under

Event	Name	LSC	Year	Time
50 yard free	Grace Cornelius	MA	1983	25.47
100 yard free	T. Blackwell	VA	1994	56.03
200 yard free	Kristen Frost	CT	1998	2:01.84
500 yard free	Elizabeth Beisel	NE	2003	5:26.22
50 yard back	Beth Botsford	MD	1992	28.93
100 yard back	Beth Botsford	MD	1992	1:01.71
50 yard breast	Ashley Evans	NJ	1999	32.72
100 yard breast	Annie Zhu	MR	2005	1:09.98
50 yard fly	Beth Botsford	MD	1992	28.22
100 yard fly	Emily Caras	ME	1998	1:02.73
100 yard Ind. Med.	Katie Riefenstahl	MA	2001	1:03.63
200 yard Ind. Med.	Elizabeth Beisel	NE	2003	2:16.74

Boys 10 & Under

Event	Name	LSC	Year	Time
50 yard free	Ryan Bradley	VA	1985	25.93
100 yard free	Ryan Bradley	VA	1985	56.53
200 yard free	Rory Connell	MA	1996	2:00.75
500 yard free	LE Thien	MA	2006	5:32.39
50 yard back	John Kegelman	VA	1998	29.34
100 yard back	Michael Phelps	MD	1996	1:02.21
50 yard breast	Mike Gentilucci	MA	1992	32.39
100 yard breast	Corey Swanson	NE	1999	1:11.45
50 yard fly	Michael Phelps	MD	1996	27.19
100 yard fly	Michael Phelps	MD	1996	1:00.06
100 yard Ind. Med.	Daniel Simco	MR	2000	1:04.46
200 yard Ind. Med.	Michael Phelps	MD	1996	2:15.38

Girls 11 – 12

Event	Name	LSC	Year	Time
50 yard free	Grace Cornelius	MA	1984	24.11
100 yard free	Ashley Evans	NJ	2001	52.79
200 yard free	Ashley Evans	NJ	2001	1:53.43
500 yard free	Cassie Connell	MA	1996	5:02.81
50 yard back	Beth Botsford	MD	1993	26.62
100 yard back	Tricia Weaner	MA	2002	57.62
200 yard back	Elizabeth Pelton	CT	2005	2:07.35
50 yard breast	Ashley Evans	NJ	2001	30.38
100 yard breast	Ashley Evans	NJ	2001	1:05.54
200 yard breast	Rebecca Rainer	VA	2006	2:21.49
50 yard fly	Michelle Griglione	PV	1982	26.01
50 yard fly	Grace Cornelius	MA	1984	26.01
100 yard fly	Margo Diamond	MR	1991	57.87
200 yard fly	Hayley Edwards	MA	2004	2:12.18
100 yard Ind. Med.	Katie Riefenstahl	MA	2002	58.92
200 yard Ind. Med.	Katie Hoff	VA	2002	2:07.12

Short course records cont'd

EASTERN ZONE CHAMPIONSHIPS SHORT COURSE RECORDS as of April 2006

Boys 11 - 12

<u>Event</u>	<u>Name</u>	<u>LSC</u>	<u>Year</u>	<u>Time</u>
50 yard free	Daryl Northrup	NJ	1996	22.89
100 yard free	Tanner Kurz	MA	2006	49.98
200 yard free	Scott Atkinson	NJ	1996	1:49.84
500 yard free	Fran Crippen	MA	1997	4:53.62
50 yard back	David Wren	VA	2002	26.05
100 yard back	Scott Champagne	MA	1999	55.51
200 yard back	Tom Sheranek	VA	2003	1:59.43
50 yard breast	Chris Miller	MR	1994	28.24
100 yard breast	Tanner Kurz	MA	2006	1:00.94
200 yard breast	Tanner Kurz	MA	2006	2:13.52
50 yard fly	Doug Carroll	NJ	1991	25.31
100 yard fly	Tanner Kurz	MA	2006	54.95
200 yard fly	Doug Dietrich	AM	2003	2:03.07
100 yard Ind. Med.	Tanner Kurz	MA	2006	55.56
200 yard Ind. Med.	Tanner Kurz	MA	2006	2:00.19

13-14 Girls

<u>Event</u>	<u>Name</u>	<u>LSC</u>	<u>Year</u>	<u>Time</u>
50 yard free	Richelle Depold	AD	1989	23.37
100 yard free	Richelle Depold	AD	1989	50.98
200 yard free	Leslie Swinley	PV	2001	1:52.34
500 yard free	Casey Wagner	AM	2000	4:58.39
1000 yard free	Leslie Swinley	PV	2001	10:13.68
1650 yard free	Leslie Swinley	PV	2001	17:10.37
100 yard back	Karly Brooks	AD	2002	57.50
200 yard back	Karly Brooks	AD	2001	2:02.85
100 yard breast	Ashley Evans	NJ	2002	1:04.43
200 yard breast	Jamie Marks	MA	2002	2:20.01
100 yard fly	Nina Rossi	NJ	2003	56.90
200 yard fly	Danielle LeClair	VA	2002	2:04.46
200 yard Ind. Med.	Karly Brooks	AD	2002	2:04.54
400 yard Ind. Med.	Karly Brooks	AD	2002	4:25.12

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13-14 Boys

Event	Name	LSC	Year	Time
50 yard free	Jon Lowell	PV	1994	21.78
100 yard free	Duane Couture	AD	1994	47.34
200 yard free	Brett Cline	VA	1994	1:42.55
500 yard free	Brett Cline	VA	1994	4:37.51
1000 yard free	Joe Curreri	MD	1994	9:38.40
1650 yard free	Matt Maurer	AM	1992	16:06.05
100 yard back	Tristan Hastings	MR	2004	52.82
200 yard back	Nathaniel Moore	MR	2001	1:53.64
100 yard breast	Shaun Armstrong	MR	2001	58.64
200 yard breast	P. J. Koppel	MA	2004	2:06.15
100 yard fly	Daniel Madwed	CT	2003	51.06
200 yard fly	Daniel Madwed	CT	2003	1:51.96
200 yard Ind. Med.	Jon Roberts	NI	2002	1:55.44
400 yard Ind. Med.	Fran Crippen	MA	1998	4:09.80

15-18 Girls

Event	Name	LSC	Year	Time
50 yard free	Mason Walsh	PV	2003	23.97
100 yard free	Georgia Healey	MR	2001	52.40
200 yard free	Kiersten Koronowicz	MR	2001	1:52.96
500 yard free	Cristina Hession	NJ	2001	4:58.75
1000 yard free	Patty Murphy	MA	2002	10:17.99
1650 yard free	Amanda Gannon	AM	2002	17:04.15
100 yard back	Megan Knepper	PV	2001	57.60
200 yard back	Moira McCloskey	MA	2001	2:01.70
100 yard breast	Lauren Brick	VA	2002	1:04.24
200 yard breast	Nina Rossi	NJ	2004	2:20.34
100 yard fly	Lauren Ullrich	PV	2001	55.16
200 yard fly	Emily Kelly	PV	2004	2:05.08
200 yard Ind. Med.	Nina Rossi	NJ	2004	2:06.79
400 yard Ind. Med.	Holly Williams	NI	2001	4:27.64

EASTERN ZONE CHAMPIONSHIPS SHORT COURSE RECORDS as of April 2006

15-18 Boys

Event	Name	LSC	Year	Time
50 yard free	J. Pohl	VA	1981	20.67
100 yard free	Michael Anstrom	PV	2001	46.49
200 yard free	Andrew Patrizzi	MA	2001	1:42.09
500 yard free	Bobby Brown	AD	2004	4:36.47
1000 yard free	Steuart Martens	PV	2001	9:23.14
1650 yard free	George Salayka	MR	2002	15:47.57
100 yard back	Chris Brandenberger	MR	2001	51.78
200 yard back	Michael Galindo	PV	2001	1:49.67
100 yard breast	Daniel Velez	PV	2001	57.00
200 yard breast	Daniel Velez	PV	2001	2:02.76
100 yard fly	Christopher Brady	MA	2004	50.21
200 yard fly	Michael Galindo	PV	2001	1:53.55
200 yard Ind. Med.	Chris Dufek	PV	2002	1:53.65
400 yard Ind. Med.	Michael Smit	MR	2003	4:03.89

RELAYS

10 & Under Girls

Event	LSC		Year	Time
200 yard free relay	Middle Atlantic	MA	1992	1:49.37*
400 yard free relay	Middle Atlantic	MA	1998	3:59.24*
200 yard Med. relay	Middle Atlantic	MA	1991	2:02.24*

10 & Under Boys

Event	LSC		Year	Time
200 yard free relay	Middle Atlantic	MA	2000	1:47.44*
400 yard free relay	Virginia	VA	1994	3:57.22*
200 yard med. relay	Middle Atlantic	MA	2000	1:58.84*

11-12 Girls

Event	LSC		Year	Time
200 yard free relay	Metropolitan Neal, Simonetti, Scilufu, Zhu	MR	2006	1:39.85*
400 yard free relay	Potomac Valley	PV	2001	3:37.56*
200 yard med. relay	Middle Atlantic Guro, Oxley, Nolan, Masciantonio	MA	2004	1:49.62*

EASTERN ZONE CHAMPIONSHIPS SHORT COURSE RECORDS as of April 2006

11-12 Boys

Event	LSC		Year	Time
200 yard free relay	Middle Atlantic	MA	1993	1:35.37*
400 yard free relay	New Jersey	NJ	1996	3:30.53*
200 yard med. relay	Middle Atlantic	MA	2000	1:46.37*

13-14 Girls

Event	LSC		Year	Time
200 yard free relay	Middle Atlantic	MA	1995	1:37.81*
400 yard free relay	Virginia	VA	2001	3:32.79*
400 yard med. relay	Potomac Valley O'Malley, Danner, Chuang, Waters	PV	2004	3:56.88

13-14 Boys

Event	LSC		Year	Time
200 yard free relay	Middle Atlantic	MA	2003	1:27.95*
400 yard free relay	Middle Atlantic	MA	2003	3:13.15*
400 yard med. relay	Metropolitan	MR	2001	3:35.29*

Relays cont'd

15-18 Girls

Event	LSC		Year	Time
200 yard free relay	Middle Atlantic	MA	1995	1:37.98
400 yard free relay	Potomac Valley	PV	2001	3:33.16
400 yard Med. Relay	Metropolitan	MR	2001	3:55.52

15-18 Boys

Event	LSC		Year	Time
200 yard free relay	Metropolitan	MR	2001	1:25.67
400 yard free relay	Potomac Valley	PV	2001	3:08.89
400 yard Med. Relay	Potomac Valley	PV	2001	3:26.19

*National All-Star Relay Record as well as Eastern Zone Record

EASTERN ZONE CHAMPIONSHIPS SHORT COURSE RECORDS as of April 2006

Short Course Zone Champions

Year	Location	Overall Winner	Male	Female
1980	Pittsburgh	Middle Atlantic		
1981	Philadelphia	Middle Atlantic		
1982	Brown-Providence	Metropolitan		
1983	Syracuse	No Score Included		
1984	Richmond	Virginia		
1985	Philadelphia	No Score Included		
1986	Pittsburgh	Virginia		
1987	Buffalo	Virginia	Metro	Virginia
1988	Buffalo	Middle Atlantic	Mid-Atl	Mid-Atl
1989	Yale-New Haven	Middle Atlantic	Mid-Atl	Mid-Atl
1990	Maine-Orono	Metropolitan	Mid-Atl	Maryland
1991	Buffalo	Middle Atlantic	New Jersey	Mid-Atl.
1992	Princeton, N.J.	Middle Atlantic	Mid-Atl.	Mid-Atl.
1993	Buffalo	Middle Atlantic	Mid-Atl	Mid-Atl.
1994	Princeton, N.J.	Middle Atlantic	Mid-Atl.	Mid-Atl.
1995	Princeton, N.J.	Middle Atlantic	Mid-Atl.	Mid-Atl.
1996	Princeton, N.J.	Middle Atlantic	Mid-Atl.	Mid-Atl.
1997	Buffalo, N.Y.	Middle Atlantic	Mid-Atl.	Mid-Atl
1998	Sewell, N.J.	Virginia	Virginia.	Mid-Atl.
1999	Sewell, N.J.	Middle Atlantic	Mid-Atl.	Mid-Atl.
2000	Landover, MD.	Middle Atlantic	Metro	Maryland
2001	Landover, MD.	Potomac Valley	Potomac Valley	Pot. Valley
2002	Sewell, N.J.	Middle Atlantic	Mid. Atl.	Mid.Atl.
2003	Sewell, N.J.	Middle Atlantic	Mid. Atl.	Mid.Atl
2004	Manassas, VA	Middle Atlantic	Mid. Atl.	Mid. Atl
2005	Sewell, N.J.	Metropolitan	Virginia`	Mid. Atl.
2006	Long Island, N.Y.	Middle Atlantic	Mid. Atl.	Mid. Atl.